



## Alzheimer's Association Clinical Studies Matching Service

### What is Alzheimer's Association TrialMatch?

Alzheimer's Association TrialMatch<sup>®</sup> is a free, easy-to-use clinical studies matching service that connects individuals living with Alzheimer's disease, caregivers and healthy volunteers with current research studies. Our continuously updated database of Alzheimer's and dementia clinical studies includes hundreds of pharmacological (drug) and non-pharmacological (non-drug) studies being conducted at sites across the country.

### What types of studies are included in Alzheimer's Association TrialMatch?

TrialMatch contains institutional review board (IRB)-approved Alzheimer's, mild cognitive impairment (MCI) and other dementia studies currently taking place throughout the United States and across the world. The types of studies include treatment trials, prevention trials, diagnostic studies, quality of life studies and online studies. While some studies involve drugs and physical tests, others involve observation and questionnaires.

### Where does Alzheimer's Association TrialMatch get its listings? How is it kept up to date?

Listings come from publicly available sources, such as [clinicaltrials.gov](https://clinicaltrials.gov). Study contacts are confirmed regularly to ensure that TrialMatch has the most recent site contact information and accurately reflects each study's recruiting status. Researchers whose studies are not listed on clinicaltrials.gov can submit a request to TrialMatch by following the steps listed on the TrialMatch website: [alz.org/research/for\\_researchers/how\\_to\\_include\\_a\\_clinical\\_trial](https://alz.org/research/for_researchers/how_to_include_a_clinical_trial).

In order to be included in TrialMatch, study teams must submit proof of their study's approval by an IRB. This is an ethics committee that approves, monitors and reviews research involving humans to protect the rights and welfare of research participants. Then the studies go through additional vetting by the Alzheimer's Association prior to being added to TrialMatch.

### Who can use Alzheimer's Association TrialMatch?

Any adult 18 years of age or older can use TrialMatch. This includes people living with Alzheimer's or other dementia, their caregivers and healthy volunteers without dementia. Clinical studies are recommended based on a person's specific criteria, which ensures a good fit. Researchers also use TrialMatch to ensure that potential study participants can find and learn about their studies.

### Why is it important to use Alzheimer's Association TrialMatch and participate in clinical studies?

Recruiting and retaining participants for clinical studies is one of the greatest obstacles to developing the next generation of Alzheimer's treatments. Alzheimer's and other dementia are a global crisis and there are inadequate levels of volunteers for clinical studies. This is significantly impeding critical research and the development of new treatments. TrialMatch is the vehicle for people with dementia, caregivers and healthy volunteers to quickly and easily take part in research studies.



### What has Alzheimer's Association TrialMatch accomplished so far?

Since the clinical study matching service launched in July 2010, more than 370,000 individuals have used TrialMatch, gaining easy access to hundreds of clinical research studies, and providing dementia researchers much needed volunteers to investigate potential treatments, disease progression and methods of prevention.

### What are other benefits of using Alzheimer's Association TrialMatch and participating in clinical studies?

For people living with dementia, and those personally affected by it, participating in research is one way to take action and make a difference. Clinical study participants often receive regular monitoring by medical professionals, and can test new treatments that may be beneficial before they are widely available to the public. However, it is important to note that all research studies involve some risk. You should fully discuss the risks and benefits of any study with the study staff before deciding to participate.

### How is Alzheimer's Association TrialMatch different from ClinicalTrials.gov?

- Alzheimer's Association TrialMatch contains only Alzheimer's and other dementia study information.
- TrialMatch includes only open and actively recruiting study and site locations in the matches presented to users.
- Individuals will receive matches to studies based upon their personal background, diagnosis, and treatment history.
- TrialMatch users can directly contact researchers through the service to receive more information about studies and volunteer to participate.
- TrialMatch was designed for use by people living with Alzheimer's and other dementia. This includes access to live, specially trained staff to help users navigate the database and web-based tools.
- Individuals can access the Alzheimer's Association 24 hours a day at 800.272.3900 to ask any questions they may have about clinical studies and their matches.

### How do I use Alzheimer's Association TrialMatch?

1. **Visit [alz.org/trialmatch](https://alz.org/trialmatch).** You can also call 800.272.3900 or email [TrialMatch@alz.org](mailto:TrialMatch@alz.org) to get started.\*
2. **Answer a few simple questions.** This information will refine the list of recommended studies to those that best apply to you or the person you are helping sign up. All information is kept confidential unless you choose to share it with a study team.
3. **Review your study matches.** You're under no obligation to participate. Using TrialMatch, you can reach out to researchers directly for more information, or let researchers know that you are open to being contacted with more information about their study. You can also browse available clinical studies by location and type, or sign up to be notified when new studies are posted that are relevant to you.

\***Note:** Alzheimer's Association TrialMatch specialists are available from 8 a.m. to 8 p.m. CT, Monday to Friday.

**For more information, contact:** Stephen Hall, Alzheimer's Association, 872.249.0282 or [sehall@alz.org](mailto:sehall@alz.org).