Clinic-Collected-Required Measures:

Time to Services (I-SERV)

Social Drivers of Health (SDOH)

Unhealthy Alcohol Use: Screening and Brief Counseling (ASC)

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October 27, 2023 2:30-4:00 PM ET



Logistics

- This webinar is being recorded and closed captioning is provided. The recording will be available about a week after the presentation and will be posted on the SAMHSA CCBHC website for later reference.
- ◆ Please mute your lines (Thank you!).
- We will have time for discussion and questions at the end. In the meantime, please feel free to put questions in the chat. We will address them at the end as well.



Intended audience for this webinar

- 1. Prospective and existing CCBHC Section 223
 Demonstration state staff and CCBHCs
- 2. Independent state CCBHC initiative personnel
- 3. CCBHC-Expansion (CCBHC-PDI and -IA) grant clinics and SAMHSA GPOs



Overview of Today's Clinic-Collected Required Measures

I-SERV

Time to Services

Access



SDOH

Screening for Social Drivers of Health

Need



ASC

Unhealthy Alcohol
Use: Screening and
Brief Counseling

Need & Response





Time to Services (I-SERV)





Poll #1

- 1. Our clinic is prepared to <u>track requests</u> for service and actual <u>time to delivery</u> [please select one response]
 - a) Yes
 - b) No
 - c) Partly
 - d) I do not know



I-SERV Measure: Description and Source

The I-SERV measure calculates the average time for clients to access three different types of services at Behavioral Health Clinics (BHCs) reporting the measure.

- ➤ Time until provision of: (1) initial evaluation, (2) initial clinical services, and (3) crisis services
- ➤ Source: SAMHSA-developed metric



I-SERV Measure: Importance and Uses

- ➤ Importance: In 2021, only approximately 1/2 of adults with AMI and 2/3 with SMI received mental health treatment, and, of those with SMI and a co-occurring SUD, 81% received only mental health services (SAMHSA, 2022a).
- Use for Quality Improvement:
 - ✓ Implement systematic tracking of requests for and receipt of CCBHC services
 - ✓ Determine access needs based on requests and ability to deliver timely services
 - ✓ Alter practices as needed to expedite services
- Use for evaluation of the CCBHC model
- Potential use for PPS



I-SERV Measure: Data Source and Measurement Period

- Medical records (example: electronic scheduling system)
- Measurement Period (aka, the time period that data must cover):
 - ✓ Denominator (submeasures 1&2): the first 11 months of the Measurement Year and six months prior (*example*: July 1, 2024-Nov. 30, 2025); (submeasure 3: Measurement Year (minus last day, plus one day before) (*example*: December 31, 2024-December 30, 2025)
 - ✓ Numerator (all submeasures): the Measurement Year (*example:* Jan. 1, 2025-Dec. 31, 2025)



I-SERV Submeasure #1 – Time to Initial Evaluation



I-SERV Measure: Calculation of Denominator #1

Reminder: MP
uses data from
the first 11
months of the
MY and 6
months prior

- > Denominator is the number of all clients in the Eligible Population:
 - ✓ All New Clients who contacted the CCBHC seeking CCBHC services during the first 11 months of the Measurement Year
 - ✓ Age 12 years or older at the end of the Measurement Year
 - ✓ Excluding: New Clients who never received an Initial Evaluation
- > Stratification: age, payer, race, ethnicity

Bold indicates data need.

New Clients: Those seeking services who were not served by the CCBHC in the past six months.



I-SERV Measure: Calculation of Numerator #1

Reminder: MP uses data from the entire MY

➤ Numerator is:

✓ Total number of days from First Contact to Initial Evaluation for all members of the Denominator

Bold indicates data need.

Any who receive an Initial Evaluation after the last day of the MY are treated as having been evaluated 31 days after First Contact.



I-SERV Submeasure #1: Practice Example

Denominator

Number of New Clients requesting CCBHC services during MY	2,000
Of those, requested service during last month of MY	-500
Of those, 11 years or younger on last day of MY	-150
Of those, never received Initial Evaluation	-125
Denominator	1,225

Numerator

Total number of days between request for services and Initial Evaluation for all clients in	9,889
Denominator Numerator	9.889
Hamerator	3,003

I-SERV submeasure #1 = 9,889/1,225 = 8
This means it was an average of 8 days
until Initial Evaluation at this CCBHC during
this MY.



I-SERV Submeasure #2 – Time to Initial Clinical Services



I-SERV Measure: Calculation of Denominator #2

Reminder: MP
uses data from
the first 11
months of the
MY and 6
months prior

- ➤ Denominator is the number of all clients in the Eligible Population:
 - ✓ All **New Clients** who contacted the CCBHC seeking CCBHC services during the first 11 months of the Measurement Year
 - ✓ Age 12 years or older at the end of the Measurement Year
 - ✓ Excluding: New Clients who never received a Clinical Service
- > Stratification: age, payer, race, ethnicity

Bold indicates data need.

New Clients: Those not served by the CCBHC in the past six months.



I-SERV Measure: Calculation of Numerator #2

Reminder: MP uses data from the entire MY

➤ Numerator is:

✓ Total number of days from First Contact to Initial Clinical Service for all members of the Denominator

Bold indicates data need.

Any who receive an Initial Clinical Service after the last day of the MY are treated as having received services 31 days after First Contact.



I-SERV Submeasure #2: Practice Example

Denominator

Of those, never received Initial Clinical Services Denominator	1 250
Of those, 11 years or younger on last day of MY	-150 -100
Of those, requested service during last month of MY	-500
Number of New Clients requesting CCBHC services	2,000

Numerator

Total number of days between	7,789
request for services and Initial	
Clinical Services for all clients in	
Denominator	
Numerator	7,789

I-SERV submeasure #2 = 7,789 /1,250 = 6.23 This means it was an average of 6 days until Initial Clinical Services at this CCBHC during this MY.



I-SERV Submeasure #3 — Time to Crisis Services



I-SERV Measure: Calculation of Denominator #3

➤ Denominator is the number of all clients In the Eligible Population: Reminder: MP uses
data from MY
excluding last day
and including one
day immediately
preceding the MY

- ✓ All Clients who contacted the CCBHC or its crisis DCO seeking CCBHC Crisis Services for a New Crisis Episode during the Measurement Year
- ✓ Age 12 years or older at the end of the Measurement Year
- > Stratification: age, payer, race, ethnicity

Bold indicates data need.

A New Crisis Episode begins when an individual or someone acting on their behalf contacts the Crisis Service provider (whether a CCBHC or its crisis DCO) requesting Crisis Services for the first time in a 24-hour period.



I-SERV Measure: Calculation of Numerator #3

Reminder:
MP uses data
from the
entire MY

- ➤ Numerator is:
 - ✓ Total number of hours from Crisis Episode contact to related provision of a Crisis Service for all members of the Denominator

Bold indicates data need.



I-SERV Submeasure #3: Practice Example

Denominator

Number of Clients seeking Crisis Services from CCBHC or crisis DCO	600
Of those, also had requested crisis service during the prior 24 hours	-100
Of those, 11 years or younger on last day of MY	-120
Of those, never received a Crisis Service	-8
Denominator	372

Numerator

Total number of hours between	1,296
Crisis Episode contact and related provision of Crisis	
Service for all clients in	
Denominator	
Numerator	1,296

I-SERV submeasure #3 = 1,296 /372 = 3.48
This means it was an average of 3 hours until
Receipt of Crisis Services at this CCBHC during
this MY.



I-SERV Measure: To Do in 2024

Needed for the I-SERV Measure:

- 1. Prepare to and <u>begin using</u> a way to identify clients served, no later than July 1, 2024.
- 2. Begin preparation for being able to track the date services are requested (date and time, if crisis services), and the date initial evaluation and initial clinical services are provided (date and time, if crisis services). Implement NLT December 15, 2024.
- 3. Train staff regarding documentation needed to record date and time of receipt of request and provision of services.



Screening for Social Drivers of Health (SDOH)





Poll #2

- Our clinic is prepared to <u>screen</u> for social determinants/drivers of health (SDOH) [please select one response]
 - a) Yes
 - b) Yes AND refer to services
 - c) No
 - d) Partly
 - e) I do not know



SDOH Measure: Description and Source

The SDOH measure calculates the percentage of clients 18 years and older screened for food insecurity, housing instability, transportation needs, utility difficulties, and interpersonal safety.

> Source: Based on MIPS CQMs #487 (2023), stewarded by CMS



SDOH Measure: Importance and Uses

- Importance: It is estimated that about 80% of health care outcomes stem from socioeconomic, environmental and behavioral factors (drivers of health) and that the rest are attributable to actual health care (Magnan, 2017).
- Use for Quality Improvement:
 - ✓ Implement basic SDOH screening into services
 - ✓ Determine client needs
 - ✓ Basis for referral and case management supports
- Use for evaluation of the CCBHC model
- Potential use for PPS



SDOH Measure: Data Source and Measurement Period

- ➤ Medical records (*example*: electronic health records)
- ➤ Measurement Period (aka, the time period that data must cover): The entire Measurement Year (*example:* Jan. 1, 2025-Dec. 31, 2025)

SAMHSA Substance Abuse and Mental Health

SDOH Measure: Calculation of Denominator

- ➤ Denominator is all clients in the Eligible Population:
 - ✓ All **clients** receiving at least one CCBHC service (identified by one of the Current Procedural Terminology [CPT®] **encounter codes** in the specification) during the Measurement Year
 - ✓ Age 18 years or older on date of that service
- > Stratification: payer, race, ethnicity



SDOH Measure: Calculation of Numerator

- ➤ Numerator is:
 - ✓ All clients in the Denominator
 - ✓ Screened:
 - ✓ for food insecurity, housing instability, transportation needs, utility difficulties, and interpersonal safety,
 - ✓ using a standardized screening instrument
 - ✓ at least once per Measurement Year
 - Documentation that screening happened or did not happen: identified with code in specification or equivalent information source



SDOH Measure: Practice Example

Denominator

Number of people receiving CCBHC service in Measurement Year (MY)	2,500
Of those, service was one of the appropriate encounter codes	2,000
Of those, 18 or older at date of service	1,500
Denominator	1,500

Numerator

Number in Denominator	1,500
Screened for SDOH using standardized screener during MY	1,000
Not screened during MY	500
Numerator	1,000

SDOH rate = 1000/1500 = .67. This means 67% of the eligible population were screened using a standardized screener of SDOH.



SDOH Measure: Standardized Health-Related Social Needs (HRSN) Screening Tools

HRSN is the term used by <u>HHS</u> to refer to an individual's unmet, adverse social conditions that contribute to poor health as a result of the community's underlying SDOH. Examples of standardized HRSN screening tools include but are not limited to:

- Accountable Health Communities Health-Related Social Needs Screening Tool (2017)
- Accountable Health Communities Health-Related Social Needs Screening Tool (2021)
- The Protocol for Responding to and Assessing Patients' Risks and Experiences (PRAPARE) Tool (2016)
- WellRx Questionnaire (<u>2014</u>)
- American Academy of Family Physicians (AAFP) Screening Tool (2018)



SDOH Measure: To Do in 2024

Needed for the SDOH Measure:

- 1. Identify standardized SDOH screening tool you will use
- 2. Determine where, when, and how in the clinic workflow screening will be implemented and documented
- Prepare documentation systems needed to capture whether screening has occurred
- 4. Train staff regarding screening and documentation

Also Important:

 Prepare to provide needed referrals and case management based on findings from screening



Unhealthy Alcohol Use: Screening and Brief Counseling (ASC)



Poll #3

- 1. Our clinic is prepared to <u>systematically screen</u> for problematic alcohol use and <u>provide follow-up services</u> if needed [please select one response]
 - a) Yes
 - b) No
 - c) Partly
 - d) I do not know



ASC Measure: Description and Source

The ASC measure calculates the percentage of clients aged 18 years and older who were screened for unhealthy alcohol use using a Systematic Screening Method at least once within the last 12 months AND who received brief counseling if identified as an unhealthy alcohol user.

- ➤ Three submeasures: (1) screening, (2) brief counseling, (3) screening and brief counseling
- ➤ Source: Based on MIPS CQMs #431 (2023), derived from a measure stewarded by NCQA



ASC Measure: Importance and Uses

- ➤ Importance: Alcohol Use Disorder is the most common SUD in the United States (SAMHSA, 2022b) and commonly cooccurs with other mental health disorders (NIAAA, 2022)
- Use for Quality Improvement:
 - ✓ Implement systematic screening for problematic alcohol use into services
 - ✓ Determine client needs
 - ✓ Provide brief counseling responsive to screening results
- Use for evaluation of the CCBHC model
- Potential use for PPS



ASC Measure: Data Source and Measurement Period

- Medical records (example: electronic health records)
- ➤ Measurement Period (aka, the time period that data must cover):
 - ✓ Denominator: the Measurement Year (*example:* Jan. 1, 2025-Dec. 31, 2025)
 - ✓ Numerator: the Measurement Year and the prior Calendar Year (*example:* Jan. 1, 2024-Dec. 31, 2025)



ASC Submeasure #1 -- Screening



ASC Measure: Calculation of Denominator #1

Reminder: MP uses data from MY only

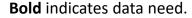
- Denominator is all clients in the Eligible Population:
 - ✓ All clients receiving at least one CCBHC preventive service or two nonpreventive encounters (identified by the listed Current Procedural Terminology [CPT®] encounter codes in the specification) during the Measurement Year
 - ✓ Age 18 years or older on date of service during the Measurement Year
 - ✓ Excluding: specific requirements related to dementia, hospice use, and existing alcohol use disorder diagnosis
- > Stratification: payer, race, ethnicity



ASC Measure: Calculation of Numerator #1

- ➤ Numerator is:
 - ✓ All clients in the Denominator
 - ✓ Who, in the past 12 months:
 - (a) screened positive using systematic screening method OR (b) screened negative using systematic screening method
 - Documentation that screening happened (and the result (+/-))
 or did not happen during the MY or in the 12 months before
 that visit: identified with code in specification or equivalent
 information source

Reminder:
MP uses data
from MY &
prior year





ASC Submeasure #1: Practice Example

ASC rate #1 = 650/1200 = .54

Denominator

Denominator	1,200
Of those, no dementia, hospice use, or existing alcohol use disorder diagnosis	1,200
Of those, 18 or older at date of service	1,500
Of those, service was one of the appropriate encounter codes	2,000
Number of people receiving CCBHC service in Measurement Year (MY)	2,500

Numerator

Number in Denominator	1 200
Number in Denominator	1,200
Screened positive using	250
standardized alcohol screener	
(SAS) at or during 12 mos. before	
denominator visit(s)	
Screened negative using SAS at	400
or during 12 mos. before	
denominator visit(s)	
Not screened at or during 12	550
mos. before denominator visit(s)	
Numerator	650



ASC Submeasure #1: Resources

For purposes of the ASC measure, one of the following systematic methods to assess unhealthy alcohol use must be used. Systematic Screening Methods and thresholds for defining unhealthy alcohol use include:

- ✓ AUDIT Screening Instrument (score ≥ 8), available at WHO
 AUDIT Guidelines
- ✓ AUDIT-C Screening Instrument (score ≥4 for men; score ≥3 for women), available at NIDA CTN Common Data Elements
- ✓ Single Question Screening How many times in the past year have you had 5 (for men) or 4 (for women and all adults older than 65 years) or more drinks in a day? (response ≥1)

ASC Submeasure #2 – Brief Counseling



- Denominator is all clients in the Eligible Population:
 - ✓ All clients receiving at least one CCBHC preventive service or two nonpreventive encounters (identified by the listed Current Procedural Terminology [CPT®] encounter codes in the specification) during the Measurement Year
 - ✓ Age 18 years or older on date of service during the Measurement Year
 - ✓ Excluding: specific requirements related to dementia, hospice use, and existing alcohol use disorder diagnosis
 - ✓ Who were identified as an unhealthy alcohol user when screened for unhealthy alcohol use using a Systematic Screening Method in the numerator of Submeasure 1
- > Stratification: payer, race, ethnicity



ASC Measure: Calculation of Numerator #2

➤ Numerator is:

Reminder:
MP uses data
from MY &
prior year

- **✓** All clients in the Denominator
- ✓ Who, in the past 12 months, received brief counseling
- Documentation that counseling happened or did not happen during the MY or in the 12 months before that visit: identified with code in specification or equivalent information source



ASC Submeasure #2: Practice Example

Denominator

Number receiving CCBHC service in Measurement Year (MY)	2,500
Of those, service was one of the appropriate encounter codes	2,000
Of those, 18 + at date of service	1,500
Of those, no dementia, hospice use, or existing AUD diagnosis	1,200
Of those, screened positive using standardized alcohol screener (SAS) at or during 12 mos. before denominator visit(s)	250
Denominator	250

Numerator

Number in Denominator	250
Received brief counseling	150
Numerator	150

ASC rate #2 = 150/250 = .60



ASC Submeasure #2: Brief Counseling Defined

For purposes of the ASC measure, brief counseling for unhealth alcohol use refers to one or more counseling sessions, a minimum of 5 to 15 minutes, which may include: feedback on alcohol use and harms; identification of high-risk situations for drinking and coping strategies; increased motivation and the development of a personal plan to reduce drinking.



ASC Submeasure #3 – Screening & Brief Counseling

Providers are required to use only submeasures 1 and 2 unless they were reporting this measure as part of MIPS before 2017. Submeasure 3 is optional for others.



- Denominator is all clients in the Eligible Population:
 - ✓ All clients receiving at least one CCBHC preventive service or two nonpreventive encounters (identified by the listed Current Procedural Terminology [CPT®] encounter codes in the specification) during the Measurement Year
 - ✓ Age 18 years or older on date of service during the Measurement Year
 - ✓ Excluding: specific requirements related to dementia, hospice use, and existing alcohol use disorder diagnosis
- > Stratification: payer, race, ethnicity



ASC Measure: Calculation of Numerator #3

Reminder:
MP uses data
from MY &
prior year

- > Numerator is:
 - ✓ All clients in the Denominator
 - ✓ Who, in the past 12 months:
 - (a) screened positive using systematic screening method and received Brief Counseling OR (b) screened negative using systematic screening method
 - Documentation that screening happened (and the result (+/-));
 if positive, that Brief Counseling occurred, or screening and (if
 relevant, Brief Counseling) did not happen during the MY or in
 the 12 months before that visit: identified with code in
 specification or equivalent information source



ASC Submeasure #3: Practice Example

ASC rate #3 = 450/1200 = .38

Denominator

Number of people receiving CCBHC service in Measurement Year (MY)	2,500
Of those, service was one of the appropriate encounter codes	2,000
Of those, 18 or older at date of service	1,500
Of those, no dementia, hospice use, or existing alcohol use disorder diagnosis	1,200
Denominator	1,200

Numerator

l		
	Number in Denominator	1,200
	Screened positive using standardized alcohol screener (SAS) at or during 12 mos. before denominator visit(s)	250
	Screened positive and received Brief Counseling	150
	Screened negative using SAS at or during 12 mos. before denominator visit(s)	300
	Not screened at or during 12 mos. before denominator visit(s)	650
	Numerator	450



Additional Resources on SBIRT for All Three Submeasures

- Resources for Screening, Brief Intervention, and Referral to Treatment (SBIRT) | SAMHSA
- Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide | NIH
- Luong J, Board A, Gosdin L, et al. <u>Alcohol Use, Screening, and Brief Intervention Among Pregnant Persons 24 U.S.</u>

 <u>Jurisdictions, 2017 and 2019</u>. MMWR Morb Mortal Wkly Rep 2023;72:55–62.



ASC Measure: To Do in 2024

Needed for the ASC Measure:

- 1. Begin preparation for <u>and using</u> one of the three identified systematic screening methods and, if needed, brief counseling
- 2. Determine where, when, and how in the clinic workflow screening and, if needed, brief counseling, will be implemented and documented
- 3. Prepare documentation systems needed to capture whether screening and, if needed, brief counseling has occurred
- 4. Train staff regarding screening, brief counseling, and documentation
- 5. Begin collecting data for the numerator in 2024
- Determine if you fall into a category that does not need to report submeasure 3 and, if so, whether you will calculate it anyway

Also Important:

- Prepare to provide further assessment and treatment when problematic alcohol use is revealed by screening and additional services beyond brief counseling are needed.
- 2. Prepare to more appropriately screen special populations, such as youth, pregnant people, or those taking medication where alcohol use is particularly contraindicated.



Stratification Overview



Stratification

Stratification of measures may be by age, payer, race, or ethnicity.

- 1. Age (only I-SERV): 12-17 years, 18 years or older
- Payer: Medicaid only; Other (including those dually eligible for Medicare and Medicaid)
- 3. Race: White or Caucasian, Black or African American, American Indian or Alaska Native, Asian, Native Hawaiian or Pacific Islander, More than one race, or Unknown
- 4. Ethnicity: Not Hispanic or Latino, Hispanic or Latino, or Unknown



Lookback Periods Overview



Lookback Periods

Lookback periods can mean you need data from prior to the Measurement Year (if a Measurement Period calls for earlier data). Examples today:

- I-SERV: Last six months of 2024 to see if an individual is a New Client
- ASC: All of 2024 to see if clients were screened for problematic alcohol use in the 12 months before a visit during 2025



Upcoming Quality Measure Webinars



Upcoming Quality Measure Webinars



Schedule of Clinic-Collected Measure-Specific Webinars

Friday, October 27, 2023 (TODAY)

Clinic-Collected-Required Measures: I-SERV, SDOH, ASC

Wednesday, November 1, 2023

Clinic-Collected-Required Measures: CDF-AD & CH, DEP-REM-6

Thursday, November 9, 2023

Clinic-Collected-Optional Measures: TSC, SRA-A & C, CBP, WCC



Subsequent Technical Assistance

November or December 2023, Office Hours for Clinic-Collected Measures

January 18, 2024, State-Collected-Required Measures Part 1

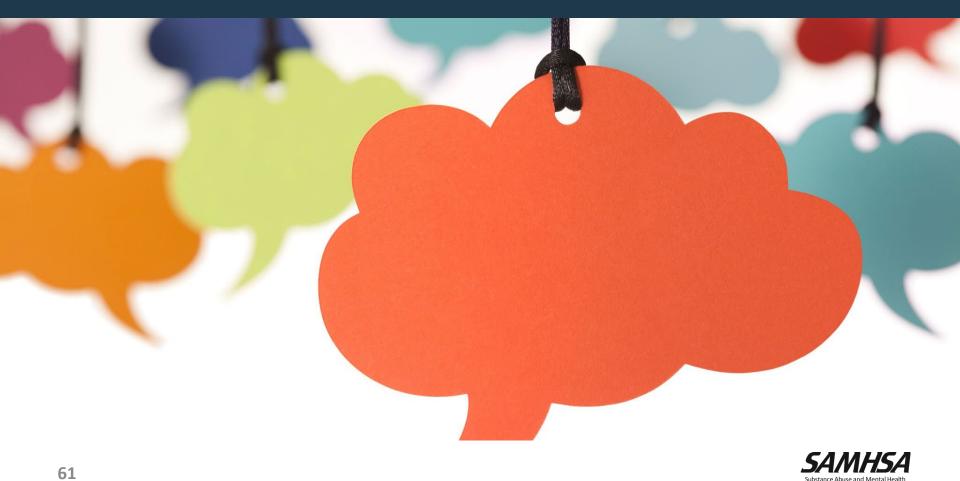
February 15, 2024, State-Collected-Required Part 2 and Optional Measures

Late February or March 2024, Reporting Template and Commonly Asked Quality Measure Questions

March 2024, Office Hours for State-Collected Measures



Questions and Discussion



Substance Abuse and Mental Health Services Administration

Poll #4

In the last 90 minutes, I have learned (please select the best option):

- A. A lot of useful new information
- B. Some useful new information
- C. Very little new information
- D. Not sure
- E. Other (please add comments to the chat box)



References

- Magnan, 2017: Cited in Quality ID #487: <u>Screening for Social Drivers of Health</u>, <u>MIPSCQM</u>
- NIAAA, 2022: National Institute on Alcohol Abuse and Alcoholism. <u>The Healthcare Professional's Core Resource on Alcohol Knowledge. Impacts. Strategies.</u>
- SAMHSA, 2022a: <u>Highlights for the 2021 National Survey on Drug Use and</u> Health.
- SAMHSA, 2022b: Substance Abuse and Mental Health Services Administration.
 (2022). Key substance use and mental health indicators in the United States:
 Results from the 2021 National Survey on Drug Use and Health (HHS
 Publication No. PEP22-07-01-005, NSDUH Series H-57). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.



Thank You

SAMHSA's mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.

Direct Quality Measure Questions to:

CCBHCMeasuresSubmission@samhsa.hhs.gov

www.samhsa.gov

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