



i talk
they hear you®

SET HER UP FOR SUCCESS IN AND OUT OF THE CLASSROOM.

Support your child's overall health and wellness by being informed.

It's important to talk about the risks of underage drinking and substance use from a young age, and continue those conversations as your child gets older and becomes more independent. For tips on how—and when—to begin the conversation, visit

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

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SAMHSA
Substance Abuse and Mental Health
Services Administration