

Fill in the blank within each prevention sentence with an adjective, verb, or noun. Read it back and share on social media to build your *#MyPreventionStory*.

GENERAL

Prevention makes me feel _____.
(adjective)

I am able to _____ because of prevention.
(verb)

My life is _____ because of prevention.
(adjective)

I _____ to take care of my mental health.
(verb)

I _____ to prevent substance use.
(verb)

I feel safe and healthy because I _____.
(verb)

PERSONAL STORY

I use _____ as a prevention activity.
(noun or verb)

Resources from _____ help me in my prevention journey.
(noun)

I look to _____ for support in my prevention journey.
(noun)

PROFESSIONAL STORY

At my organization, we _____ to support prevention journeys.
(verb)

My career is _____ because of the work I do towards prevention.
(adjective)

I feel _____ by my colleagues and the work being done in the field of prevention.
(adjective)