

Fill in the blank within each prevention sentence with an adjective, verb, or noun. Read it back and share on social media to build your *#MyPreventionStory*.

## GENERAL

Prevention makes me feel \_\_\_\_\_.  
(adjective)

I am able to \_\_\_\_\_ because of prevention.  
(verb)

My life is \_\_\_\_\_ because of prevention.  
(adjective)

I \_\_\_\_\_ to take care of my mental health.  
(verb)

I \_\_\_\_\_ to prevent substance use.  
(verb)

I feel safe and healthy because I \_\_\_\_\_.  
(verb)

## PERSONAL STORY

I use \_\_\_\_\_ as a prevention activity.  
(noun or verb)

Resources from \_\_\_\_\_ help me in my prevention journey.  
(noun)

I look to \_\_\_\_\_ for support in my prevention journey.  
(noun)

## PROFESSIONAL STORY

At my organization, we \_\_\_\_\_ to support prevention journeys.  
(verb)

My career is \_\_\_\_\_ because of the work I do towards prevention.  
(adjective)

I feel \_\_\_\_\_ by my colleagues and the work being done in the field of prevention.  
(adjective)