

# PREVENT

## UNSAFE DRINKING

### BEHAVIORS ON CAMPUS

College students drink, binge drink, and engage in heavy alcohol use more than young adults of the same age who are not in college.

In 2020, 48% of full-time college students ages 18 to 22 used alcohol in the past month. By comparison, 42% of young adults ages 18 to 22 who were not enrolled in college full-time used alcohol in a given month.\*

**SAMHSA**

Substance Abuse and Mental Health  
Services Administration

\*Numbers from the Detailed Tables have been rounded to the nearest whole number.

Source: Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. (2021). Results from the 2020 National Survey on Drug Use and Health: Detailed tables. <https://www.samhsa.gov/data/report/2020-nsduh-detailed-tables>

## BINGE DRINKING

NUMBER OF DRINKS CONSUMED ON  
THE SAME OCCASION



# 5+

## HEAVY ALCOHOL CONSUMPTION

BINGE DRINKING ON 5 OR MORE  
DAYS IN THE PAST MONTH

29%

of full-time college students (ages 18 to 22) engaged in binge drinking and 8% engaged in heavy alcohol use in 2020.

26%

of young adults (ages 18 to 22) not enrolled in college full-time engaged in binge drinking and 7% engaged in heavy alcohol use in 2020.

communities  
**talk**   
to prevent underage drinking

To reduce underage, binge, or heavy drinking on your campus, host a **Communities Talk** activity or join the social media conversation using **#CommunitiesTalk**.

For more information, visit [StopAlcoholAbuse.gov/CommunitiesTalk](https://StopAlcoholAbuse.gov/CommunitiesTalk).