

Executive Proclamation
State of South Dakota
Office of the Governor

Whereas, as community members, friends, and, of course, family members, we all play a part in one another's mental health and well-being; and,

Whereas, one in five American adults experiences a mental health condition each year, and everyone faces challenges in life that can impact their mental health; and,

Whereas, we each can be a lifeline to others, sharing a commitment to care not only for ourselves, but also for those around us; and,

Whereas, despite its prevalence, mental health remains shrouded in stigma, preventing many from seeking help; and,

Whereas, when we invite dialogue with others or allow others to share their concerns, frustrations, or difficulties with us, we allow them to communicate in healthy ways and, thereby, encourage them to seek help when they are struggling with their mental health; and,

Whereas, whether we share resources, encourage others to seek help, or simply are there for someone when they need us, we can instill hope and encourage others to reach out when they need it most; and,

Whereas, if you are worried about your mental health, or are worried about someone you know, there are resources and people who care:

Now, Therefore, I, Kristi Noem, Governor of the State of South Dakota, do hereby proclaim May 2024, as

MENTAL HEALTH AWARENESS MONTH

in South Dakota.

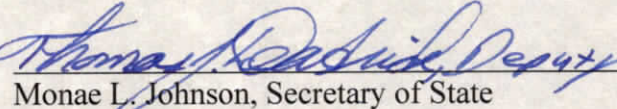


In Witness Whereof, I have hereunto set my hand and caused to be affixed the Great Seal of the State of South Dakota, in Pierre, the Capital City, this Twenty-fifth Day of April in the Year of Our Lord, Two Thousand and Twenty-Four.



Kristi Noem, Governor

Attest:



Monae L. Johnson, Secretary of State