

A young woman with long brown hair in a ponytail, wearing a grey and pink jacket over a teal shirt, holds a blue tennis racket. She is talking to a young man in a red polo shirt who has his hand on the tennis net. They are on a tennis court with a blue and green surface. In the background, there are other people and a brick building.

**i talk**  
they hear you®

# HELP THEM SUCCEED ON AND OFF THE COURT.

Empower young people to make good choices  
about alcohol.

Being prepared to talk to young people about the risks of  
underage drinking and answer questions will show that you care  
about their overall health and wellness. For tips on how—and  
when—to begin the conversation, visit

[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)

**#TalkTheyHearYou**

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Substance Abuse and Mental Health  
Services Administration