









# 2022 NATIONAL PREVENTION WEEK OUTCOMES REPORT













## STRENGTHENING COMMUNITY, BUILDING RESILIENCE, AND CREATING HOPE TOGETHER

Communities across the country recently celebrated the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Prevention Week (NPW) 2022, a united effort to increase public awareness and action around mental health and substance misuse disorders.

In 2022, NPW took place from May 8–14. Each year, SAMHSA's NPW brings individuals and communities together to generate ideas, build capacity, and share resources to empower substance misuse prevention.

## With NPW, our overarching goals are to:

- Involve communities in raising awareness of substance misuse and mental health issues and implementing prevention strategies
- Showcase the effectiveness of evidence-based prevention programs
- Foster collaboration with federal agencies and national organizations dedicated to improving public health
- Share quality resources to help prevent substance misuse and promote mental health

SAMHSA identified several new opportunities for

NPW this year. First, we bolstered our strong network by forging new, nontraditional partnerships and relationships for 2023 and beyond. By moving SAMHSA's Prevention Day (SPD) to coincide with NPW for the first time, we also brought the event to previously untapped audiences. We even introduced a new prevention challenge: #MyPreventionStory, a dynamic storytelling platform that will live beyond NPW 2022 and become part of future observances.



NPW uses daily health themes to focus on pressing substance misuse topics and highlighted each of the following in a "What's New Today?" video:

## CCCCCCC

**#NPW2022 DAILY THEMES** 



8th SUNDAY

9th MONDAY

Strengthening Community
Resilience:
Substance Misuse
and Overdose
Prevention

Preventing Substance Use and Promoting Mental Health in Youth

10th TUESDAY

14th | SATURDAY 13th FRIDAY 11th WEDNESDAY 12th THURSDAY Celebrating Prevention Heroes Preventing The Talent Pipeline: Prevention is Suicide: Everyone Plays a Role Enhancing Everywhere: Highlighting Efforts the Prevention Workforce Across Settings and Communities NPW Wraps Up!



## SAMHSA'S NATIONAL PREVENTION WEEK 2022

## AT A GLANCE



## The Substance Abuse and Mental Health Services Administration's (SAMHSA) National Prevention Week (NPW)

In 2022, NPW was held virtually for the first time, extending the reach of the prevention conversation.



Including prevention practitioners, behavioral health professionals, and SAMHSA grantees from nonprofit community-based organizations, state government organizations and academic institutions.





Communities Talk Town Hall to Prevent Underage Drinking was held virtually on May 10 to showcase effective and evidence-based prevention initiatives to reduce underage and harmful drinking.



This year marked the first time SAMHSA's Prevention Day (SPD) was held during NPW. By kicking off NPW with SAMHSA's 18th Annual SPD on May 9, we brought a new audience to both events.

SPD consisted of **three** plenaries and **15** breakout sessions relating to four tracks.



SAMHSA conducted direct outreach to approximately **30** partners and other organizations to share resources and invite them to participate in the various activities throughout the week.



SAMHSA developed a digital toolkit containing a series of GIFs (animated graphics) and invited artists to contribute GIFs as well.

#### Overall, NPW's prevention art initiative garnered:

- More than 29.8M total views
- More than 12.7M share views
- 39 unique prevention-focused GIFs created by artists









More than 23,000 people visited the NPW website this year.







SAMHSA created the NPW Partner Toolkit, a collection of resources to help conceptualize, plan, and implement NPW activities and other prevention efforts throughout the year.

From April 1 to May 14:



The Toolkit with information about planning an event received over 5.100 visits.



And pages to access NPW promotional materials received over 4,700 visits.

From May 8–14, SAMHSA had 43 NPW-specific posts across our social media channels. SAMHSA's NPW posts inspired audiences and received:





1.1K engagements 4.6M potential reach

During the week, NPW had notable engagement from other government agencies, nonprofit organizations, public service agencies, schools, and more.



mentions



engagements (including likes, retweets/ shares, replies/ comments)



O 34.9M potential reach

#MyPreventionStory This year, SAMHSA introduced #MyPreventionStory, an ongoing storytelling initiative to help engage individuals and encourage them to vitally share their experience with substance misuse prevention. #MyPreventionStory received: results engagements 2.1M potential reach SAMHSA is exploring ways to keep the success and momentum going. We look forward to collaborating with our partners in this work to elevate NPW in 2023 and beyond!

## **NPW GOES VIRTUAL FOR 2022**



## TOTAL PLATFORM REGISTRATIONS: 2,912

For NPW, all community events and activities have traditionally been in person. However, to exercise caution due to COVID-19, National Prevention

Week was held virtually for the first time from May
8-14, 2022, with a total of 2,912 registrants. Many identified as prevention practitioners, behavioral health professionals, and SAMHSA grantees coming from nonprofit community-based organizations, state government organizations, and academic institutions. The NPW virtual conference platform, which included a virtual lobby design, created a centralized portal for registrants to access SAMHSA's NPW events and activities throughout the week and beyond.

Once registrants signed into the platform, they were taken to an interactive lobby with specific, clickable banners for SAMHSA's Prevention Day, the Communities Talk event, the #MyPreventionStory Virtual Photo Booth, and the NPW Resource Center. Registrants could click on the banners to attend SAMHSA's Prevention Day and the Communities Talk events live, or they could rewatch the recorded sessions at any time throughout the week.

Each day, registrants could watch a video introducing the daily theme and outlining ways for them to get involved.

#### The NPW Resource Center included:

- · Relevant prevention data reports
- NPW planning resources
- Mental health and wellness resources
- Resources for colleges and universities

#### Various prevention resources focused on:

- Suicide
- Underage drinking and alcohol misuse
- · Prescription drug and opioid misuse
- · Youth tobacco, marijuana, and illicit drug use

Throughout the week, participants could enter the #MyPreventionStory Virtual Photo Booth and take photos and GIFs using NPW- and SAMHSA-branded backdrops, frames, and stickers to add to the #MyPreventionStory gallery and share across their social media accounts.

## **REGISTRATION BY ROLE AND AFFILIATION (COUNT)**

Student	83
Prevention Practitioner	974
Federal Employee	136
Nation Prevention Network (NPN) Member	32
SAMHSA Grantee (identified current and past)	252
Other (role not specified)	
The 1,435 registrants who identified their role as "other"	
represented 984 positions, including:	
<ul><li>Behavioral Health Professionals</li><li>Epidemiologists</li></ul>	
• Life Coaches	
Registered Nurses	1,432
• Grant Management Specialists	
Outreach Coordinators	
Prevention Specialists	
Suicide Prevention Coordinators	
Tribal Health Aides	
Police Officers	

## **REGISTRATION BY AGENCY AND ORGANIZATION**

Federal Agency	172
State Government	429
Tribal or Territorial Government	43
Tribal Organization	37
Nonprofit Community-Based Organization	1,481
Other (agency/organization not specified based on information submitted)	
<ul> <li>The 750 registrants who identified their agency/organization as "other" represented a wide variety of areas. The list included but was not limited to the following:</li> <li>Academia/K-12/Colleges/Universities</li> <li>Hospitals/Medical and Mental Health Centers</li> <li>Addiction Treatment Centers</li> <li>City Fire Departments</li> <li>Marketing/Communication Agencies</li> <li>Community Coalitions</li> <li>County/Local Government and Health Departments</li> <li>Emergency Management</li> <li>Military</li> </ul>	750
<ul> <li>For-Profit Community-Based Organizations (i.e., A Peace of Mind, LLC.)</li> </ul>	

# INTRODUCING THE VIRTUAL PHOTO BOOTH

As an ongoing activity throughout NPW, attendees could snap photos in a Virtual Photo Booth featuring NPW-designed elements to include in their selfies. They could even take a series of shots to create GIF images and share their creations across their social media platforms.

## Over 90 people took advantage of this fun and interactive resource!





















"Prevention Day is the premier meeting of the field. We're going to discuss emerging issues, share innovations and best practices, as well as learn how the field is delivering prevention strategies and services during this uncertain time."

#### **CAPT JEFFREY A. COADY, PSY.D., ABPP**

Acting Director of the Center for Substance Abuse Prevention (CSAP) and SAMHSA Region 5 Administrator



SAMHSA's Prevention Day (SPD) is an interactive forum for prevention practitioners, community leaders, researchers, scientists, consumers, and advocates to learn about evidence-based programs and the latest developments in mental health promotion and substance misuse prevention, treatment, and recovery.

This year marked the first time SPD was held during National Prevention Week. By kicking off NPW with SAMHSA's 18th Annual SPD on May 9, we brought in audience members who may not have otherwise attended both events, further extending the reach of our prevention conversation.

SPD consisted of three plenaries and 15 breakout sessions relating to four tracks. The NPW platform hosted all SPD sessions, and the registration website captured the registrant demographics, including SAMHSA grantees, federal agencies, and other organizations. In total, there were 2,726 registrants for SPD. As SPD and NPW were virtual this year, registrants could also access the session recordings later.

The opening plenary was given by Miriam E. Delphin-Rittmon, Ph.D., Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of SAMHSA. In her plenary, Dr. Delphin-Rittmon discussed the behavioral health landscape and the current data on overdose trends, the 2022 National Drug Control Strategy from the White House, SAMHSA's response to the current behavioral health challenges, and introduced SAMHSA's HOPE Framework. Throughout the day, prevention practitioners gave presentations on prevention data trends, prevention resources and training, prevention in diverse populations and settings, and prevention across behavioral health efforts.

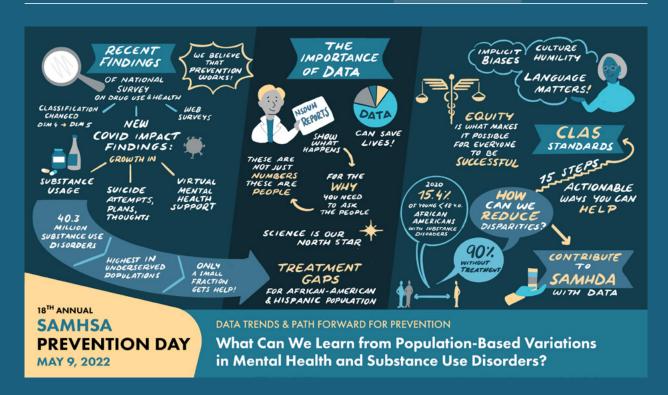
David L. Wilson, Health Communications and Marketing Coordinator for the Center for Substance Abuse Prevention (CSAP) and Coordinator for NPW, gave a presentation on the power of storytelling to advance prevention efforts. #MyPreventionStory was introduced as an initiative to intertwine storytelling and prevention to further strengthen the prevention community. CAPT Jeffrey A. Coady, Psy.D., ABPP, Acting Director of CSAP and SAMHSA Region 5 Administrator, closed the day discussing the 4 Elements (4Es) of a Modern Prevention System—Early Action, Early Access, Equitable Opportunities, and Effective Delivery—the future of prevention, prevention touchpoints across the behavioral health system, and opportunities to close the prevention gap.

**5** plenaries

breakout sessions **2,726** registrations

PREVENTION DAY PLENARIES	PARTICIPANT VIEWS: Day of Event	PARTICIPANT VIEWS: 3 Months Out
Session Title	May 9	Aug 9
Opening Plenary — Miriam E. Delphin-Rittmon	949	1,038
Prevention and the Power of Stories — David Wilson	523	556
Closing Plenary — CAPT Jeff Coady	273	288

TRACK I: DATA TRENDS AND A PATH FORWARD FOR PREVENTION 11:00 AM - 12:00 PM EDT		
Session Title	May 9	Aug 9
Highlights from SAMHSA's Latest National Survey on Drug Use and Health and Implications for Prevention Efforts	262	545
Strategies to Address Prescription Drug Misuse: SAMHSA Strategic Prevention Framework for Prescription Drugs (SPF-Rx)	127	234
What Can We Learn from Population-Based Variations in Mental Health and Substance Use Disorders? SAMHSA 2021 Behavioral Health Equity Reports	171	279
Changes in the World of Drug Testing	354	394
TRACK 1 TOTALS:	914	1,452



PREVENTION DAY PLENARIES	PARTICIPANT VIEWS: Day of Event	PARTICIPANT VIEWS: 3 Months Out
TRACK II: PREVENTION RESOURCES AND TRAINING 12:15 PM - 1:15 PM EDT		
Session Title	May 9	Aug 9
Improving Mental Health and Substance Misuse Prevention, Treatment, and Recovery Support Services Through Evidence-Based Practices: Updates from SAMHSA's Policy Lab	198	299
The Role of Prevention in Harm Reduction	189	306
Telling Prevention Stories: Updates from SAMHSA's Prevention Technology Transfer Centers (PTTCs)	92	202

Social Marketing and Prevention 101

**TRACK 2 TOTALS:** 



474

1,281

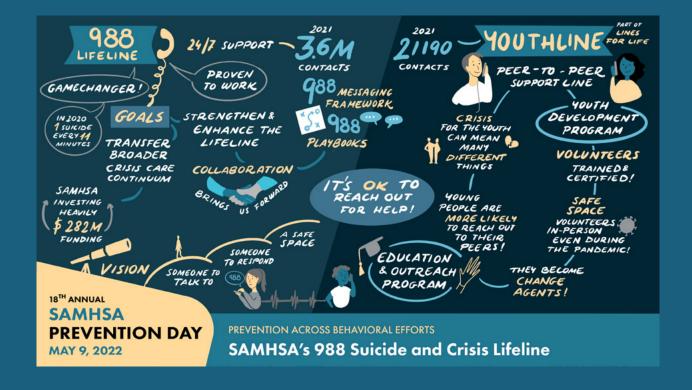
320

799

PREVENTION DAY PLENARIES	PARTICIPANT VIEWS: Day of Event	PARTICIPANT VIEWS: 3 Months Out	
TRACK III: PREVENTION IN DIVERSE POPULATIONS A	TRACK III: PREVENTION IN DIVERSE POPULATIONS AND SETTINGS 2:30 PM - 3:30 PM EDT		
Session Title	May 9	Aug 9	
Substance Misuse and HIV: Prevention Navigator Program for Racial and Ethnic Minorities	76	146	
Addressing the Opioid Crisis Through Prevention Grant Programs	170	347	
Expanding Efforts to Prevent, Intervene, and Treat SUDs in School-Based Settings: Student Assistance Services	230	284	
Partnership for Success: A Journey to Prevention	181	212	
TRACK 3 TOTALS:	657	989	



PREVENTION DAY PLENARIES	PARTICIPANT VIEWS: Day of Event	PARTICIPANT VIEWS: 3 Months Out
TRACK IV: PREVENTION ACROSS BEHAVIORAL HEALTH EFFORTS 3:45 PM - 4:45 PM EDT		
Session Title	May 9	Aug 9
SAMHSA's 988 Suicide and Crisis Lifeline	213	323
Prevention Touchpoints: The Oregon Construction Industry Suicide Prevention Partnership and California's CalHOPE	97	141
Psychedelics and Implications for Prevention	181	246
TRACK 4 TOTALS:	491	710



## **COMMUNITIES TALK EVENT**

The Communities Talk Town Hall to Prevent Underage Drinking was held on May 10 via the Virtual Lobby platform. This Town Hall-style event showcased examples of effective and evidence-based prevention initiatives that are helping to reduce underage and harmful drinking and was attended by

1,902 REGISTRANTS.

More than 1,000 community-based organizations (CBOs) and institutions of higher education (IHEs) conducted prevention activities and events in 2021 through the Communities Talk to Prevent Underage Drinking initiative. The session shared "real life" success stories by looking at the range of organizations participating in the 2021 cycle, examining lessons learned, and showcasing the diversity of prevention efforts in communities across the country. It also shared tools and resources designed to support prevention activity planning, which are available at <a href="stopalcoholabuse.gov">stopalcoholabuse.gov</a>.



## PRESENTERS INCLUDED REPRESENTATIVES FROM THE FOLLOWING THREE ORGANIZATIONS



#### **Janice Balmer**

Health Project Consultant, Community Health Council of Lebanon County (PA)



#### Liz Gandara

Alcohol, Tobacco, and Other Drug Health Educator, San Francisco State University



#### Johanie Hernández

Coordinadora, ORP Caribe/Proyecto Guaitiao/Proyecto Natiao; Coordinator, ORP Caribbean/ Project Guaitiao/ Project Natiao, Guara Bi Inc

The event was moderated by Marion Pierce, Public Health Analyst, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, Division of Prevention Communication and Public Engagement.

The Discussion Moderator was Stephanie Dukes, Associate Director, Vanguard Communications.



## HIGHLIGHTING PREVENTION THROUGH ART

Leading up to NPW, SAMHSA developed and published a digital toolkit containing a series of **20** tailored GIFs (animated graphics) to highlight prevention and mental health topics and provide the prevention community with sharable, dynamic art that could be distributed broadly on social media. The artist community also came together during NPW to create an additional **19** GIFs.

The NPW digital toolkit and the artist submissions were all uploaded to the NPW microsite, <a href="mailto:prevention.art">prevention.art</a>, where the GIFs remain available to access and share for free on social media channels (i.e., Facebook, Instagram, and Twitter). The prevention microsite also includes instructions for posting GIFs on social media.

#### **GIF PERFORMANCE**

#### Overall, NPW's prevention art initiative garnered:



More than **29.8M** total views



More than 12.7M share views



**39** unique prevention-focused GIFs



10.6M total views



609K total views



492.8K total views



**393.3K** total views



CLICK TO DOWNLOAD



281.5K total views



214.4K total views
CLICK TO DOWNLOAD



176.3K total views

CLICK TO DOWNLOAD



159.3K total views
CLICK TO DOWNLOAD



145K total views

CLICK TO DOWNLOAD



141.6K total views



SOBRIETY IS BEAUTIFUL 128.4K total views

it's ok not to be ok

125.5K total views

SHOUT OUT SPONSOR

124.3K total views

## NPW PARTNER INFORMATION

SAMHSA recognizes the importance of partnering with organizations to help spread important messages about prevention. In 2022, SAMHSA's NPW partnership goal was to re-engage with previously established partners while laying the foundation for potential new partners. The unique format of a virtual NPW provided new opportunities for partnership engagement, including participation in the Virtual Photo Booth and online sharing of #MyPreventionStory.

### **Highlights Across the Prevention Community**

## Connecticut Clearinghouse Promotes NPW Through Events, Resources and More

Connecticut Clearinghouse shared NPW resources and a calendar of events on their website and dedicated CTPreventionWeek Facebook page. Many promotional materials feature Starfish Stella, a Connecticut-specific prevention mascot.

#### **DEA Official Highlights National Prevention Week Event**

DEA El Paso Public Information Officer Carlos Briano recommended people visit the NPW website to attend the various events throughout the week. The segment aired on KTSM-TV in El Paso, TX.

## **Urban Indian Coalition of AZ Creates Spirit of Prevention Week Picture Challenge**

The UIC of AZ developed a Spirit Week picture challenge to engage their community in NPW, encouraging people to wear a different color to correspond to each theme for the week.

## One Step Youth Influencers Participate in Annual Walk for Prevention

Youth leaders and the New Haven Prevention Council members gathered for their annual prevention walk during NPW. The mayor joined the group during a press conference he gave with a local TV station to offer his support.

## New Britain Local Prevention Council Promotes Prevention at Local High School

In recognition of NPW, the Street Team for the New Britain Local Prevention Council went to New Britain High School to share positive alternatives for students to engage in rather than turning to substance use.

In total, SAMHSA reached out to about 30 partners and other organizations to share resources and invite them to participate in the various activities throughout the week.



In addition, SAMHSA looked beyond prevention organizations to identify new partners for potential future engagement across the entertainment industry, including podcasters and influencers in the mental health and sobriety space.

## THE PREVENTION TOOLKIT

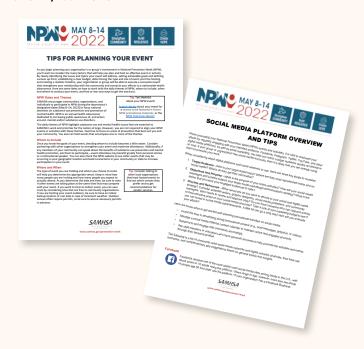
## SHARING THE TOOLS FOR SUCCESS

NPW could not succeed without the dedication and enthusiasm of the organizations and agencies that make prevention happen. To help them accomplish their goals, SAMHSA created the NPW Partner Toolkit, a collection of resources to help conceptualize, plan, and implement their NPW activities and other prevention efforts throughout the year.

The SAMHSA Partner Toolkit is available to help anyone involved in prevention access the tools and resources needed to accomplish their goals. In addition, we are continually exploring new products and materials that may be helpful to add as we begin planning for NPW each year.

To help drive excitement this year, we also developed a range of informative NPW content, including save-the-date flyers, at-a-glance materials with essential facts about NPW, tips for working with local media, and social media content to encourage people to share #MyPreventionStory, and more!

From April 1 to May 14, the Toolkit with information about planning an event received over 5,100 visits, and pages to access NPW promotional materials received over 4,700 visits.



## NPW'S ONLINE FOOTPRINT

#### **NPW Website**

The NPW website is the central online hub for National Prevention Week and provides resources, materials, and tools in English and Spanish. In addition, the website supports NPW participants in planning their events and activities and sharing prevention information from federal agencies and other national organizations.

- More than 23,000 people visited the NPW website this year. More than 20% (4,699) of those visitors came to the site during NPW.
- The NPW homepage was viewed more than 35,000 times during the year. In addition, nearly 40% of visits came from Google, indicating broad awareness of NPW.

- This year, the most downloaded resource from the NPW website was the NPW Fact Sheet, which visitors downloaded 1,600 times. However, the most downloaded resource during NPW was the Opioid Data Visualization, which participants downloaded 255 times.
- The prevention community helped raise awareness of NPW and its brand by downloading the web banner graphic more than 170 times.



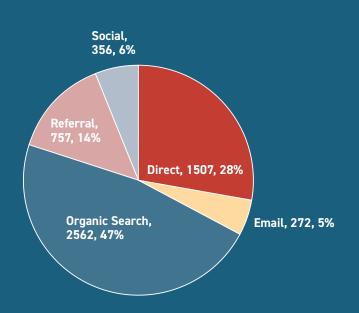
## **OVERVIEW OF METRICS FROM NATIONAL PREVENTION WEEK (MAY 8-14, 2022)**

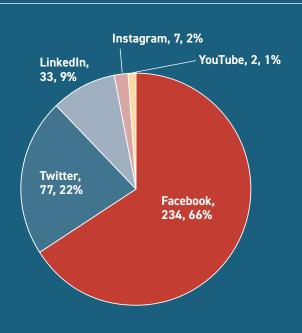
Users	4,699
Sessions	5,456
Page Views	13,229
NPW Homepage	5,199
NPW Promotional Materials	1,273
About	1,264
NPW Web Materials	1,112
Toolkit for Planning Event	1,007

SOURCES	
Direct	1,507
Email	274
Organic Search	2,562
Referral	757
Social	356

## **VISITS BY SOURCE**

## **SOCIAL MEDIA BREAKDOWN**





Device	
Mobile/Tablet	1,507
Desktop	274
Most Notable Referrals	
SAMHSA Live Platform	124
Government Sites	61
Mayland, Ohio, Texas, Iowa	
Schools	42
American Hospital Association	161

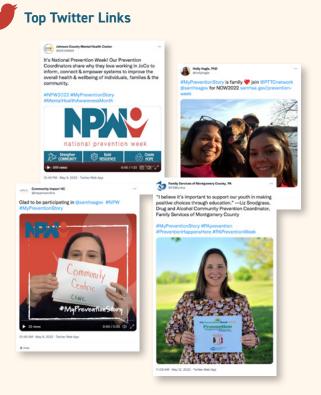
#### **Email Newsletter**

The NPW email distribution provided prevention organizations and individuals nationwide with resources, news, and ideas to support their substance misuse prevention efforts. Leading up to NPW 2022, SAMHSA also distributed two email newsletters.

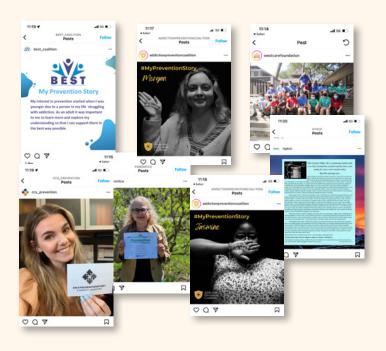
#### **Newsletter Highlights Include:**

- 93,000+ Subscribers Emailed
- 48,000+ Total Emails Opened
- 6,300+ Registration Link Clicks
- Average Open Rate: 26%
- Average Click-Through Rate: 5.58%

## **Introducing** #MyPreventionStory







"When we share our prevention stories, it compels others to share their stories. We're building a community and showing individuals that they're not alone... Stories are what changes behavior over time. Through our stories, we can help people live safer, healthier, and happier lives."

#### **DAVID LAMONT WILSON**

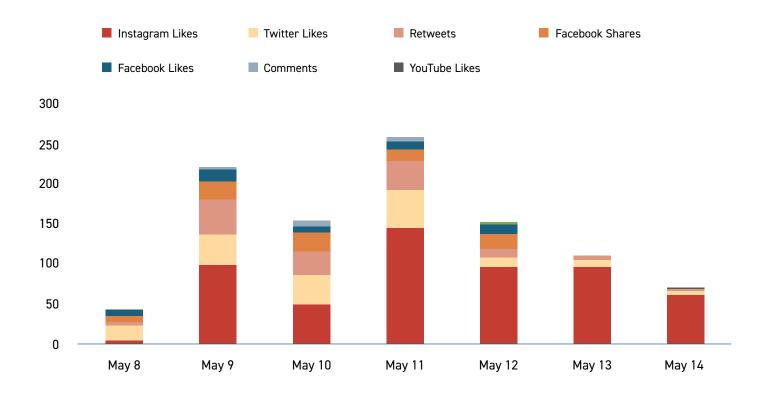
Public Health Analyst, National Prevention Week Coordinator, CSAP/SAMHSA

This year SAMHSA introduced #MyPreventionStory, a new storytelling initiative to help engage individuals and encourage them to share how vital substance misuse prevention has been in their lives.

#MyPreventionStory launched in May 2022, presenting a new way for people to share their experiences through storytelling and help build excitement for NPW. SAMHSA plans to continue to build on the success of #MyPreventionStory as part of NPW 2023.



### #MYPREVENTIONSTORY ENGAGEMENT BREAKDOWN

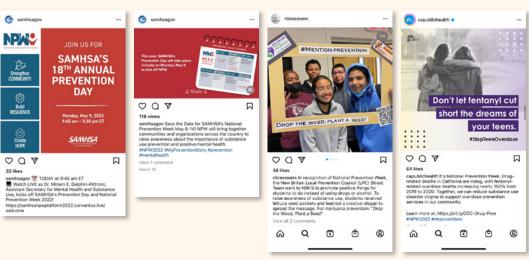


### **SOCIAL MEDIA**









From May 8–14, SAMHSA had 43 NPW-specific posts across its social media channels.

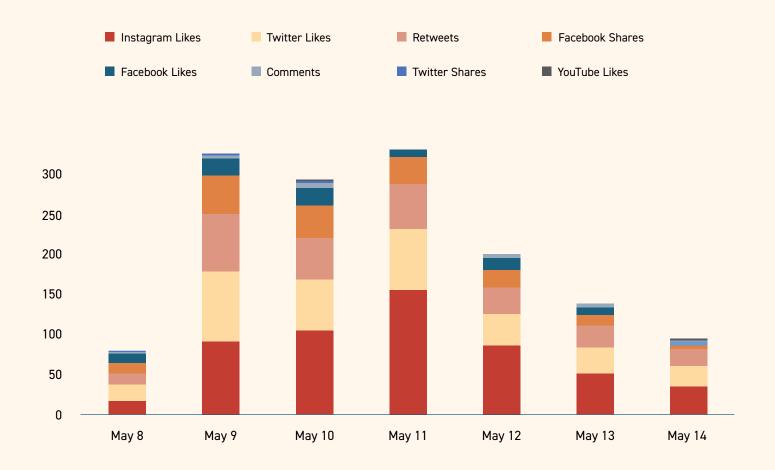
SAMHSA's NPW posts reignited with audiences and received:



During the week, NPW had significant outside engagement from other government agencies, nonprofit organizations, public service agencies, schools, and more.



#### **ENGAGEMENT BREAKDOWN**



#### **TOP HASHTAGS**

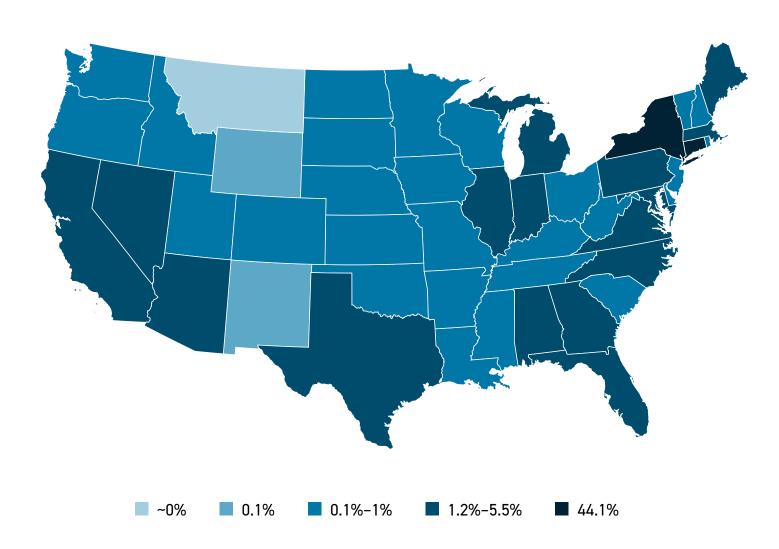


## TOP LINKS SHARED ON SOCIAL:

- **⊕** <u>samhsa.gov</u> − **253**
- samhsa.gov/prevention-week 184
- samhsa.gov/talk-they-hear-you/mobile-application 8
- ⊕ findtreatment.gov − 8

- wayoutwestcoalition.org/blog/aces/ − 4
- eventbrite.com/e/importance-of-school-basedmental-health-services-in-k-12-schoolsregistration-333662843547 - 4

## **DISTRIBUTION ACROSS THE UNITED STATES**





## **LOOKING AHEAD TO 2023**

# SAVETHE MAY 7-13 DATE 2023

**Prevention works.** Since we are stronger when we work together, SAMHSA is exploring ways to keep the success and momentum going as we plan for NPW 2023. We look forward to collaborating with our partners in this work—from organizations to individuals on the front lines of prevention—to see where we can elevate our future efforts.

For example, SAMHSA plans to build on our #MyPreventionStory initiative to hone the power of storytelling and art, engaging individuals to share the importance of substance misuse prevention from their perspective. We are also planning to continue using a hybrid model of virtual and in-person events after the success of 2022's virtual conference platform.

Check <u>samhsa.gov/npw</u> for regular updates and resources and to learn how to get involved in NPW 2023.