SAMHSA
Substance Abuse and Mental Health Services Administration

Get Help: 24/7 Confidential Support

Treatment Services Info:

- Find a mental or substance use disorder treatment facility near you:
  National Helpline
  1-800-662-HELP [4357]

- Behavioral Health Treatment Services Locator:
  https://findtreatment.samhsa.gov

Immediate Crisis Counseling:

- **988 Suicide & Crisis Lifeline**
  Dial 988
- **Veterans Crisis Line**
  Dial 988 and then press 1
- **Disaster Distress Helpline**
  1-800-985-5990

What We Do

SAMHSA's mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes.

SAMHSA envisions that people with, affected by, or at risk for mental health and substance use conditions receive care, thrive, and achieve wellbeing.

How We Do It

- Provide grant funding opportunities and guidance to states and territories, as well as tribal and local communities;
- Provide technical assistance to grantees and practitioners;
- Publish and share resources for individuals and family members seeking information on prevention, harm reduction, treatment and recovery;
- Collect, analyze, and share behavioral health data;
- Collaborate with other Federal agencies to evaluate programs and improve policies; and
- Raise awareness of available resources through educational messaging campaigns and events.

Priorities and Guiding Principles

SAMHSA's priorities focus on five key areas:

1. Preventing Overdose
2. Enhancing Access to Suicide Prevention and Crisis Care
3. Promoting Resilience and Emotional Health for Children, Youth, and Families
4. Integrating Behavioral and Physical Health Care
5. Strengthening the Behavioral Health Workforce

We are guided by four principles throughout each priority area: equity, trauma-informed approaches, recovery, and commitment to data and evidence.

For more information on SAMHSA grants, programs, products, and data, visit SAMHSA.gov.

To join our team, visit samhsa.gov/join-us.