



**i talk**  
they hear you®

## ON YOUR WAY TO PRACTICE...

See if she has ever been offered alcohol.

Show your child you care and help build accountability by setting clear and consistent expectations regarding alcohol use. For tips on how—and when—to begin the conversation, visit

[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)

#TalkTheyHearYou

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**SAMHSA**  
Substance Abuse and Mental Health  
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