



i talk
they hear you®

CHOOSE INFORMAL TIMES TO TALK AS SHE GETS OLDER.

**Look for new opportunities to start a conversation
about alcohol.**

Having frequent talks with your child in a safe environment will show that you care and foster a more open and honest dialogue about the risks of underage drinking. For tips on how—and when—to begin the conversation, visit

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

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SAMHSA

Substance Abuse and Mental Health
Services Administration