

## The Tribal TTA Center

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), we use a culturally relevant, evidence-based, holistic approach to support Native communities in their self-determination efforts through infrastructure development and capacity building, as well as program planning and implementation.

### Our Vision

American Indian and Alaska Native (AI/AN) communities have the cultural knowledge, skills, and resilience to create hope and healing. Their cultural beliefs and practices provide a foundation for promoting lasting wellness, solving problems, and taking action.

### Our Goal

The goal of our TTA is to decrease the impact of risk factors and increase protective factors that are linked to the healthy and safe development of AI/AN children and their families.

*[The] TTA [Center] presented the information in ways that were valid and entertaining. We learned about the essentials of working with traumatized populations and how that work can create trauma for the staff who works with them.*

*-Kelly Anderson, Trauma Training for 7 Nations Healing Lodge in Spokane, WA*

## How We Deliver TTA

**TTA is customized and tailored to meet the need and readiness level of the community we work with. The Tribal TTA Center offers several types of TTA:**

### Broad

Training and technical assistance is provided to increase knowledge, build community capacity, and enhance systems. Available to all federally recognized tribes, other tribal nations, and rural and urban organizations that serve Native communities.

### Focused

We offer support in implementing grant activities, strengthening successful interventions, increasing community capacity, and evaluating efforts in a culturally appropriate manner. We offer onsite and web-based TTA and have a large consultant pool of American Indian and Alaska Native expert trainers that help with the delivery of TTA. Available to SAMHSA tribal grantees via site visits, teleconferences, email, and webinars.

### Intensive

Intensive TTA follows a community engagement process that helps communities determine next steps for bringing healing to their members. The TTA guides communities as they build prevention programs rooted in their own unique culture, strengths, and worldview. This process includes a series of site visits and virtual TTA. Currently, six communities receive Intensive TTA. Contact the Tribal TTA Center for further information.

### Tribal Action Plan (TAP) Development

A strategic plan for guiding change among tribal members to address alcohol and substance misuse. Available to all federally recognized tribes, other tribal nations, and rural and urban organizations that serve Native communities.



SAMHSA  
Tribal Training and  
Technical Assistance Center

## Menu of Services

The Tribal TTA Center offers several services to support Tribal communities, including but not limited to:

### Curriculum

- Gathering of Native Americans (GONA)
- Gathering of Alaska Natives (GOAN)
- GONA/GOAN Training of Facilitators
- Mental Health First Aid
- Applied Suicide Intervention Skills Training (ASIST)
- Substance Misuse Prevention Training

### Capacity Building

- Community Readiness Assessment
- Strategic Action Planning
- Needs Assessment
- Asset Mapping
- Social Marketing
- Community-Based Participatory Research

### Training Topics

- Cultural Competency
- Motivational Interviewing
- Historical Trauma
- Digital Storytelling
- Trauma Informed Principles
- Opioid Misuse Prevention and Crisis Response

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

## What is TTA?

We define training and technical assistance (TTA) as the process of providing targeted support using culturally relevant, evidence-based, holistic approach to support Native communities in their self-determination efforts through infrastructure development and capacity building, as well as program planning and implementation.

## How to Request TTA

Tribal communities and SAMHSA tribal grantees can contact the Tribal TTA Center to submit TTA inquiries via:

### Tribal TTA Center Webpage

[www.samhsa.gov/tribal-ttac](http://www.samhsa.gov/tribal-ttac)

### SAMHSA Tribal Training and Technical Assistance Center

Phone: 1-800-953-1379

189 E. Nelson Avenue #249  
Wasilla, AK 99654

Email: [TA-Request@tribaltechllc.com](mailto:TA-Request@tribaltechllc.com)

Following your request, you will be contacted by Tribal TTA Center staff.

NATIONAL  
**SUICIDE  
PREVENTION  
LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)