

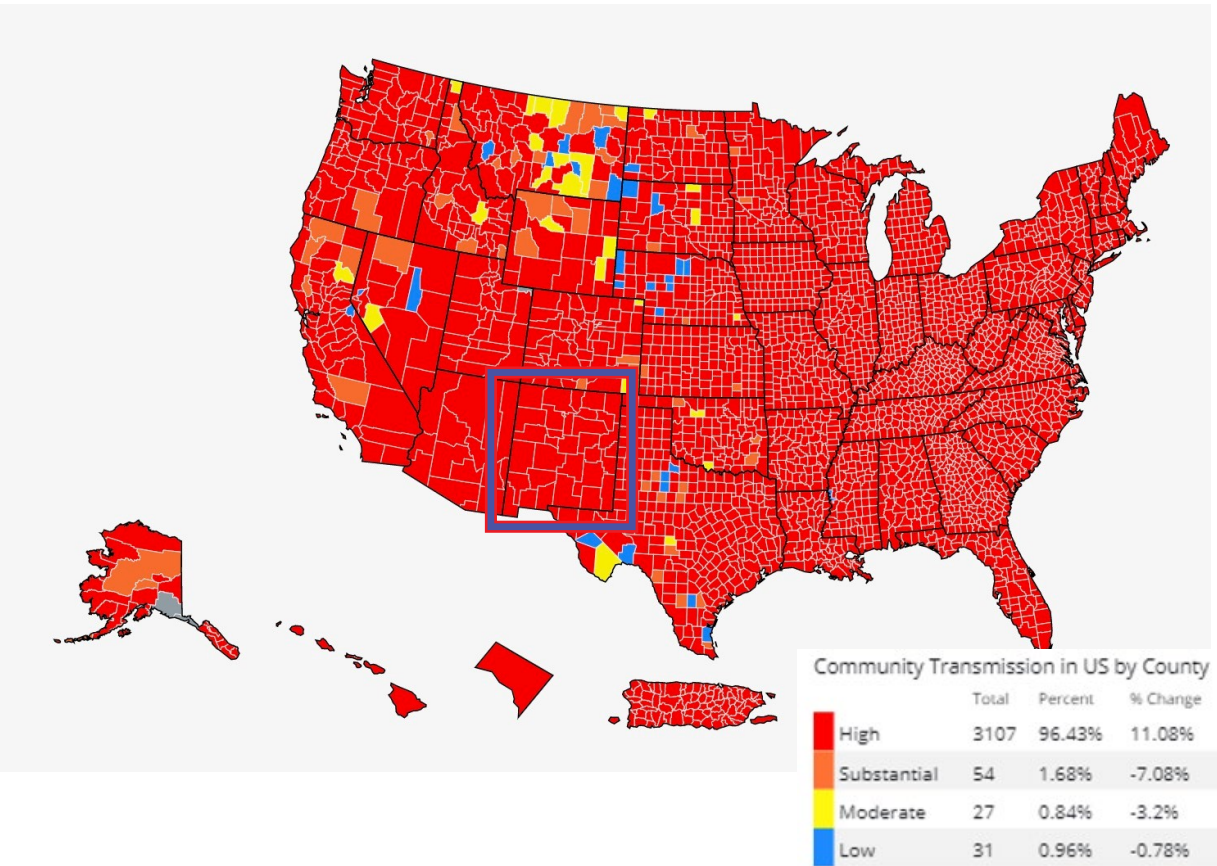
COVID-19 Day 666 Press Update

January 5, 2022

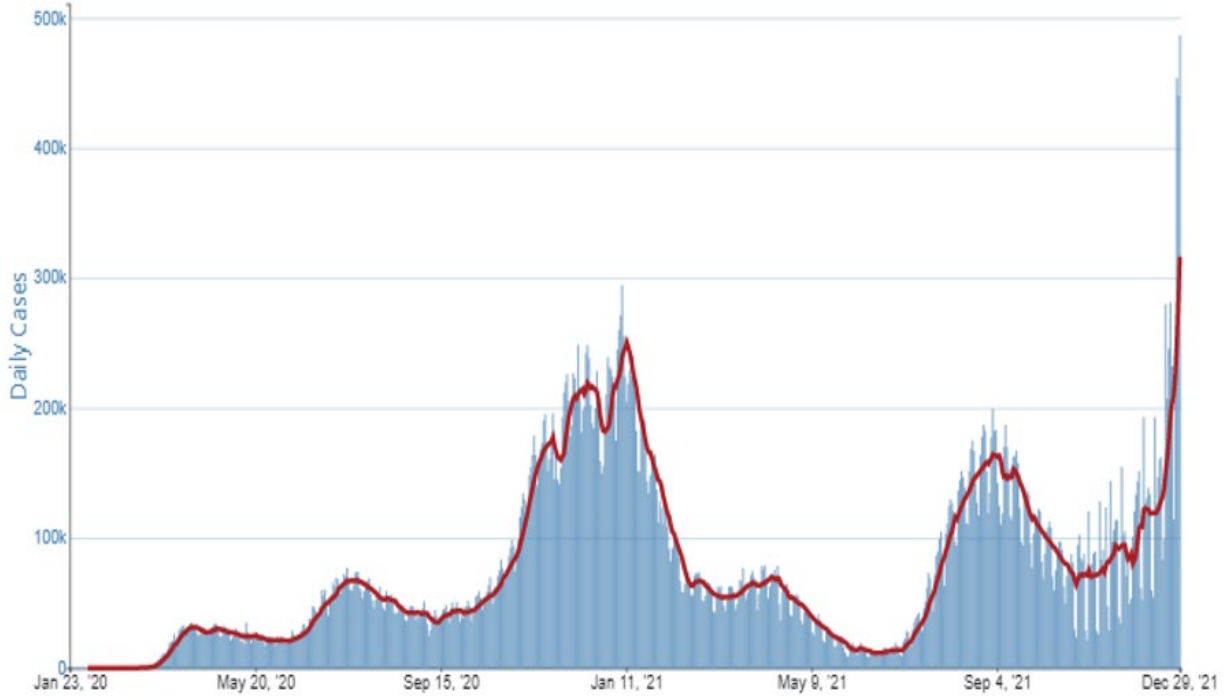
DOH Acting Secretary David R. Scrase, M.D., M.H.S.A.
DOH Deputy Secretary Laura C. Parajón, M.D., M.P.H.

Nationally, COVID-19 Transmission Levels are High

Level of COVID-19 Transmission by US County/Territory, 1/3/22



Daily Trends in Number of COVID-19 Cases in the US Reported to the CDC, 1/3/22



https://covid.cdc.gov/covid-data-tracker/#county-view?list_select_state=all_states&list_select_county=all_counties&data-type=Risk
https://covid.cdc.gov/covid-data-tracker/#trends_dailycases

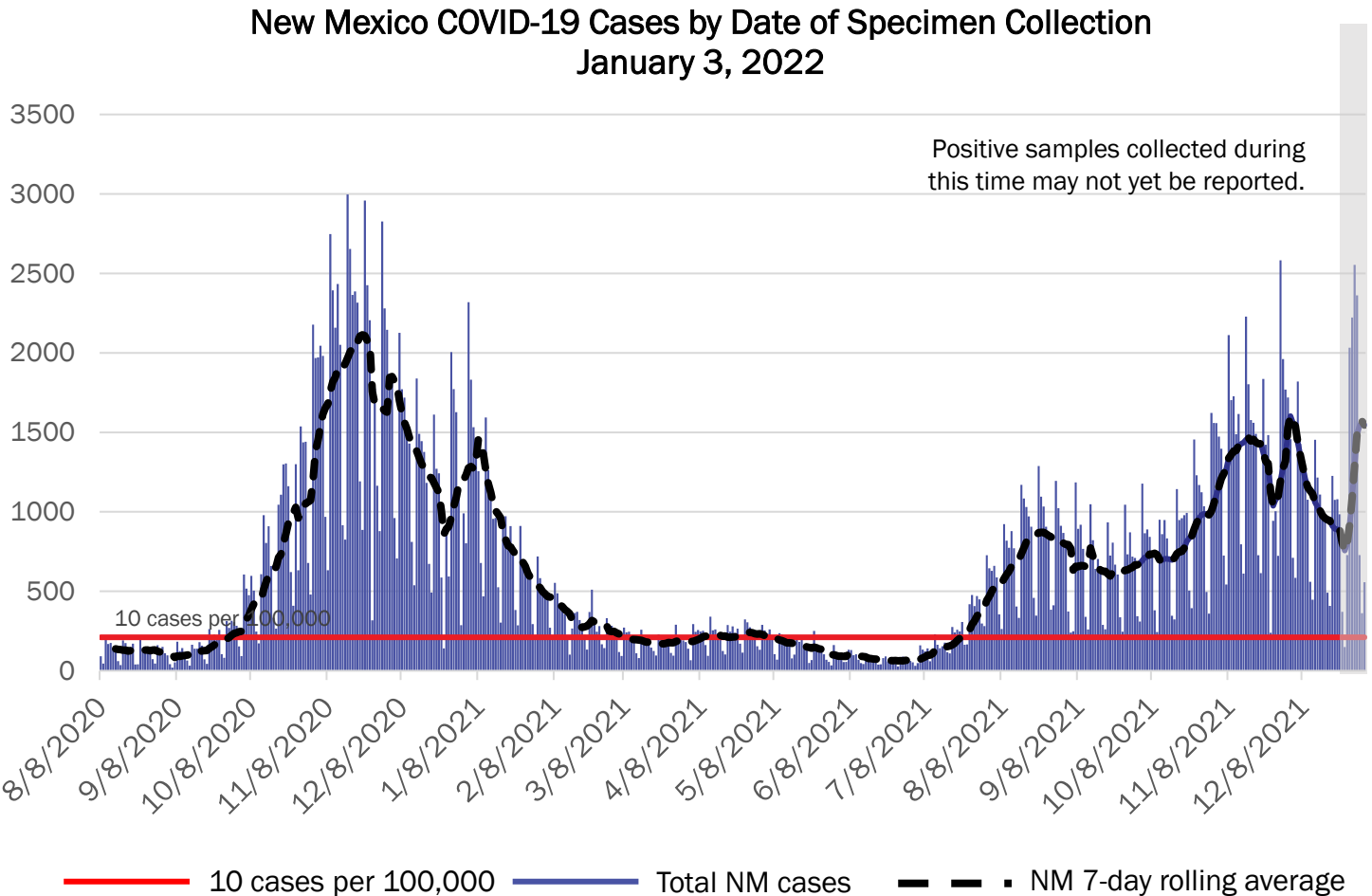
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NM is Seeing a Steep Rise in COVID-19 Cases

Today's Epidemiology Report

	Today	Since March 2020	Percent
Cases	2,514	361,629	17.2% of New Mexicans
Hospitalizations	497	21,592	5.9% of cases
Deaths	36	5,933	1.6% of cases

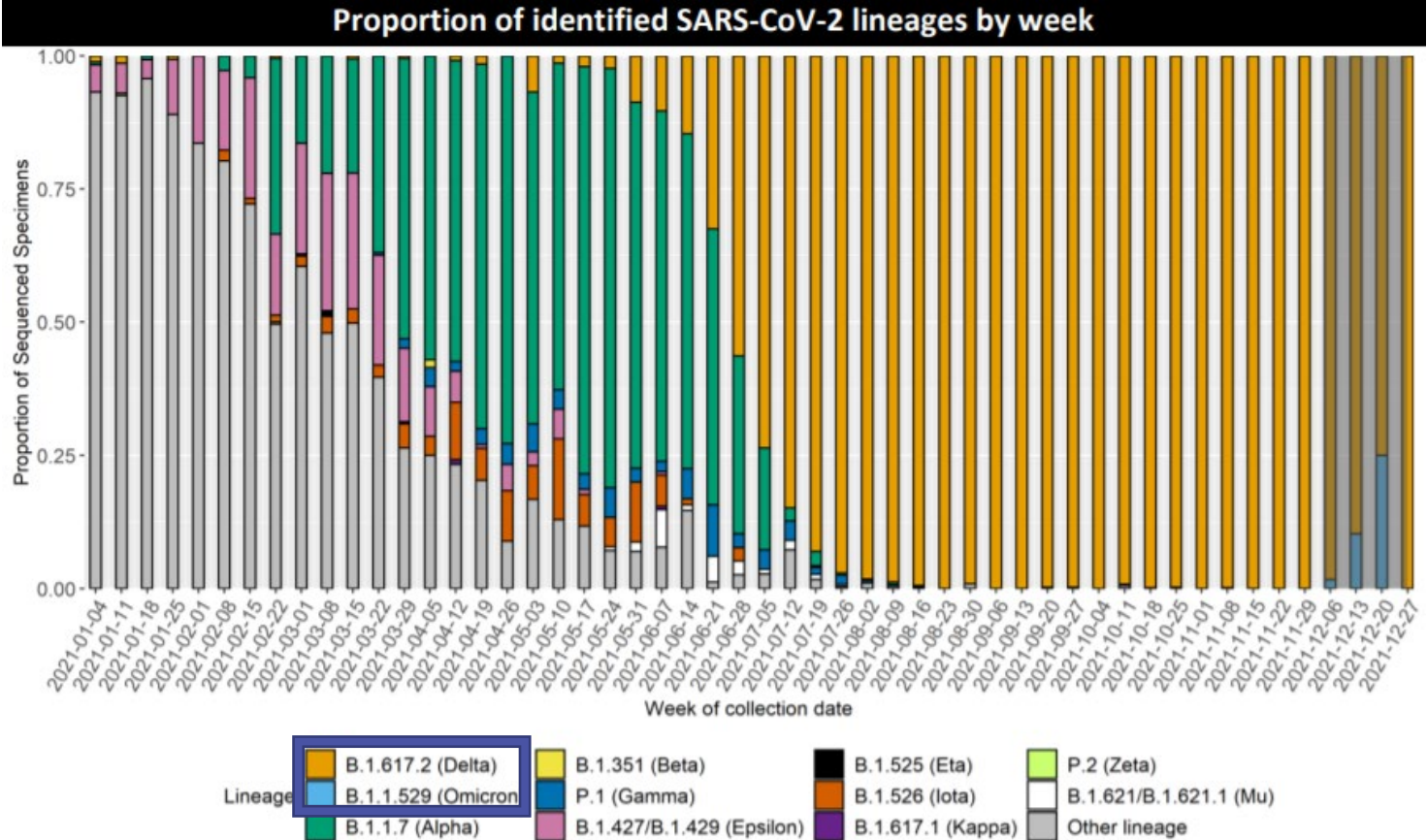


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Omicron Variant Appears to be Highly Contagious and is Predicted to be the Dominant Variant in US and NM

	Delta	Omicron
First identified	India	S. Africa
Detected by Routine Testing?	Yes	Yes
Spread Rate	3-5 X	10 X
Hospitalizations/Deaths	No increase	Probable Decrease
Resistance to Treatment	Yes	Yes
Resistance to Vaccine	No	?
Peak percentage in New Mexico	99.9%	N/A
Current NM Percentage Estimate	40-50%	50-60%



*The dark grey shaded region in each of the figures on this page represents the lag period between specimen collection and genomic sequencing results such that the results may look different when all specimens available for sequencing have been reported.

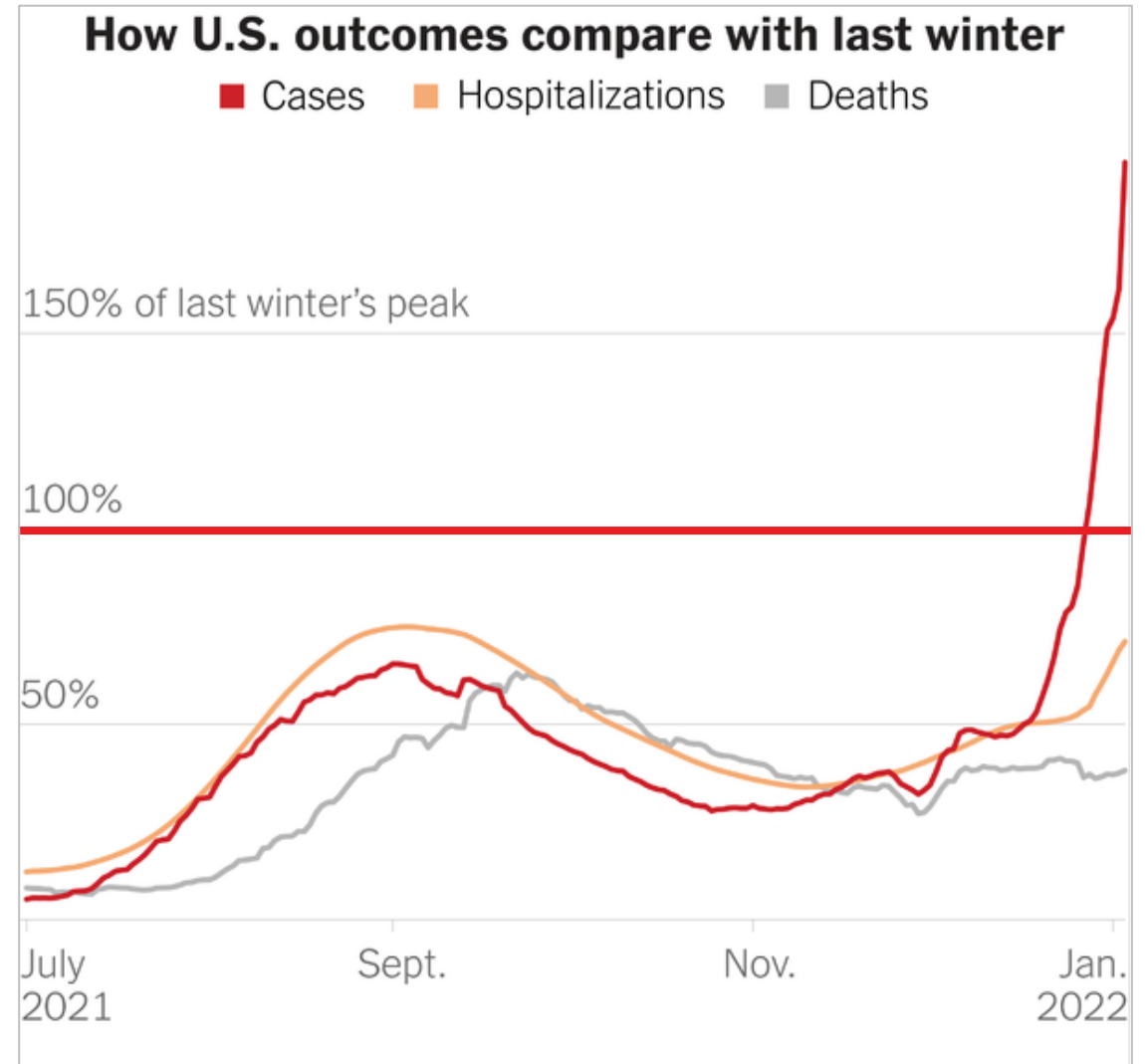
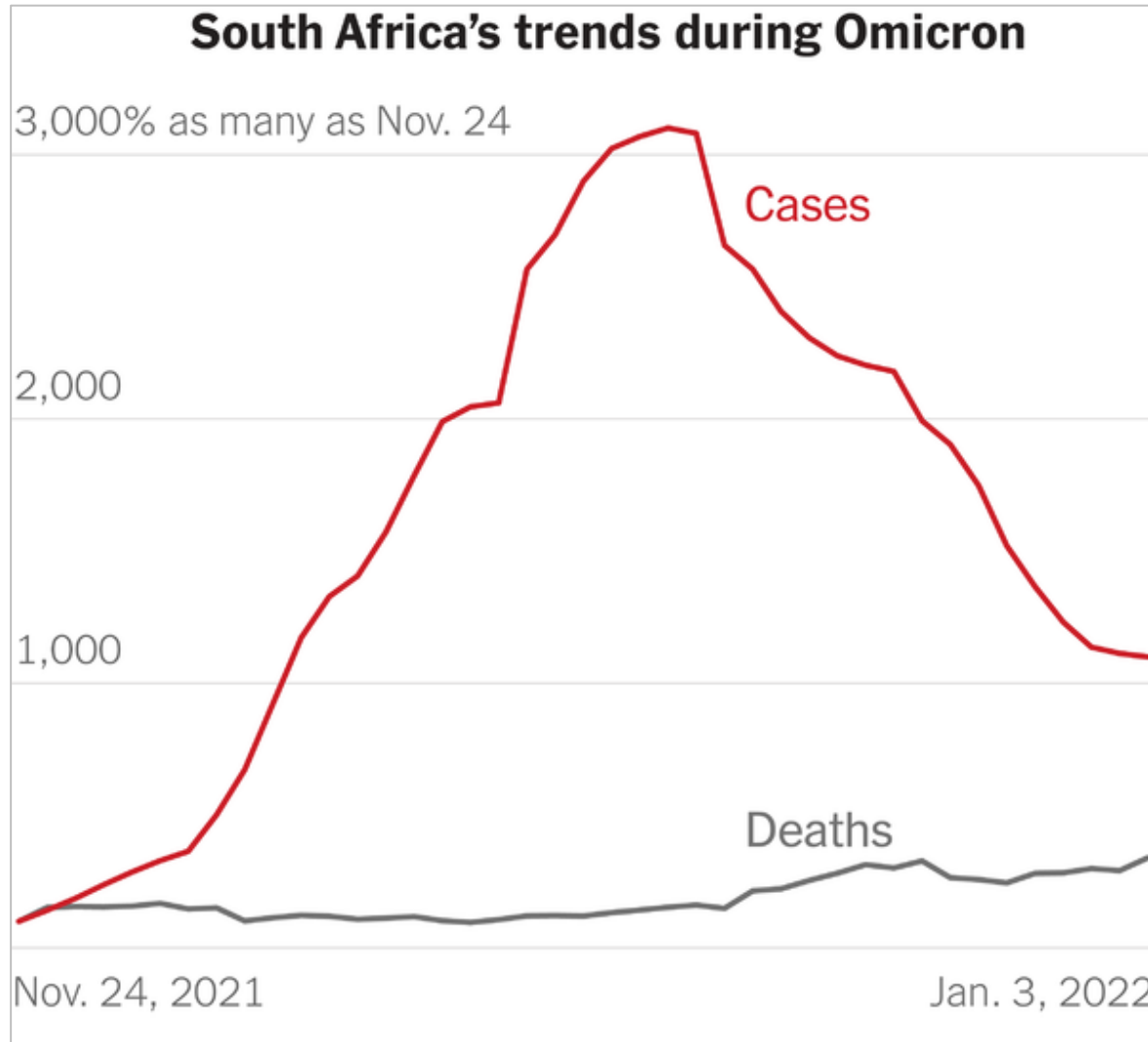


Variant of Concern Report <https://cv.nmhealth.org/epidemiology-reports/>

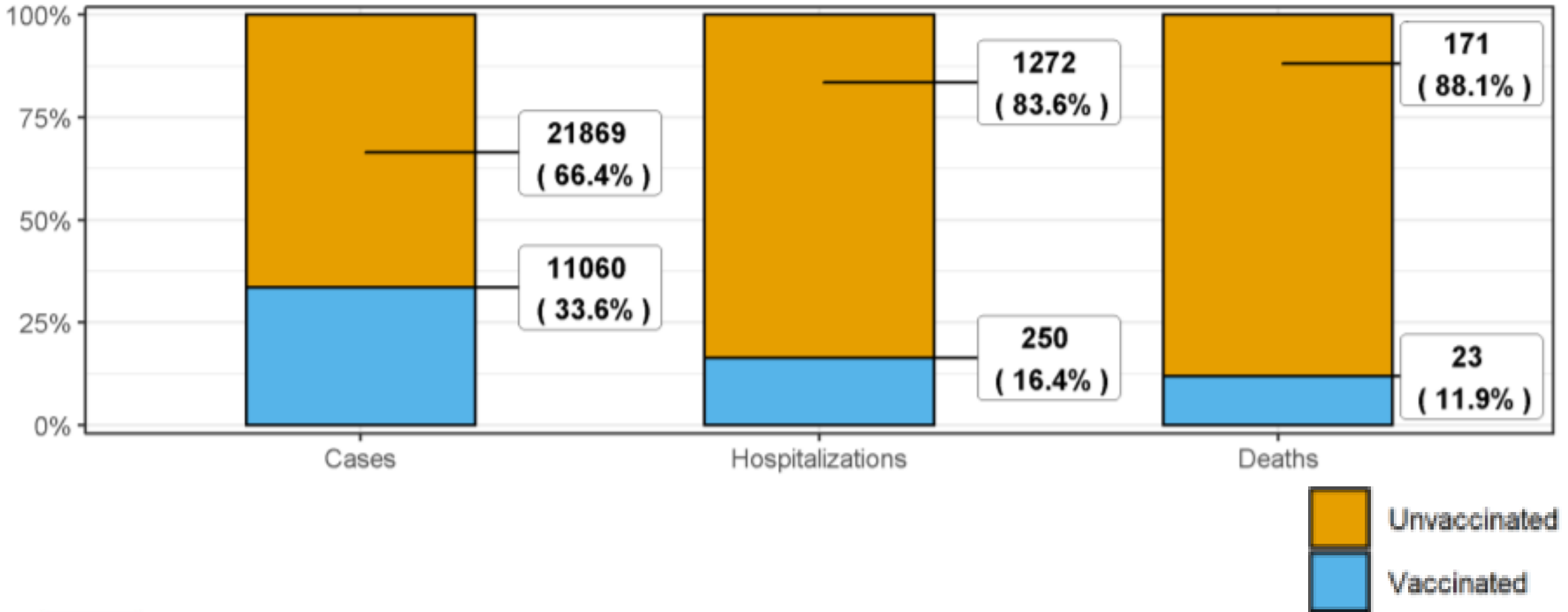
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Omicron Surge Hospitalization and Death Rates May be Lower than Previous Surges

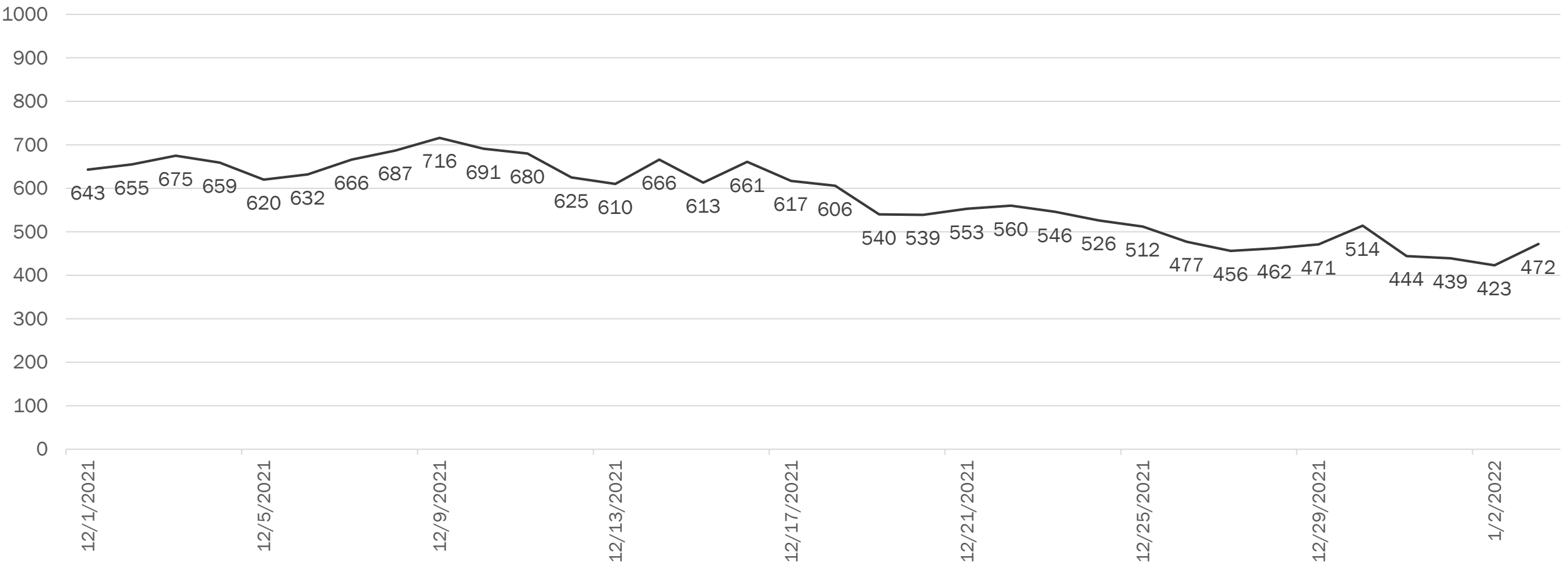


Percent of Cases, Hospitalizations, and Deaths by Vaccine Status: December 6, 2021– January 3, 2022

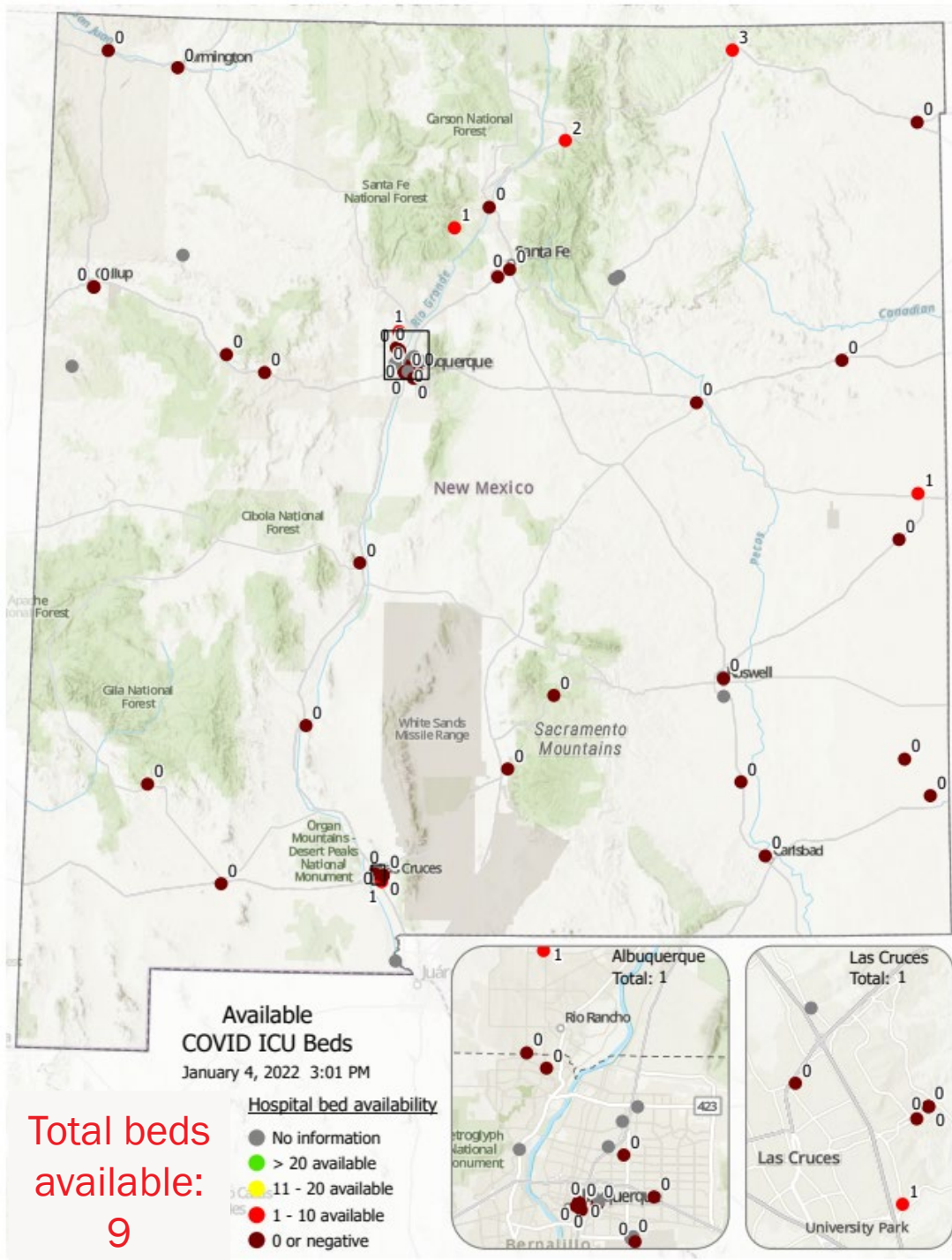


Capacity is Improving, but NM Hospitals are Still Stretched Thin by High Volumes of COVID-19 Patients

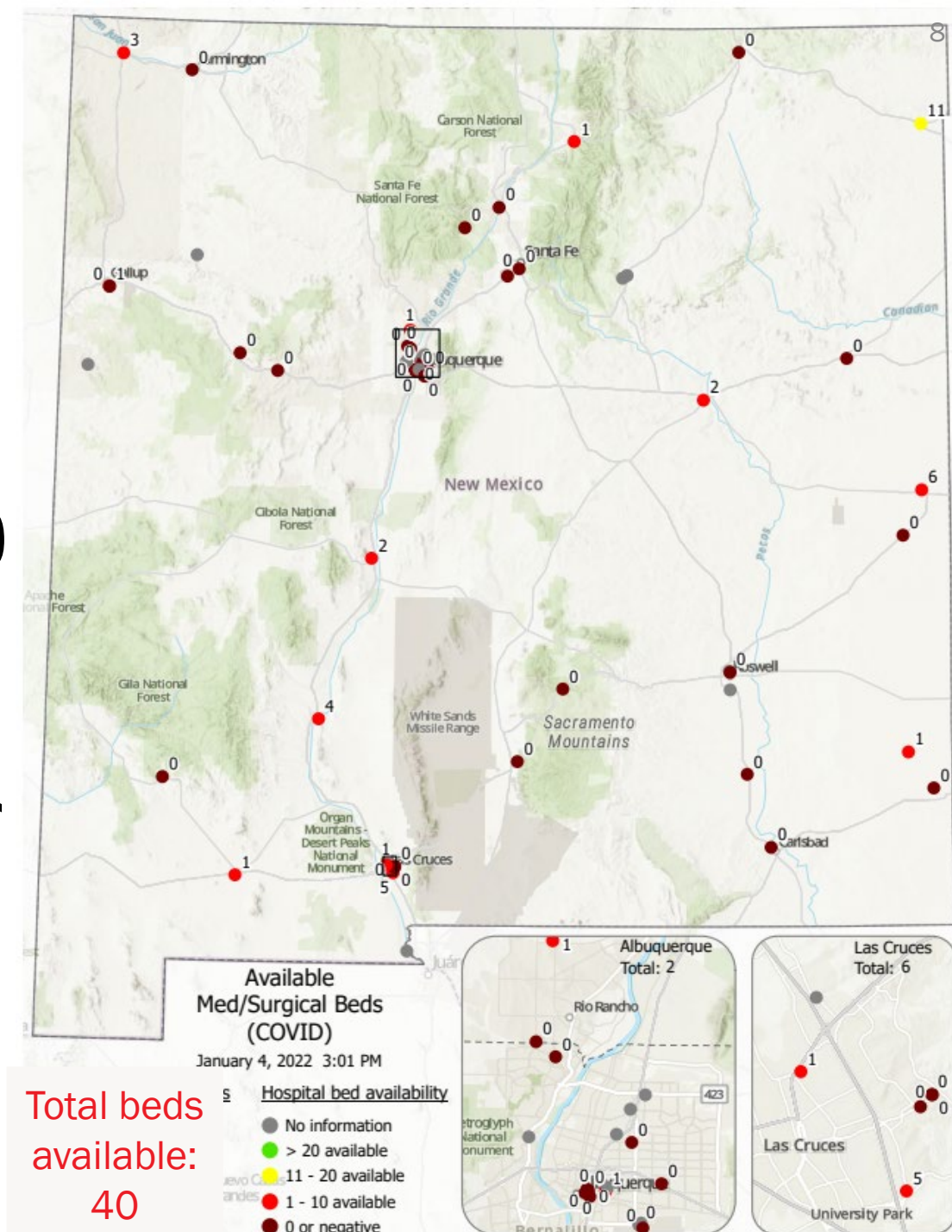
COVID Positive Patients In Hospital December 2021-January 2022



ICU Beds



Med/Surgical Beds

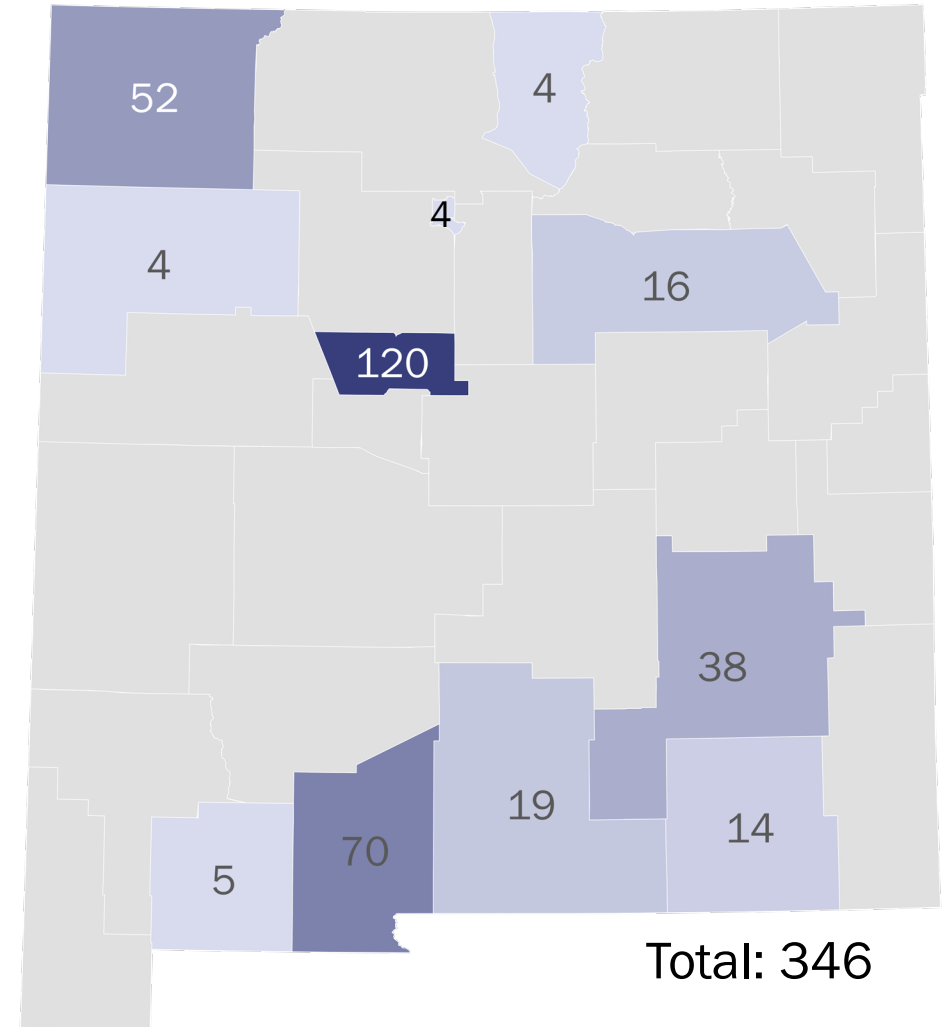


Staffing Assistance for New Mexico Hospitals

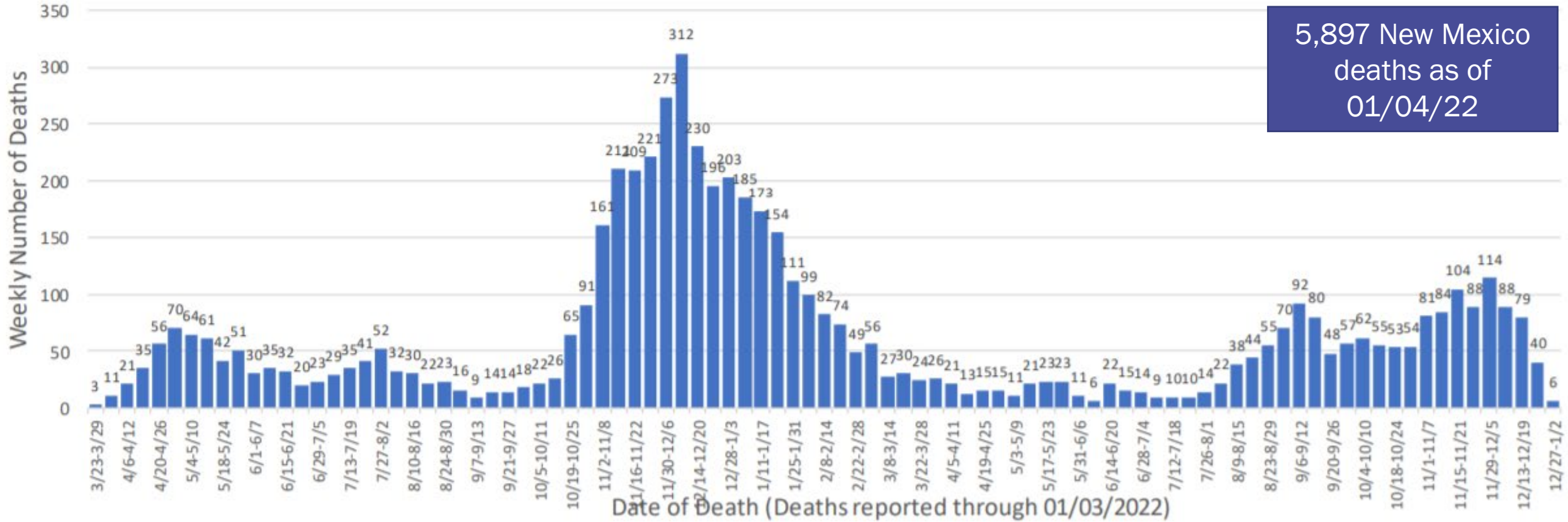
Facility	State	Federal
Lovelace Medical Center and Heart Hospital (ABQ)	65	
Mountain View Regional Medical Center (Las Cruces)	42	
Eastern NM Medical Center (Roswell)	38	
San Juan Regional Medical Center (Farmington)	28	24
Memorial Medical Center (Las Cruces)	28	
Presbyterian Hospital (ABQ)	27	
Gerald Champion Regional Medical Center (Alamogordo)	19	
Lovelace Westside Hospital (ABQ)	18	
Alta Vista Regional Hospital (Las Vegas)	16	
Carlsbad Medical Center (Carlsbad)	14	
Lovelace Women's Hospital (ABQ)	10	
Mimbres Memorial Hospital (Deming)	5	
Gallup Indian Medical Center (Gallup)	4	
Los Alamos Medical Center (Los Alamos)	4	
Holy Cross Medical Center (Taos)	4	
TOTAL	322	24

Staffing assistance is 100% reimbursable by FEMA

Staff Support Present or en Route to NM, 01/05/22



NM COVID-related Deaths Still at a High Rate



Mortality Report <https://cv.nmhealth.org/epidemiology-reports/>

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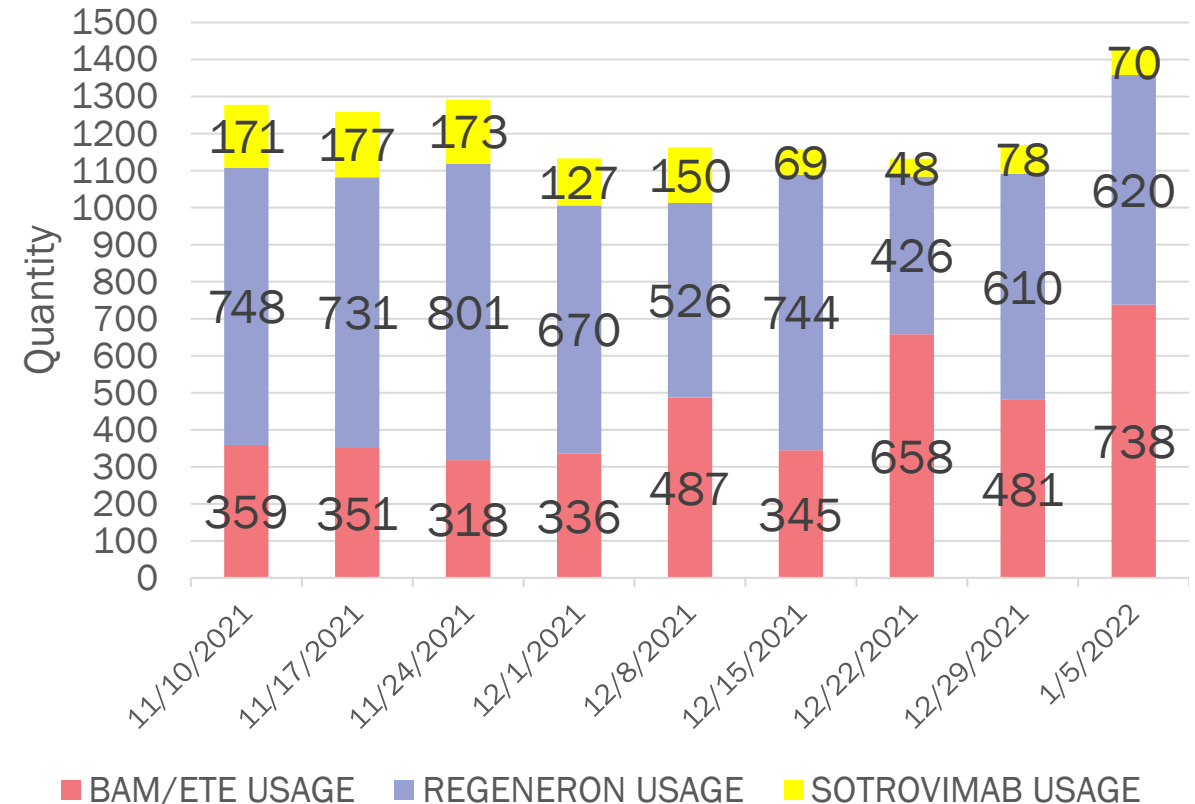
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1,428 mAbs Doses Given this Week

Below are the top outpatient mAbs providers from December 23, 2021 – January 5, 2022. “Thank you!” to these facilities and all other NM mAbs providers:

- Presbyterian Healthcare System – 317
- Eastern New Mexico Medical Center – 168
- Memorial Medical Center – 113
- Nor-Lea General Hospital – 80
- Gallup Indian Medical Center – 64
- Gerald Champion Regional Medical Center – 63

mAbs Usage by Week in New Mexico



Limited Supply of Treatments Now Available in NM

- Due to limited supply, prescribing will initially be restricted to patients who are at high risk of severe disease and hospitalization
- Access to oral treatments will be limited initially to counties without monoclonal antibody infusion sites and areas with limited access to monoclonal antibody infusions
- Visit Cv.nmhealth.org and click “COVID-19 Treatment” for more information

Medication	Reduction in Hospitalization & Death	Route	Treatment Duration	Weekly Statewide Supply
Paxlovid	88%	Oral	5 days	170 courses
Remdesivir	87%	Intravenous	3 days (three separate 1-2 hour infusions)	Currently not under allocation
Sotrovimab	85%	Intravenous	30 minutes	174 courses
Molnupiravir	30%	Oral	5 days	770 courses

We Have Additional Tools to Fight COVID-19



Vaccines and Boosters

- **Individuals ages 18+** can receive any COVID-19 vaccine and booster
 - ✓ Pfizer primary series + any brand* booster **5** months after primary
 - ✓ Moderna primary series + any brand* booster 6 months after primary series
 - ✓ J&J primary series + any brand* booster 2 months after primary dose
 - ✓ Mix and match primary and booster vaccine brands is ok
- **Individuals ages 16-17** can receive only Pfizer primary and booster vaccines
- **Individuals ages 5-11** can receive only Pfizer primary vaccine
- **Individuals ages 5 +** who are moderately or severely immunocompromised should get an additional shot after 28 days that matches the primary series
- **Individuals ages 16+** who are moderately or severely immunocompromised should also get a booster (Four Doses Total)
- **Individuals ages 12-15** can receive Pfizer booster dose at 5 months (likely approved today)

For a free vaccine appointment, visit:

- VaccineNM.org
- Vaccines.gov
- Your provider or local pharmacy



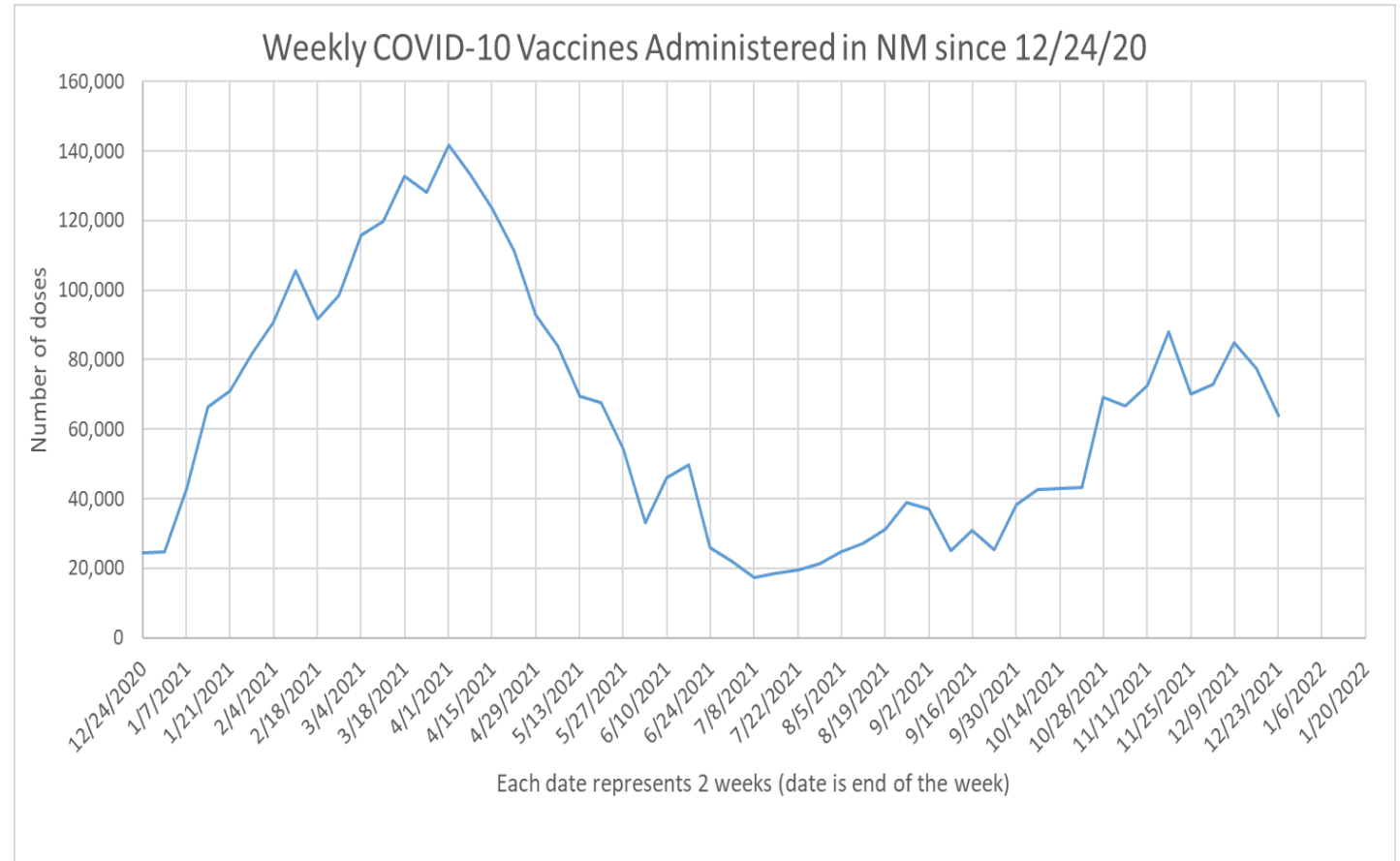
Safe, Free to you at no cost, Effective

* Per CDC, Pfizer and Moderna m-RNA COVID-19 Vaccines preferred in most situations

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New Mexico Vaccine Update

- **Primary series completed:**
 - 64.8% of ALL New Mexicans
 - **75.9% of New Mexicans 18+**
 - 57.3% of New Mexicans 12-17
 - 17.3% of New Mexicans 5-11
- **Partially vaccinated:**
 - 76.7% of ALL New Mexicans
 - **89.0% of New Mexicans 18+**
 - 57.3% of New Mexicans 12-17
 - 28.5% of New Mexicans 5-11
- **“Up to date” (received a booster dose when eligible):**
 - 579,878 New Mexicans 16+
 - <16 not eligible



Masks are Another Tool to Fight COVID-19



1. Wear a mask indoors, regardless of vaccination status
2. Use KN95 or N95 masks whenever possible
3. Make sure your mask fits snugly against your face
 - Choose a mask with a nose wire
 - Use a mask fitter or brace
4. Pick a mask with layers to keep your respiratory droplets in and others' out
 - Add layers of material, like one disposable mask underneath a cloth mask that has multiple layers of fabric
 - Make sure you can see and breathe easily

Masks are widely available for purchase at pharmacies, grocery stores, and online



Get Tested to Help Fight COVID-19



Testing (in a time of national shortage of tests)

Individuals should take a COVID-19 test if they have COVID-19 symptoms or have been exposed or potentially exposed to an individual with COVID-19

At-home tests:

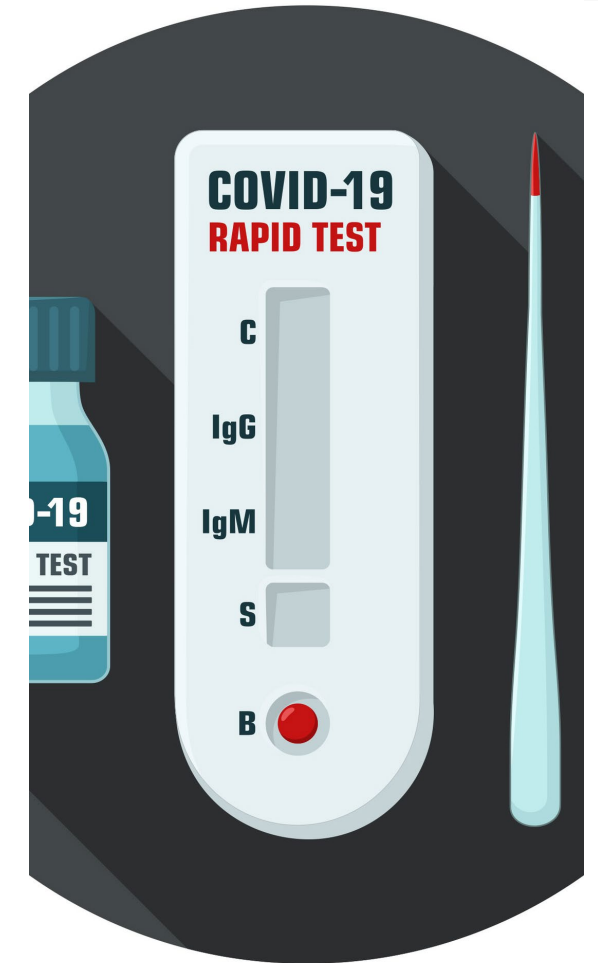
- Results in minutes - Great for testing before gathering indoors with others
- If home test is positive, NO FURTHER TESTING IS NEEDED. You have COVID-19.

PCR (laboratory) tests:

- Results in about 48 hours

For a COVID-19 test, visit:

- FindATestNM.org
- Curative.com (no cost to New Mexicans)
- <https://learn.vaulthealth.com/nm/> (no cost to New Mexicans)
- For purchase at our local pharmacy or online



WHAT TO DO WITH YOUR COVID-19 AT-HOME TEST RESULT



Positive test result

Stay home for 5 days

(for both vaccinated and unvaccinated)



Stay at home in a room away from others in your household.



You **DO NOT** need to get an additional PCR test



If you have no symptoms after **5 DAYS**, you can leave your house **BUT** wear a mask for 5 more days.

If you have a fever, continue to stay home until your fever is gone for 24 hours



To prevent the spread of COVID, tell anyone you have recently had close contact with and encourage them to get tested, monitor for symptoms, and reduce exposure to other people.

Negative test result

Have Symptoms

(for both vaccinated and unvaccinated)



- Cough
- Fever/Chills
- Shortness of breath
- Muscle or body aches
- Vomiting, diarrhea
- New loss of taste or smell

If possible, Get a PCR test OR Repeat at-home test in 1-2 days



Stay at home until you know your test result.



If you test positive, follow the guidelines for a positive test result.



If you test negative again, no other test is needed at this time.

If you can't get a test, assume you are positive and stay home

No Symptoms

(depends on vaccination status; see below)

No other test is needed at this time, except:

If you had close contact with someone with COVID-19:



If you are up to date on all vaccine that you are eligible for*:

- Wear a mask around others for 10 DAYS
- Test on Day 5 if possible



If you are unvaccinated, not fully vaccinated or without a booster (not up to date)

- **Stay at home for 5 DAYS**
- Then wear a mask around others for 5 MORE DAYS
- Test on Day 5 if possible



If you develop symptoms, stay home and go to "HAVE SYMPTOMS" column



If you have any questions, please visit [cv.nmhealth.org/selftest*](https://cv.nmhealth.org/selftest) or call the Coronavirus Hotline: 1-855-600-3453



COVID-19 Case Counts Remain too High, We Still Must Fight the Virus

- Get tested if you think you have COVID-19 or have been exposed to someone who is positive
- If you have a COVID-19 positive test, symptoms and risk factors, seek out treatment
- Be especially careful indoors no matter where you live in New Mexico
- Wash hands, clean surfaces, cough into tissue/elbow
- Everyone mask up and maintain social distancing (minimum 6')
- Get needed preventive healthcare
- Get vaccinated!

