

# COVID-19 Vaccines in Pregnancy and Breastfeeding

## **If you are pregnant, planning to get pregnant, or breastfeeding you should get a COVID-19 vaccine**

The COVID-19 vaccines are effective in preventing infection, especially severe infections, from COVID-19 when given during pregnancy or breastfeeding.

## **If you are pregnant you are at higher risk of severe COVID-19**

Pregnant people are at higher risk of becoming very sick, needing to go to the hospital, and even dying from COVID-19.

## **The COVID-19 vaccines are safe for you and your baby**

The COVID-19 vaccines have been carefully followed in more than 130,000 pregnant people and do not cause problems during pregnancy like miscarriage or any problems for babies. The vaccines prevent more pregnancy problems by preventing COVID-19 infections. The vaccines cannot change someone's genes, give someone COVID-19, or pass to the baby in the womb.

## **COVID-19 vaccines provide babies some protection from COVID-19**

Pregnant or breastfeeding people who get a COVID-19 vaccine pass antibodies in the womb and in breastmilk that give newborn babies some protection from COVID-19.

## **Pregnant and breastfeeding people can get any of the approved vaccines at any time**

Each of the approved vaccines provide protection and are safe during pregnancy. Vaccines can be given at any time during pregnancy.

## **Side effects with the COVID-19 vaccines are generally not severe**

Everyone who gets a COVID-19 vaccine, including pregnant and breastfeeding people, may have side effects which are usually mild like body aches, soreness at the vaccine site, chills, and tiredness. Talk to your healthcare provider if you have any concerning side effects.

