



**OFFICE OF THE GOVERNOR
AMERICAN SAMOA GOVERNMENT**

PROCLAMATION

“NATIONAL NUTRITION MONTH 2022”

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, poor food choices and lack of physical activity led to high incidence of NCDs; and

WHEREAS, NCDs are the leading causes of morbidity and mortality in American Samoa; and

WHEREAS, American Samoa ranks the highest in the world and in the Pacific in NCDs due to poor food choices and lack of physical activity; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices in American Samoa to maximize longevity and combat the NCD crisis.

NOW, THEREFORE, I, LEMANU P. S. MAUGA, Governor of the Territory of American Samoa, do hereby proclaim the month of March as NATIONAL NUTRITION MONTH® in American Samoa, and I encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF, I have hereunto affixed my signature and the Seal of my office on this 25th day of February, in the year of our Lord two thousand twenty-two.


LEMANU P. S. MAUGA
Governor