

# Did you wash?

Wet your hands with warm water and soap

Scrub your hands for at least 20 seconds  
*(about the time it takes to sing Happy Birthday)*

Be sure to clean between your fingers  
and under your nails

Rinse your hands with warm water

Dry your hands with a  
paper towel or air dryer

Use a paper towel to turn off the faucet



SOUTH DAKOTA  
DEPARTMENT OF HEALTH

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