

Alternative and complimentary therapies and dementia

This list is a reviewed collection of articles, books, web resources and videos prepared by the Alzheimer's Association Green-Field Library staff. To borrow items we own contact your local chapter or local library. Read more about borrowing [here](#).

On this resource list:

Alzheimer's Association Resources

General

Art, Music, and Dance

Botanicals, Herbal Supplements, and Extracts

Exercise

Pet and Doll

Reminiscence Therapy

Therapeutic Multi-Sensory Experiences

Alzheimer's Association Publications

Alternative treatments for Alzheimer's

Chicago, IL: Alzheimer's Association National Organization

http://www.alz.org/alzheimers_disease_alternative_treatments.asp

Memories in the Making

Memories in the Making is a program provided through the Alzheimer's Association of Northern California and Northern Nevada.

<http://www.alzheimersblog.org/tag/memories-in-the-making>

Memories in the Making (blog)

San Jose, CA: Alzheimer's Association of Northern California and Northern Nevada

<http://www.alzheimersblog.org/tag/art-and-alzheimers/?gclid=CLeBh8bX6LQCFQKRPAodzBQAxw>

Brain health

Chicago, IL: Alzheimer's Association National Organization

http://www.alz.org/brain-health/brain_health_overview.asp

General

Articles, Journal

Abraha I; Rimland JM; Trotta FM. Systematic review of systematic reviews of non-pharmacological interventions to treat behavioural disturbances in older patients with dementia. The SENATOR-OnTop Series. *BMJ Open*. Mar 2017; vol. 16(7), eo12759.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28302633>

Green-Field Library does not own.

Ashford JW; Mahoney L; Burkett T. A role for complementary and integrative medicine in Alzheimer's disease prevention. *Journal of Alzheimer's Disease*. 2015; vol. 48(1), pp. 13-14.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26401924>

Green-Field Library owns.

Consumer Reports. Anti-aging treatment claims: the promises vs. the science. Aug 2015; vol. 80(8), pp. 15-17.

Full-text: <http://www.courant.com/consumer/hc-ls-consumer-reports-anti-aging-20150814-story.html>

Green-Field Library does not own.

Gill SS; Seitz DP. Lifestyles and cognitive health: what older individuals can do to optimize cognitive outcomes. *JAMA (Journal of the American Medical Association)*. Aug 2015; vol. 314(8), pp. 774-775.

Abstract:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=Lifestyles+and+Cognitive+Health%3A+What+Older+Individuals+Can+Do+to+Optimize+Cognitive+Outcomes>.

Green-Field Library owns.

Kligler B; Teets R; Quick M. Complementary/integrative therapies that work: a review of the evidence. *American Family Physician*. Sep 2016; vol. 94(5), pp. 369-374.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27583423>

Green-Field Library does not own.

Laver K.; Dyer S.; Whitehead, C.; et al. Interventions to delay functional decline in people with dementia: a systematic review of systematic reviews. *BMJ Open*. Apr 2016; vol. 6(4), e010767.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27121704>

Green-Field Library does not own.

Shea TB; Remington R. Nutritional supplementation for Alzheimer's disease. *Current Opinion in Psychiatry*. Mar 2015; vol. 28(2), pp. 141-147.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25602242>

Green-Field Library does not own.

Swamingathan A; Jicha GA. Nutrition and prevention of Alzheimer's dementia. *Frontiers in Aging Neuroscience*. Oct 20, 2014; vol. 6, p. 682.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/25368575>

Green-Field Library does not own.

Wells RE; Baute V; Wahbeh H. Complementary and integrative medicine for neurological conditions: a review. *Medical Clinics of North America*. Sep 2017; vol. 101(5), pp. 881-893.

Full text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6006390>

Green-Field Library does not own.

Journals

Alternative and Complementary Therapies

New Rochelle, NY: Mary Ann Liebert, Inc.

Publisher's Web site: "provides the most authoritative, evidence-based, and practical information for integrating alternative therapies and approaches into private practice or hospital integrative medicine programs. The Journal offers the latest research and top thinking in Complementary and Alternative Medicine (CAM) as it relates to key areas such as the prevention and treatment of chronic illness, mind/body approaches to disease management, and clinical applications of CAM therapies."

<http://www.liebertpub.com/ACT>

Journal of Evidence-Based Integrative Medicine

Thousand Oaks, CA: Sage Journals

Publisher's Web site: "The *Journal of Evidence-Based Integrative Medicine (JEBIM)* is a peer-reviewed open access journal which focuses on hypothesis-driven and evidence-based research in all fields of integrative medicine. *Previously the Journal of Evidence-Based Complementary and Alternative Medicine (JEBCAM)*."

<http://journals.sagepub.com/home/chp>

Web Resources and Organizations

Alternative medicine: evaluate claims of treatment success.

Rochester, MN: Mayo Clinic.

<http://www.mayoclinic.com/health/alternative-medicine/SA00078>

Complementary and alternative medicine.

Bethesda, MD: National Library of Medicine.

<http://www.nlm.nih.gov/medlineplus/complementaryandalternativemedicine.html>

Botanicals, Herbal Supplements, and Extracts

Articles, Journal

Anastasi JK; Chang M; Capili B. Herbal supplements: talking with your patients. *Journal of Nurse Practitioners*. 2011; vil. 7(1), pp. 29-35. Summaries the evidence on 10 extracts, their side effects and drug interactions with recommendations for clinical practice. Registration is required.

Full text: <http://www.medscape.com/viewarticle/735530>.

Green-Field Library does not own.

Blumberg JB; Frei B; Fulgoni VL; et al. Vitamin and mineral intake is inadequate for most Americans: what should we advise patients about supplements? *Journal of Family Practice*. Sep 2016; vol. 65(9 suppl.), pp. S1–S8.

Download: <http://www.mdedge.com/jfponline/article/112559/vitamin-and-mineral-intake-inadequate-most-americans-what-should-we-advise/pdf>

Green-Field Library does not own.

Dey A; Bhattacharya R; Mukherjee A; et al. Natural products against Alzheimer's disease: pharmaco-therapeutics and biotechnological interventions. *Biotechnology Advances*. Mar - Apr 2017; vol. 35(2); 178-216.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28043897>

Green-Field Library does not own.

Dominguez LJ; Barbagallo M. Dietary approaches and supplements in the prevention of cognitive decline and Alzheimer's disease. *Current Pharmaceutical Designs*. 2016; vol. 22(6), pp. 688-700.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26635270>

Green-Field Library does not own.

Forbes SC; Holroyd-Leduc JM; Poulin MJ; et al. Effect of nutrients, dietary supplements and vitamins on cognition: a systematic review and meta-analysis of randomized controlled trials. *Canadian Geriatrics Journal*. Dec 23, 2015; vol. 18(4), pp. 231-245.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/26740832>

Green-Field Library does not own.

Gestuvo MK; Hung WW. Common dietary supplements for cognitive health. *Aging Health*. Feb 2012; vol. 8(1), pp. 89-97.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3311304>

Green-field Library does not own.

Klimova B; Kuca K. Alzheimer's disease and Chinese medicine as a useful alternative intervention tool: a min-review Alzheimer's disease and Chinese medicine. *Current Alzheimer Research*. Jan 16, 2017.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28124587>

Green-Field Library owns.

Guallar E; Stranges S; Mulrow S; et al. Enough is enough: stop wasting money on vitamins and mineral supplements. *Annals of Internal Medicine*. Dec 2013; vol. 159(12), pp. 850 – 851

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24490268>

Green-Field Library does not own.

Null G; Pennesi L; Feldman M. Nutrition and lifestyle intervention on mood and neurological disorders. *Journal of Evidence-Based Complementary & Alternative Medicine*. Jan 2017; vol. 22(1), pp. 68-74

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5871207>

Rautiainen S; Manson JE; Lichtenstein AH; et al. Dietary supplements and disease prevention – a global overview. *Nature Reviews: Endocrinology*. Jul 2016; 12(7); pp. 407-420.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27150288>

Green-Field Library does not own.

Singh SK; Srivastay S; Yakav AK; et al. Overview of Alzheimer's disease and some therapeutic approaches targeting A β by using several synthetic and herbal compounds. *Oxidative Medicine and Cellular Longevity*. 2016; 2016:7361613.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27034741>

Green-Field Library does not own.

Solfrizzi V; Panza F. Plant-based nutraceutical interventions against cognitive impairment and dementia: meta-analytic evidence of efficacy of a standardized Ginkgo biloba extract. *Journal of Alzheimer's Disease*. 2015; vol. 43(2), pp. 605-611.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25352453>

Green-Field Library owns.

Spense J; Chintapenta M; Hyanggi IK; et al. A brief review of three common supplements used in Alzheimer's disease. *The Consultant Pharmacist*. Jul 2017; vol. 32(7), pp. 412-414.

"Prevagen, Cerefolin NAC, and the omega-3 polyunsaturated fatty acid DHA are highlighted"

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28701253>

Green-Field does not own.

Spiteri Staines S. Herbal medicines: adverse effects and drug-herb interactions. *Journal of the Malta College of Pharmacy Practice*. Sum 2011; (17), pp. 38-42.

Full text: <http://www.mcppnet.org/publications/issue17-8.pdf>.

Green-Field does not own.

Wollen KA. Alzheimer's disease: the pros and cons of pharmaceutical, nutritional, botanical, and stimulatory therapies, with a discussion of treatment strategies from the perspective of patients and practitioners. *Alternative Medicine Review: A Journal of Clinical Therapeutic*. Sep 2010; vol. 13(3), pp. 223-244.

Full text: <http://www.altmedrev.com/publications/15/3/223.pdf>.

Green-Field Library does not own.

Brochure

Alzheimer's disease: dispelling the myths

Toronto, CA: Alzheimer Society

Myth # 7 summarizes findings on botanicals.

http://alzheimer.ca/sites/default/files/files/national/core-lit-brochures/dispelling_myths_e.pdf

Journal

Medical Herbalism Journal: A Journal for the Clinical Practitioner

Boulder, CO; North American Institute of Medical Herbalism

<http://medherb.com/MHHOME.SHTML>

Book

Hendler SS; Rorvik D. *PDR for nutritional supplements* (2nd ed.)

Montvale, NJ: Thomson Healthcare, 2008. ISBN: 9781563637100

Green-Field Library Call No.: QV 55 P348 2008

Web Resources

5 myths about Alzheimer's disease

New York, NY: WebMD

Myth #4 summarizes treatments that stop the disease.

<https://www.webmd.com/alzheimers/features/5-alzheimers-disease-myths#2>

About herbs, botanicals & other products – Alzheimer's

Memorial Sloan Kettering Cancer Center

New York, NY

<https://www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/integrative-medicine/herbs/search?keys=Alzheimer%27s&letter=>

American Botanical Council

Austin, TX

A nonprofit organization founded in 1988 to provide education using science and traditional information for the responsible use of herbal medicine. The public, researchers, educators, health care professionals and anyone interested may access the herbal library of information free of charge and the herbal database, HerbMedPro, for a nominal fee.

<http://abc.herbalgram.org>.

Dispelling three popular myths about Alzheimer's

Michelle Braun; Psychology Today

Myth #2 describes the research behind significantly lowering your risk of Alzheimer's with supplements.

<https://www.psychologytoday.com/us/blog/high-octane-brain/201712/dispelling-three-popular-myths-about-alzheimers>

Herbal supplements: what to know before you buy

Rochester, MN: Mayo Clinic

<https://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/in-depth/herbal-supplements/art-20046714>

Herbs at a glance

Bethesda MD: National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov/health/herbsataglance.htm>.

International bibliographic information on dietary supplements (IBIDS) database.

Bethesda, MD: National Institutes of Health.

The International Bibliographic Information on Dietary Supplements (IBIDS) database provides access to bibliographic citations and abstracts from published, international, and scientific literature on dietary supplements.

http://ods.od.nih.gov/Health_Information/IBIDS.aspx.

National Center for Complementary and Alternative Medicine.

Bethesda, MD: National Institutes of Health.

The National Center for Complementary and Alternative Medicine (NCCAM) is the Federal Government's lead agency for scientific research on complementary and alternative medicine (CAM). Accessed January 14, 2013

<http://nccam.nih.gov>

Natural Standards Database Consumer Version.

Somerville, MA: Natural Standard Condition Center

Natural Standards Database is an international research collaboration that compiles and synthesizes data on complementary and alternative therapies. Search the databases for conditions (including Alzheimer's disease).

<http://naturaldatabase.therapeuticresearch.com/ce/ceCourse.aspx?s=ND&cs=&pc=17-102&cec=1&pm=5>

Should you take dietary supplements?

Bethesda, MD: NIH News in Health

<https://newsinhealth.nih.gov/2013/08/should-you-take-dietary-supplements>

Unsafe herbs when taken with medical conditions

New York, NY: WebMD

<https://www.webmd.com/vitamins-and-supplements/ss/slideshow-herbs-supplements-avoid>

Art, Music, and Theater

Articles, Journal

Burns NC; Watts A; Perales, J; et al. The impact of creative arts in Alzheimer's disease and dementia public health education. *Journal of Alzheimer's Disease*. 2018; vol. 63(2), pp. 457- 463.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29578491>

Green-Field Library owns.

Chancellor B; Duncan A; Chatterjee A. Art therapy for Alzheimer's disease and other dementias. *Journal of Alzheimer's Disease*. 2014; vol. 39(1), pp. 1-11.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24121964>

Green-Field Library owns.

Chatterton W; Baker F; Morgan K. The singer or the singing: who sings individually to persons with dementia and what are the effects? *American Journal of Alzheimer's Disease and Other Dementias*. Dec 2010; vol. 25(8), pp. 641-649.

Abstract: <http://aja.sagepub.com/content/25/8/641.abstract>

Green-Field Library owns.

Cheong CY; Tan JA; Foong YL; et al. Creative music therapy in an acute care setting for older patients with delirium and dementia. *Dementia and Geriatric Cognitive Disorders Extra*. Jun 2016; vol. 6(2), pp. 268-275.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27489560>

Green-Field Library owns.

Cheung DS; Lai CK; Wong FK; et al. The effects of the music-with-movement intervention on the cognitive functions of people with moderate dementia: a randomized controlled trial. *Ageing & Mental Health*. Nov 2016; vol. 7, pp. 1-10.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27819483>

Green-Field Library does not own.

Cohen-Mansfield J; Marx MS; Freedman LS; et al. What affects pleasure in persons with advanced stage dementia? *Journal of Psychiatric Research*. Mar 2012; vol. 46(3), pp. 402-406.

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3288263>

Green-Field Library does not own.

Elliott M; Gardner P. The role of music in the lives of older adults with dementia ageing in place. A scoping review. *Dementia*. Feb 2018; vol. 17(2), pp. 199–213.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26993049>

Green-Field Library owns.

Fang R.; Ye S; Huangful J; et al. Music therapy is a potential intervention for cognition of Alzheimer's disease: a mini-review. *Translational Neurodegeneration*. Jan 25, 2017; vol. 6(2), pp. 1-8.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28149509>

Green-Field Library does not own.

Galinska E. Music therapy in neurological rehabilitation settings. *Psychiatria Polska*. 2015; vol. 49(4), pp. 835-846.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/26488358>

Green-Field Library does not own.

Gretton C; Ffytche DH. Art and the brain: a view from dementia. *International Journal of Geriatric Psychiatry*. Feb 2014; vol. 29(2), pp. 111-126.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23925829>

Green-Field Library owns.

Gomez-Romero M; Jimenez-Palormares M; Rodriguiz-Mansilla J; et al. Benefits of music therapy on behavior disorder in subjects with dementia: a systematic review. *Neurologia*. May 2017; vol. 32(4), pp. 253-263.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/25553932>

Green-Field Library does not own.

Ing-Randolph AR; Phillips LR; Williams AB. Group music interventions for dementia-associated anxiety: a systematic review. *International Journal of Nursing Studies*. Nov 2015; vol. 52(11), pp. 1775-1784.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26228591>

Green-Field Library owns.

Karkou V; Meekums B. Dance movement therapy for dementia. *The Cochrane Database of Systematic Reviews*. Feb 3, 2017; vol. 2, CD011022.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28155990>

Green-Field Library does not own.

McGreevy, J. Arts-based and creative approaches to dementia care. *Nursing Older People*. Feb 2016; vol. 28(10), pp. 20-23.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26938607>

Green-Field Library does not own.

Moreira SV, Justi FRDR, Moreira M. Can musical intervention improve in Alzheimer's patients? Evidence from a systematic review. *Dementia & Neuropsychologia*. Apr-Jun 2018; vol. 12(2), 133-142

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/29988347>

Green-Field Library does not own.

Sarkamo T. Music for the aging brain. *Dementia*. Aug 2018; vol. 17(6), pp. 670-685.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28895426>
Green-Field Library owns.

Zhang Y; Cai J; An L; et al. Does music therapy enhance behavioral and cognitive function in elderly dementia patients? A systematic review and meta-analysis. *Ageing Research Reviews*. May 2017; vol. 35, 1-11.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28025173>
Green-Field Library does not own.

Video

Alive inside: a story of music and memory

Pojector Media, Shelly & Donald Rubin Foundation; Impact Partner; City Drive Films.
1 DVD (78 min)

Summary from disc: A joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest parts of our humanity. Filmmaker Michael Rossato-Bennett chronicles the astonishing experiences of individuals around the country who have been revitalized through the simple experience of listening to music.

Green-Field Library Call No.: WM 450 DVD no.202 2014.

Web Resources

Art and music therapy for Alzheimer's disease

Medscape; WebMD: Atlanta, GA

<http://www.webmd.com/alzheimers/alzheimers-therapies-music-art-more>.

Drama therapy can coax Alzheimer patients back to reality, briefly

Garrett, K

Manhattan KS: Kansas State University

K-State Perspectives; Fall/Win 2006.

<http://www.k-state.edu/media/webzine/aging/dramatherapy.html>

Evidence-based guideline. Individualized music for elders with dementia, 5th ed.

Gerdner, LA; Schoenfelder, DP.

http://sgec.stanford.edu/content/dam/sm/sgec/documents/education/Evidence-Based%20Guidelines_Linda%20Gerdner.pdf

I'm Still Here Foundation

Boston, MA

A nonprofit organization aimed at enhancing the creative and cultural life of people with dementia, to help them express themselves and lessen the stigma.

<http://www.imstillhere.org/artz/artz-programs>

Exercise

Articles, Journal

Cass SP. Alzheimer's disease and exercise: a literature review. *Current Sports Medicine Reports*. Jan-Feb 2017; vol. 16(1), pp. 19-22.

Full-text: [http://journals.lww.com/acsm-](http://journals.lww.com/acsm-csmr/pages/articleviewer.aspx?year=2017&issue=01000&article=00009&type=abstract)

[csmr/pages/articleviewer.aspx?year=2017&issue=01000&article=00009&type=abstract](http://journals.lww.com/acsm-csmr/pages/articleviewer.aspx?year=2017&issue=01000&article=00009&type=abstract)

Green-Field Library does not own.

Fleiner T; Dauth H; Gersie M; et al. Structured physical exercise improves neuropsychiatric symptoms in acute dementia care: a hospital-based RCT. *Alzheimer's Research & Therapy*. Aug 29, 2017; vol. 9(1), pp. 68.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28851451>

Green-Field Library does not own.

Henskens M; Nauta M; van Eekeren MCA; et al. Effects of physical activity in nursing home residents with dementia: a randomized controlled trial. *Dementia and Geriatric Cognitive Disorders*. 2018; vol. 46(1-2), pp. 60-80.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/30145595>

Green-Field Library owns.

Lamotte G; Shah RC; Lazarov O; et al. Exercise training for persons with Alzheimer's disease and caregivers: a review of dyadic exercise interventions. *Journal of Motor Behavior*. Nov 21, 2016, pp 1-13.

Abstract:

<http://www.tandfonline.com/doi/abs/10.1080/00222895.2016.1241739?journalCode=vjmb20>

Green-Field Library does not own.

Lewis M; Peiris CL; Shields N. Long-term home and community-based exercise programs improve function in community-dwelling older people with cognitive impairment: a systematic review. *Journal of Physiology*. Jan 2017; vol. 63(1), pp. 23-29.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27993488>

Green-Field Library does not own.

Olanrewaju O; Kelly S; Cowan A; et al. Physical activity in community dwelling older people: a systematic review of reviews of interventions and context. *PLoS One*; Dec 20, 2016; vol. 11(12) e0168614.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27997604>

Green-Field Library does not own.

Maliszewska-Chna E; Lynch M; Oore JJ; et al. The benefits of exercise and metabolic interventions for the prevention and early treatment of Alzheimer's disease. *Current Alzheimer Research*. 2017; vol. 14(1), pp. 47-60.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27539597>

Green-Field Library owns.

Mathersul DC; Rosenbaum S. The roles of exercise and yoga in ameliorating depression as a risk factor for cognitive decline. *Evidence Based Complementary and Alternative Medicine (eCam)*. 2016; 2016:4612953.

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5156813>

Green-Field Library does not own.

Scherder EJ; Bogen T; Eggermont LH; et al. The more physical inactivity, the more agitation in dementia. *International Psychogeriatrics*. Dec 2010; vol. 22(8), pp. 1203-1208.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20813077>

Green-Field Library owns.

Stephen R; Hongisto K; Solomon A; et al. Physical activity and Alzheimer's disease: a systematic review. *Journals of Gerontology. Series A Biological Sciences and Medical Sciences*. Jan 3, 2017.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28049634>

Green-Field Library owns.

Veronese N; Solmi M; Basso C; et al. Role of physical activity in ameliorating neuropsychiatric symptoms in Alzheimer's disease: a narrative review. *International Journal of Geriatric Psychiatry*. Aug 29, 2018

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30156330>

Green-Field Library owns.

Yerokhin V; Anderson-Hanley C.; Hogan MJ. Neuropsychological and neurophysiological effects of strengthening exercise for early dementia: a pilot study. *Neuropsychology, Development, and Cognition. Section B, Aging, Neuropsychology and Cognition*. 2012; vol. 19(3), pp. 380-201.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=22136405>

Green-Field Library does not own.

Yu R; Swartwood RM. Feasibility and perception of the impact from aerobic exercise in older adults with Alzheimer's disease. *American Journal of Alzheimer's Disease and Other Dementias*. Sep 2012; vol. 27(6), pp. 397-405.

Abstract. <http://www.ncbi.nlm.nih.gov/pubmed/22871905>

Green-Field Library owns.

Web Resources

Exercise and dementia: what does the latest research tell us?

Hamilton, ON: McMaster Optimal Aging Portal, McMaster University

<https://www.mcmasteroptimalaging.org/blog/detail/blog/2016/01/14/exercise-and-dementia-what-does-the-latest-research-tell-us>

Exercise and physical activity: factsheet

London, UK: Alzheimer's Society

<https://www.alzheimers.org.uk/get-support/daily-living/exercise>

Pet & Doll Therapies

Articles, Journal

Alander H; Prescott T; James IA. Older adults' views and experiences of doll therapy in residential care homes. *Dementia*. Sep 2015; vol. 14(5), pp. 574-588.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24339116>

Green-Field Library owns.

Bernabie V; De Ronchi D; LaFerla T; et al. Animal assisted interventions for elderly patients affected by dementia or psychiatric disorders: a review. *Journal of Psychiatric Research*. Jun 2013; vol. 47(6), pp. 762-773.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23369337>

Green-Field Library does not own.

Braden BA; Gaspar PM. Implementation of a baby doll therapy protocol for people with dementia: Innovative practice. *Dementia*. Sep 2015; vol. 47(6), pp. 696-706.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25432935>

Green-Field Library owns.

Cantarella A; Borella E; Faggian S; et al. Using dolls for therapeutic purposes: a study on nursing home residents with severe dementia. *International Journal of Geriatric Psychiatry*. Jul 2018; vol. 33(7), PP. 915-925.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29671901>

Green-Field Library owns.

Charry-Sanchez JD; Pradilla I; Talero-Gutierrez. C. Animal-assisted therapy in adults: a systematic review. *Complementary Therapies in Clinical Practice*. Aug 2018; vol. 32, pp. 169-180.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30057046>

Green-Field Library does not own.

Cohen-Mansfield J; Marx MS; Thein K; et al.

The impact of past and present preferences on stimulus engagement in nursing home residents with dementia. *Aging & Mental Health*. 2010 Jan; vol.14 (1), pp. 67-73.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3131104>.

Updates previous research by demonstrating that residents with current interests in pets may be a predictor of greater responsiveness to pet stimuli.

Green-Field Library owns.

Marx MS. The Impact of different dog-related stimuli on engagement of persons with dementia. *American Journal of Alzheimer's Disease and Other Dementias*. Feb 2010; vol. 25(1), pp. 37-45.

Full test: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3142779>.

Green-Field Library owns.

Menna FL; Santaniello A; Gerardi F; et al. Evaluation of the efficacy of animal-assisted therapy based on the reality orientation therapy protocol in Alzheimer's disease patients: a pilot study. *Psychogeriatrics*. Jul 2016; vol. 16(4), pp., 240-246.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26370064>

Green-Field Library does not own.

Mitchell G; McCormack B; McCance T. Therapeutic use of dolls for people living with dementia: a critical review of the literature. *Dementia*. Sep 2016; vol. 15(5), pp. 976-1001.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25160532>

Green-Field Library owns.

Ng QX; Ho CY; Koh SS; et al. Doll therapy for dementia sufferers: a systematic review. *Complementary Therapies in Clinical Practice*. Feb 2017; vol. 26, pp. 42-46.

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Shin JH. Doll therapy: an intervention for nursing home residents with dementia. *Journal of Psychosocial Nursing and Mental Health Services*. Jan 2015; vol. 53(1), pp. 13-18.

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Yakimicki ML; Edwards NE; Richards E; et al. Animal-assisted intervention and dementia: a systematic review. *Clinical Nursing Research*. Feb 1, 2018.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29441797>

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Blog

How caregivers can use pet therapy to care for their loved one

<http://blog.alz.org/tag/animal-assisted-therapy>

More than child's play: the ethics of doll therapy in dementia.

Gordon, M

<http://www.managedhealthcareconnect.com/blog/michael-gordon-doll-therapy-dementia>

Book

Mitchell G; Knocker S. *Doll therapy in dementia care: evidence and practice.*

London, UK: Jessica Kingsley Publishers, 2016.

Green-Field Library does not own.

Organizations

Pet Partners

Bellevue, WA

Formerly the Delta Society, Pet Partners is a non-profit organization offering animal-assisted therapy programs to screen and train volunteers for work in the community.

<http://www.petpartners.org>

Therapy Dogs International

Flanders, NJ

A volunteer organization that helps regulate, test, and register therapy dogs and their handlers for the purpose of offering assistance to patients and residents in hospitals, nursing homes and other institutions.

<http://www.tdi-dog.org/Default.aspx>

Reminiscence Therapy

Articles, Journal

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Hewitt A; Day S. Life stories support staff and relatives to see, hear and understand people with demetia living in a nursing home as a whole person. *Australian Occupational Therapy Journal*. Feb 2018; vol. 65(1), pp. 75-76.

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Hsiu-Ching L; Yang YP; Wen-Yun C; et al. Distinctive effects between cognitive stimulation and reminiscence therapy on cognitive function and quality of life for different types of behavioural problems in dementia. *Scandinavian Journal of Caring Sciences*. Jun 2018; vol. 32(2), pp. 594-602.

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Schweitzer, P. Remembering yesterday, caring today. *Journal of Dementia Care*. May-Jun 2018; vol. 26(3), pp. 24-27.

Abstract:

Green-Field Library owns.

Books

Remembering yesterday, caring today: reminiscence in dementia care: a guide to good practice. University of Bradford Dementia Good Practices guides, 2008

London, UK: Jessica Kingsley, 2008

Green-Field Library does not own.

Reminisce through the decades. The 1940s: our stories, real history

Lone Tree, CO: Memor Lane, 2007

3 DVD (360 min.)

Green-Field Library Call No.: WM 450 DVD no.2007

Blog

A guide to reminiscence therapy activities for dementia patients

Careshop

<https://www.careshop.co.uk/blog/a-guide-to-reminiscence-therapy-activities-for-dementia-patients-n22>

Kits

Active minds activity products for dementia

London, UK: Active Minds

<https://www.active-minds.org/us/reminiscence>; products also available through Amazon

Green-Field Library does not own

Conversation cards for adults, familiar words – reminiscence activity for Alzheimer’s / dementia / memory loss patients and caregivers

Richfield, OH: Shadow Box Press, 2014

<https://www.shadowboxpress.com/collections/conversation-cards>

Green-Field Library does not own

Conversation cards for adults, nostalgic items - reminiscence activity for Alzheimer’s / dementia / memory loss patients and caregivers

Richfield, OH: Shadow Box Press, 2014

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Green-Field Library does not own

Web Resource

Reminiscence and Alzheimer’s disease: talking about one’s past has many benefits

Best Alzheimer’s Products

<https://best-alzheimers-products.com/alternative-therapy-for-alzheimers/reminiscence-and-alzheimers-disease>

Therapeutic Multi-Sensory Experiences

Articles, Journal

Abraha I; Rimland JM; Lozano-Montoya I; et al. Simulated presence therapy for dementia. *The Cochrane Database Systematic Review*. Apr 18, 2017; 4:CD011882.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28418586>

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Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28302633>

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Bauer M; Rayner JA; Tang J; et al. An evaluation of Snoezelen compared to common best practice for allaying the symptoms of wandering and restlessness among residents with dementia in aged care facilities. *Geriatric Nursing*. Nov-Dec 2015; vol. 36(6), pp. 462-466.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26294096>

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Collier L; Jakob A. The Multisensory Environment (MSE) in dementia care. *HERD*. Jan 1, 2016; 1:1937586716683508.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28008763>

Green-Field Library does not own.

Dimitriou TD; Tsolaki M. Evaluation of the efficacy of randomized controlled trials of sensory stimulation interventions for sleeping disturbances in patients with dementia: a systematic review. *Clinical Interventions in Aging*. Mar 17, 2017; vol. 12, pp. 543-548.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28360513>

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Forrester LT; Maayan N; Orrell M; et al. Aromatherapy for dementia. *The Cochrane Database of Systematic Reviews*. Feb 25, 2014; vol. 25(2), CD003150.

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Livingston G; Kelly L; Lewis-Holmes E; et al. A systematic review of the clinical effectiveness and cost-effectiveness of sensory, psychological and behavioural interventions for managing agitation in older adults with dementia. *Health Technology Assessment*. Jun 2014; vol. 18(39), pp. 1-226.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/24947468>

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Lopez JJ; Bolivar JC; Perez MS. COMMUNI-CARE: Assessment tool for reactions and behaviours of patients with dementia in a multisensory stimulation environment. *Dementia*. Jul 2016; vol. 15(4), pp. 526-538.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24691272>

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Maseda A; Sanchez A; Marante MP; et al. Multisensory stimulation on mood, behavior, and biomedical parameters in people with dementia: is it more effective than conventional one-to-one stimulation? *American Journal of Alzheimer's Disease and Other Dementias*. Nov 2014; vol. 29(7); pp. 637-647.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/24792708>

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Moyle W; Johnston AN; O'Dwyer ST. Exploring the effect of foot massage on agitated behaviors in older people. *Australasian Journal on Ageing*. Sep 2011; vol. 30(3), pp. 159-161.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21923711>

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Press-Sandler O; Freud T; Volkov I; et al. Aromatherapy for the treatment of patients with behavioral and psychological symptoms of dementia: A descriptive analysis of RCTs. *Journal of Alternative and Complementary Medicine*. Jun 2016; vol. 22(6), 422-428.

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Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28400839>

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Turten Kaymaz T; Ozdemir L.

Effects of aromatherapy on agitation and related caregiver burden in patients with moderate to severe dementia: A pilot study. *Geriatric Nursing*. Nov 29, 2016; pii S0197-4572(16)30235-X.

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Yang YP; Wang CJ; Wang JJ. Effects of aromatherapy massage on agitation and depressive mood in individuals with dementia. *Journal of Gerontological Nursing*. Sep 1, 2016; vol. 42(9), 38-46.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27319407>

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Book

Barbara Larsen. *Movement with meaning: A multi-sensory program for individuals with early-stage Alzheimer's disease*.

Baltimore, MD: Health Professions Press

Green-Field Library Call No.: WM 450 L37 2006

Video

Learning to speak Alzheimer's: an introduction to the habilitation approach to care

1 DVD (32 min.)

Touches on the physical, psycho-social, and sensory world of the person with Alzheimer's.

<http://terranova.org/film-catalog/learning-to-speak-alzheimers-an-introduction-to-the-habilitation-approach-to-care>

Web Resources

Compassionate touch training program

Colleyville, TX: Ageucate Training Institute

http://ageucate.com/index.php?main_page=compassionate_touch

DIY guide to creating a sensory room

Australian Journal of Dementia Care. Oct 4, 2015

<http://journalofdementiacare.com/how-to-create-a-sensory-room>

How to make a sensory room for people living with dementia: a guide book

Jakob A; Collier L

http://fada.kingston.ac.uk/de/MSE_design_in_dementia_care/doc/How%20to%20make%20a%20Sensory%20Room%20for%20people%20with%20dementia.pdf

Using sensory stories with individuals with dementia.

Leighton R; Oddy C; Grace J. *Journal of Dementia Care*. Jul-Aug 2016; vol. 24(4), pp. 17 – 20.

<http://journalofdementiacare.com/wp-content/uploads/2016/12/Sensory-stories-PDF-Dec-Jan-2016-17.pdf>

Alternative and Complementary Therapies and Dementia

A selected list of references compiled by

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