

## Activities and dementia

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This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff primarily for healthcare professionals. Contact your local chapter or local library for availability of the items. See also See also: [Popular Searches – Activities](#) in the Resource Lists on the [Virtual Library](#).

### Activities, General

#### Articles

Caro F.G.; Caspi E.; Burr J.A.; et al. Global activity motivation and activities of older people. *Activities, Adaptation & Aging*. August 2009; vol. 33 (3), pp.191-208.

Abstract: <http://www.tandfonline.com/doi/abs/10.1080/01924780903148151#.Uq9ifvRDs1I>

Green-Field Library owns.

Nyman SR, Szymczynska P. Meaningful activities for improving the wellbeing of people with dementia: beyond mere pleasure to meeting psychological needs. *Perspectives in Public Health*. 2016 Mar; vol. 136(2), 99-107.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26933079>

Green-Field Library does not own.

Phinney, A.; Moody, E.M. Leisure connections: benefits and challenges of participating in a social recreation group for people with early dementia. *Activities, Adaptation & Aging*. April 2011; vol. 35 (2), pp. 111-130.

Abstract: <http://www.tandfonline.com/doi/abs/10.1080/01924788.2011.572272#.UrStWvRDs1I>

Green-Field Library owns.

#### Books

Norris, K; Brush, J. *Creative connections in dementia care: engaging activities to enhance communication*.

Health Professions Press, 2015

Green-Field Library Call No.: WM 450 N8565 2015

Simard, J. *End-of-life Namaste Care program for people with dementia.*

Baltimore, MD: Health Professions Press, 2013

Green-Field Library Call No.: WY 152 S588 2013

Troxel, D.; Bell., V. *Best friend's book of Alzheimer activities. Vols. 1 & 2 (2004, 2008)*

Baltimore, MD: Health Professions Press

Green-Field Library Call No.: WM 450 B435 2004 (vol.1)

Green-Field Library does not own. Call No.: WM 450 B435b 2008 (vol. 2)

## Journals

Activities Adaptation & Aging. Published quarterly by Taylor & Francis.

London, UK

<http://www.tandf.co.uk/journals/WAAA>

Activities Directors' Quarterly: for Alzheimer's and other Dementia Patients. Published quarterly by Weston Medical Publishing.

[www.alzheimersjournal.com](http://www.alzheimersjournal.com)

Creative Forecasting. Published monthly by Creative Forecasting.

<http://www.creativeforecasting.net>

## Web Sites

*National Association of Activity Professionals*

NAAP is the only national group that represents activity professionals exclusively in geriatric settings. NAAP is nationwide in scope.

<http://naap.info>

### *The National Coalition of Creative Arts Therapies Associations*

The National Coalition of Creative Arts Therapies Associations (NCCATA), founded in 1979, is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. The creative arts therapies include art therapy, dance/movement therapy, drama therapy, music therapy, poetry therapy, and psychodrama.

<http://www.nccata.org>

### *Therapeutic Recreation*

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors, and other disciplines. There are links to chat rooms, bulletin boards, workshops, and other information for those providing activity programs of all kinds.

<http://www.recreationtherapy.com/rt.htm>

## Art

### Articles

Abruzzo, B. Bringing the past -- and Alzheimer's residents -- to life. *Long-Term Living*. Sep 2009; vol. 58(9), pp. 18-21.

Abstract: <http://www.ltlmagazine.com/article/bringing-past-and-alzheimers-residents-life>

Green-Field Library owns.

Beard, R.L. Art therapies and dementia care: a systematic review. *Dementia*. Sep 2012; vol. 11(5), pp. 633-656.

Abstract: <http://dem.sagepub.com/content/11/5/633.abstract>

Green-Field Library owns.

Flatt, J.D.; Liptak, A.; Oakley, M.A.; et al. Subjective experiences of an art museum engagement activity for persons with early-stage Alzheimer's disease and their family caregivers. *American Journal of Alzheimer's Disease and Other Dementias*. Jun 2015; vol. 30(4); pp. 380-9.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25216658>

Green-Field Library owns.

MacPherson, S.; Blair, A. An art gallery access programme for people with dementia: 'You do it for the moment'. *Aging and Mental Health*. Sep 2009; vol. 13(5), pp. 744-752.

Abstract:

[http://www.researchgate.net/publication/38060592\\_An\\_art\\_gallery\\_access\\_programme\\_for\\_people\\_with\\_dementia\\_you\\_do\\_it\\_for\\_the\\_moment](http://www.researchgate.net/publication/38060592_An_art_gallery_access_programme_for_people_with_dementia_you_do_it_for_the_moment)

Green-Field Library owns.

Philip E.; Fopma-Loy, J; Kinney, J.M.; et al. "It makes me feel like myself": Person-centered versus traditional visual arts activities for people with dementia. *Dementia* (14713012), Sep 2016; vol. 15(5): pp.895-912.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25049353>

Green-Field Library owns.

Phillips, L.J.; Conn, V.S. The relevance of creative expression interventions to person-centered care. *Research in Gerontological Nursing*. Jul 2009; vol. 2(3), pp. 151-152.

Abstract: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3010410/>

Green-Field Library does not own.

Sauer, PE; Fopma-Loy, J; Kinney, JM; et al. "It makes me feel like myself": person-centered versus traditional visual arts activities for people with dementia. *Dementia*. Sep 2016; 15(5), pp. 895-912

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25049353>

Green-Field Library owns.

## Books

Huebner BG; Butler RN; Cohen GD; et al. *I remember better when I paint: art and Alzheimer's: opening doors, making connections*.

Glen Echo, MD: Bethesda Communication Group and New Publishing Partners, 2012

Green-Field Library Call No.: WM 450 H887 2011

Levine-Madori, L. *Therapeutic thematic arts programming for older adults*.

Baltimore, MD: Health Professions Press, 2007

Green-Field Library Call No.: WM 450 L665 2007

## Web Site

### *National Center for Creative Aging*

The NCCA provides professionals in health care, social work and the arts with the theoretical framework and hands-on skills they need to implement sustained, quality creative programs for older people. Training faculty present at regional and national conferences. The NCCA also publishes and distributes training manuals, manages an Arts & Aging Directory, and publishes an e-newsletter.

<http://www.creativeaging.org>

## Cognitive Stimulation

Berg-Weger, M.; Tebb, S.; Henderson-Kalb, J.; et al. Cognitive Stimulation Therapy: A tool for your practice with persons with dementia. *Journal of the American Medical Directors Association*. Sep 2015; vol. 16(9); pp. 795-796.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26170036>

Green-Field Library owns.

Streater, A.; Aguirre, E.; Spector, A.; et al. Cognitive stimulation therapy for people with dementia in practice: a service evaluation. *British Journal of Occupational Therapy*. Sep 2016; 79(9); pp. 574-580.

Abstract: <http://journals.sagepub.com/doi/abs/10.1177/0308022616659886?journalCode=bjod>

Green-Field Library does not own.

Yang, Ya-Ping; Lee, F.; Chao, H.; et al. Comparing the Effects of Cognitive Stimulation, Reminiscence, and Aroma-Massage on Agitation and Depressive Mood in People With Dementia. *Journal of the American Medical Directors Association*. Aug 2016; vol. 17(8); pp. 719-724.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27168052>

Green-Field Library owns.

## Web Site

*Conversation cards for adults, nostalgic items: reminiscence and storytelling activity* (2017).

Richfield, OH: Shadowbox Press, 2017

From the web site: Shadowbox Press is dedicated to offering a selection of unique activities for dementia patients recognized by their innovative format, creativity, high-quality, and value. The products are developed to provide an easy and effective way to enhance the quality of engagement with adults living with Alzheimer's disease or a related dementia. The collection of interactive books and conversation cards are designed to evoke memories, prompt conversations, and engage adults in an enjoyable, meaningful activity.

## Dance/ Exercise/ Movement

### Articles

Barber, S. Is there a role for physical activity in preventing cognitive decline in people with mild cognitive impairment? *Age and Ageing*. Jan 2012; vol. 14(1), pp. 5-8.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/22083840>

Green-Field Library does not own.

Cass, S.P. Alzheimer's disease and exercise: a literature review. *Current Sports Medicine Reports*. Jan-Feb 2017; vol. 16(1), pp. 19-22

Full-text: [http://journals.lww.com/acsm-](http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise_A_Literature.9.aspx)

[csmr/fulltext/2017/01000/Alzheimer s Disease and Exercise A Literature.9.aspx](http://journals.lww.com/acsm-csmr/fulltext/2017/01000/Alzheimer_s_Disease_and_Exercise_A_Literature.9.aspx)

Green-Field Library does not own.

Erickson, K. Therapeutic effects of exercise on cognitive function. *Journal of the American Geriatrics Society*. Nov 2013; vol. 61(11), pp. 2028-2039.

Full-text: <http://www.pitt.edu/~bachlab/LabSite/Home.html/Publications.html/erickson2013f.pdf>

Green-Field Library owns.

Guzmán-García, A; Rochester, L. Dancing as a psychosocial intervention in care homes: a systematic review of the literature. *International Journal of Geriatric Psychiatry*. Sep 2013; vol.28 (9), pp. 914-924.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23225749>

Green-Field Library owns.

Karkou, V.; Meekums, B. Dance movement therapy for dementia. *Cochrane Database Systematic Reviews*. Feb 2017 2;2:CD011022

Abstract: <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD011022.pub2/epdf/abstract>

Green-Field Library does not own.

Klimova, B; Maresova, P; Kuca, K. Alzheimer's disease: physical activities as an effective intervention tool - a mini-review. *Current Alzheimer's Research*. Oct 2, 2018 [Epub ahead of print].

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30277151>

Green-Field Library owns.

Neville, C. Watermemories: a swimming club for adults with dementia. *Journal of Gerontological Nursing*. Feb 2013; vol. 39(2), pp. 21-25.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23327118>

Green-Field Library owns.

Stephen, R.; Hongisto, K.; Solomon, A. Physical activity and Alzheimer's disease: a systematic review.

*Journals of Gerontology Series A Biological Sciences and Medical Sciences*. Jun 1, 2017; 72(6), pp. 733-739

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28049634>

Green-Field Library owns.

## Book

Plahay, T. *Yoga for dementia: a guide for people with dementia, their families and caregivers*.

London, UK: Jessica Kingsley Publishing, 2018.

Green-Field Library does not own.

## Journals

*Journal of Aging and Physical Activity*. Published quarterly by Human Kinetics Publishers.

[www.humankinetics.com](http://www.humankinetics.com)

*American Journal of Dance Therapy*. Published bi-annually by Springer Publishing.

<http://www.adta.org/Default.aspx?pagelid=475925>

## Web Sites

### *American Dance Therapy Association*

The official site of the American Dance Therapy Association. The association has defined Dance/Movement Therapy as the psychotherapeutic use of movement as a process which furthers the emotional, social, cognitive, and physical integration of the individual.

<http://www.adta.org>

## Gardening / Horticulture

### Articles

Blake, M; Mitchell, G. Horticultural therapy in dementia care: a literature review. *Nursing Standard*. Jan 20, 2016; vol. 30(21); pp.41-47.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26786461>

Green-Field Library does not own.

Mendes, A; Palmer, S.J. Therapeutic use of gardening and horticulture in dementia care. *Nursing & Residential Care*, Oct 2016; vol. 18(10); pp. 546-548.

Abstract: <http://www.magonlinelibrary.com/doi/abs/10.12968/nrec.2016.18.10.546?af=R&>

Green-Field Library does not own.

Watts, C.; Pei-Chun H. The Use of Horticulture-Based Programs to Promote Engagement for Older Adults with Dementia. *Therapeutic Recreation Journal*. 2015; vol. 49(3); pp. 257-260.

Abstract: <https://www.highbeam.com/doc/1P3-3779575191.html>

Green-Field Library does not own.

### Books

McGeeney, A. *With nature in mind: the ecotherapy manual for mental health*

London, UK: Jessica Kingsley Publishers, 2016

Green-Field Library does not own.



Gilliard J; Marshall M; Robertson L; et al. Transforming the quality of life for people with dementia through contact with the natural world: fresh air on my face.

London, UK: Jessica Kingsley Publishers, 2011

Green-Field Library does not own.

## **Web Site**

### *American Horticultural Therapy Association*

The American Horticultural Therapy Association (AHTA) is a nonprofit organization whose mission is to promote and advance the profession of horticultural therapy as a therapeutic intervention and rehabilitative medium. <http://www.ahta.org>

## **Intergenerational**

### **Articles**

Baker, JR, Webster, L; Lynn, N; et al. Intergenerational programs may be especially engaging of aged care residents with cognitive impairment: findings from the Avondale Intergenerational Design Challenge.

American Journal of Alzheimer's Disease and Other Dementias. Jun 2017; vol. 32(4), pp. 213-221

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28506126>

Green-Field Library owns.

Camp, CJ.; Lee, MM. Montessori-based activities as a trans-generational interface for persons with dementia and preschool children. Journal of Intergenerational Relationships. Dec 12, 2011; vol. 9(4), pp. 366-373

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/22423215>

Green-Field Library does now own.

Galbraith, B.; Larkin, H.; Moorhouse, A.; et al. Intergenerational programs for persons with dementia: a scoping review. Journal of Gerontological Social Work. 2015; vol. 58(4), pp. 357-378.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25748444>

Green-Field Library does now own.

Gualano, MR; Voglino, G; Bert, F; et al. The impact of intergenerational programs on children and older adults: a review. International Psychogeriatrics. Apr, 2018; vol. 30(4), pp. 451-468.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28988548>

Green-Field Library owns.

Robertson, J.; Horsnell, T. Side by side: a workplace engagement program for people with younger onset dementia. *Dementia*. Sep 2013; vol. 12(5), pp. 666-674.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/?term=PMID%3A+24337338>

Green-Field Library owns.

Skropeta, CM; Colvin, A.; Sladen, S. An evaluative study of the benefits of participating in intergenerational playgroups in aged care for older people. *BMC Geriatrics*. Oct 8, 2014; vol. 14:109

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/25292218>

Green-Field Library does not own.

## **Web Sites**

### *The Intergenerational Center*

The Center for Intergenerational Learning at Temple University is dedicated to strengthening communities by bringing generations together to meet the needs of individuals and families throughout the life cycle.

Established in 1979, the Center for Intergenerational Learning is a national resource for intergenerational programming.

<http://templeigc.org>

### *Generations United*

Generations United (GU) focuses on promoting intergenerational strategies, programs, and policies.

<http://www.gu.org>

## **Montessori**

### **Articles**

Bourgeois, MS; Brush, J; Elliot, G; et al. Join the revolution: how Montessori for aging and dementia can change long term care culture. *Seminars in Speech and Language*. Aug 2015; vol. 36(3), pp. 209- 214.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26190512>

Camp, C.J. Montessori- based activities as a transgenerational interface for persons with dementia or preschool children. *Journal of Intergenerational Relationships*, 2011; vol. 9(4), pp. 366-373.

Abstract: <http://libra.msra.cn/Publication/57929049/montessori-based-activities-as-a-transgenerational-interface-for-persons-with-dementia-and>

Green-Field Library does not own.

Hitzig, S.L.; Shepard, C.L. Implementing Montessori methods for dementia: a scoping review. Gerontologist. Jan 6, 2017

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28062518>

Green-Field Library owns.

Sheppard, C.L.; McArthur C.; Hitzig, S.L. A systematic review of Montessori-based activities for persons with dementia. Journal of the American Medical Directors Association. Feb 2016; vol. 17(2), pp. 117-22.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26589532>

Green-Field Library owns.

## **Books**

Brenner, T; Brenner K. You say goodbye and we say hello: the Montessori Method for positive dementia care.

[?]: Brenner Pathways, 2012

Green-Library Call No.: WM 450 B838 2012

Camp, C. Montessori-based activities for persons with dementia, vol. 1.

Beachwood, OH: Menorah Park Center for the Aging, c1999

Green-Field Library Call No.: WM 450 M781 1999

Camp, C.J. Montessori-based activities for persons with dementia, vol. 2.

Beachwood, OH: Menorah Park Center for the Aging, c1999

Green-Field Library Call No.: WM 450 M781 2006

## **Music Therapy**

## **Articles**

Clements-Cortes, A.; Bartel, L. Are we doing more than we know? Possible mechanisms of response to music therapy. Frontiers in Medicine. Sep 2018; vol. 11(5), pp. 255.

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6141741/>

Green-Field Library does not own.

Elliott M; Gardner P. The role of music in the lives of older adults with dementia ageing in place: a scoping review. *Dementia*. Feb 2018; vol. 17(2), pp. 199-213;

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26993049>

Green-Field Library owns.

Moreira SV; Justi FRDR; Moreira M. Can musical intervention improve memory in Alzheimer's patients? Evidence from a systematic review. *Dementia & Neuropsychologia*. Apr-Jun 2018; vol. 12(2), pp. 133-142.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/29988347>

Green-Field Library does not own.

Tsoi, KKF, Chan, JYC, Ng, YM; et al. Receptive music therapy is more effective than interactive music therapy to relieve behavioral and psychological symptoms of dementia: a systematic review and meta-analysis. *Journal of the American Medical Directors Association*. Jul 2018; vol. 19(7), pp. 568-576.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29396186>.

Green-Field Library owns.

van der Steen JT; Smaling HJH; van der Wouden JC; et al. Music-based therapeutic interventions for people with dementia. *Cochrane Database Systematic Reviews*. Jul 2018; vol,23; 7

Abstract: <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD003477.pub4/full>

Green-Field Library does not own.

Tuckett, A.G.; Hodgkinson, B.; Rouillon, L.; et al. What carers and family said about music therapy on behaviors of older people with dementia in residential aged care. *International Journal of Older People Nursing*. Jun 2015; vol. 10(2); pp 146-57.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/25399513>

Green-Field Library does not own.

## Audio

Therapy for memory music

Music activity and educational program to stimulate the mind and exercise memory. Audio CD.

Therapy for Memory: Miami Beach, FL

[http://www.therapyformemory.org/music/about\\_product.php](http://www.therapyformemory.org/music/about_product.php)

Green-Field does not own.

## Books

Hamons, MF; Tara Jenkins. Musically engaged seniors: 40 session plans and resources for a vibrant music therapy program.

[United States?]: Whelk & Waters Publishing, 2013.

Green-Field does not own.

Hamons, MF; Tara Jenkins. Music, memory, and meaning: how effectively use music to connect with aging loved ones

[United States?]: Whelk & Waters Publishing, 2017

Green-Field does not own.

Thaut, MH. Handbook of neurologic music therapy

New York, NY: Oxford University Press, reprint edition, 2016

Green-Field does not own.

Wheeler, BL. Music therapy handbook (creative arts and ply therapy). Reprint edition

New York, NY: Guilford Press, reprint edition, 2016

Green-Field does not own.

## Occupational Therapy

### Articles

Andrew, C; Phillipson. L, Sheridan L. What is the impact of dementia on occupational competence, occupational participation and occupational identity for people who experience onset of symptoms while in paid employment> a scoping review. Australian Occupational Therapy Journal. Sep 2018;

[Epub ahead of print]

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30259530>

Bennett, M. Occupational therapy's role in LTC. Long-Term Living. Jun-Jul. 2013; vol. 62(5), pp. 32-34.

Abstract: <http://www.ltlmagazine.com/article/occupational-therapy-s-role-ltc>

Green-Field Library owns.

Laver, L; Cumming, R, Dyer, S; et al. Evidence-based occupational therapy for people with dementia and their families: what clinical practice guidelines tell us and implications for practice? Australian Occupational Therapy Journal. Feb 2017; vol. 64 (1), pp. 3 -10.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27699792>

Green-Field Library does not own.

Neubauer, NA; Lapierre, N; Rio-Rinon, A; et al. What do we know about technologies for dementia-related wandering. A scoping review. Canadian Journal of Occupational Therapy. Jun 2018; vol. 85(3), pp. 196-208.

Abstract: <https://www.ncbi.nlm.nih.gov/m/pubmed/29972049/>

Green-Field Library does not own.

Ojagbemi, A; Owolabi, M. Do occupational therapy interventions improve quality of life in persons with dementia? A meta-analysis with implications for future directions. Psychogeriatrics. Mar 2017; vol. 17(2), pp. 133-141

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27338678>

Green-Field Library does not own.

Smallfield S; Heckenlaibler C. Effectiveness of occupational therapy interventions to enhance occupational performance for adults with Alzheimer's disease and related major neurocognitive disorders: a systematic review. American Journal of Occupational Therapy. Sep-Oct 2017; vol. 71(15), pp. 7105180010p1 – 7105180010p9

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28809651>

Green-Field does not own.

Wenborn, J; Orrell, M. Providing activity for people with dementia in care homes: a cluster randomized controlled trial. International Journal of Geriatric Psychiatry. Dc 2013, vol. 28(12), pp. 1296-1304

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/23637069>

Green-Field Library owns.

Maki, Y; Hidetoshi, E. The contribution of occupational therapy to building a dementia-positive community. British Journal of Occupational Therapy. Oct 2018; vol. 81(10), pp. 566-570.

Abstract: <http://journals.sagepub.com/doi/abs/10.1177/0308022618774508>

Green-Field does not own.

## Pet Therapy

### Articles

Marx, M.S.; Cohen-Mansfield, J; Regier, N.G.; et al. The impact of different dog-related stimuli on engagement of persons with dementia. *American Journal of Alzheimer's Disease & Other Dementias*. Feb 2010; vol. 25(1), pp. 37-45

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/19075298>

Green-Field Library owns.

Olsen, C.; Ihlebaek, C. Effect of animal-assisted activity on balance and quality of life in home-dwelling persons with dementia. *Geriatric Nursing*. Jul-Aug 2016; vol. 37(4), 284-291.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/?term=PMID%3A+27155968>

Green-Field Library owns.

Petersen, S.; Hourston, S.; Quin, H.; et al. The Utilization of Robotic Pets in Dementia Care. *Journal of Alzheimer's Disease*. 2017; vol. 55(2), 569-574.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27716673>

Green-Field Library owns.

Peluso S; De Rosa A; De Lucia N; et al. Animal-assisted therapy in elderly patients: evidence and controversies in dementia and psychiatric disorders and future perspectives in other neurological diseases. *Journal of Geriatric Psychiatry and Neurology*. May 2018; vol. 321(3), pp. 149-157.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29764282>

Green-Field Library owns.

Swall, A; Ebbeskog, B; Lundh Hagelin, C; et al. Bringing respite in the burden of illness – dog handlers experience of visiting older persons with dementia together with a therapy dog. *Journal of Clinical Nursing*. Aug 2016; vol. 25(15-16), pp. 2223-22231.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27277921>

Green-Field Library does not own.

Wood W; Fields B; Rose M; et al. Animal-assisted therapies and dementia: a systematic mapping review using the Lived Environment Life Quality (LELQ) model. *American Journal of Occupational Therapy*. Sep/Oct 2017; vol. 71(5), pp. 7105190030p1-7105190030p10.

Green-Field Library does not own.

## Web Sites

### Pet Partners

Pet Partners, formerly the Delta Society, is an international, non-profit organization that unites people who have mental and physical disabilities and patients in healthcare facilities with professionally trained animals to help improve their health.

<http://www.petpartners.org>

## Recreation Therapy

### Articles

Bossen, A. The therapeutic value of nature in dementia interventions. *Activities Directors' Quarterly*. 2009; vol. 10(4), pp. 41-47.

Green-Field Library owns.

Duggan S.; Blackman T.; Martyr A.; et al. The impact of early dementia on outdoor life: a 'shrinking world.' *Dementia*. May 2008; vol. 7(2), pp. 191-204.

Full-text: <http://tees.openrepository.com/tees/bitstream/10149/92374/2/92374.pdf>

Green-Field Library owns.

Hafford-Letchfield, T. Funny things happen at the grange: introducing comedy activities in day services to older people with dementia- innovative practice. *Dementia*. Nov 2013; vol. 12(6), pp. 840-852.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/24337643>

Green-Field Library owns.

Kolanowski, A.; Buettner, L. Prescribing activities that engage passive residents: an innovative method. *Journal of Gerontological Nursing*. Jan 2008; vol. 34 (1), pp. 13-18.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2736598/>

Green-Field Library owns.

Kolanowski, A.; Buettner, L. Recreational activities to reduce behavioural symptoms in dementia. *Geriatrics and Aging*. Jan-Feb 2009; vol. 12 (1), pp. 37-42.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2780321/>

Green-Field Library does not own.



Litchke, LG; Hodges, JS; The meaning of “now” moments of engagement in yoga for persons with Alzheimer’s disease. *Therapeutic Recreation Journal (Urbana)*. Third Quarter 2012; vol. 48(3), pp. 229-246.

Abstract: <https://js.sagamorepub.com/trj/article/view/5719>

Green-Field Library does not own.

Phinney, A.; Kelson, E.; Baumbusch, J. et al. Walking in the neighbourhood: performing social citizenship in dementia. *Dementia*. May 2016; vol. 15(3), pp. 381-94.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27170588>

Green-Field Library owns.

## Journals

*American Journal of Recreation Therapy*. Published quarterly by Weston Medical Publishing.

<http://www.pnpco.com/pn10000.html>

## Web Sites

*American Therapeutic Recreation Association*

The American Therapeutic Recreation Association (ATRA) is the largest, national membership organization representing the interests and need of recreational therapists. Recreational therapists are health care providers using recreational therapy interventions for improved functioning of individuals with illness or disabling conditions. ATRA was incorporated in the District of Columbia in 1984 as a non-profit, grassroots organization in response to growing concern about the dramatic changes in the health care industry.

<http://www.atra-online.com>

## Reminiscence

## Articles

Elfrink TR; Zuidema SU; Kunz M; et al. Life story books for people with dementia: a systematic review. *International Psychogeriatrics*. Jul 2018; vol. 18, pp. 1-15.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30017005>

Green-Field Library owns.

Erdmann, A.; Schnepf, W. Conditions, components and outcomes of integrative validation therapy in a long term care facility for people with dementia. A qualitative evaluation study. *Dementia*. Sep 2016; vol. 15(5), pp.1184-1204

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25391661>

Green-Field Library owns.

Lazar A; Thompson H; Demiris G. A systematic review of the use of technology for reminiscence therapy. *Health and Education Behavior*. Oct 2014; vol. 41(Suppl 1), pp. 51S – 61S.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25274711>

Green-Field Library does not own.

Subramaniam P.; Woods. B. Digital live storybooks for people with dementia in care homes: an evaluation. *Clinical Intervention in Aging*. 2016; vol. 11; pp 1263-1276

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5034922>

Green-Field Library does not own.

Woods b; O'Philbin; Farrell EM; et al. Reminiscence therapy in dementia. *Cochrane Database of Systematic Reviews*. Mar 2018; 3: CD001120.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29493789>

Green-Field Library does not own.

## Book

*Conversation cards for adults, nostalgic items: reminiscence and storytelling activity* (2017).

Richfield, OH: Shadowbox Press, 2017

From the web site: Shadowbox Press is dedicated to offering a selection of unique activities for dementia patients recognized by their innovative format, creativity, high-quality, and value. The products are developed to provide an easy and effective way to enhance the quality of engagement with adults living with Alzheimer's disease or a related dementia. The collection of interactive books and conversation cards are designed to evoke memories, prompt conversations, and engage adults in an enjoyable, meaningful activity.

Green-Field Library does not own.

Jopling S; Mousley S. Multi-sensory reminiscence activity book: 52 weekly group session plans for working with older adults

London, UK: Jessica Kingsley Publishers,

Green-Field Library does not own.

## Video

Introduction to validation.

Jasper, OR : Edward Feil Productions LLC, c2011. 1 DVD (24 min.)

Green-Field Library Call No.: WM 220 DVD no.149 2011

## Web Sites

### *Time Slips*

Developed by Anne Basting in 1998, the time slips storytelling method provides inventive ways for facilities to use storytelling as a creative outlet for residents.

<http://www.timeslips.org>

### *Validation Training Institute*

This web site contains information about Validation, a method for communicating with very old people. There are links to articles and books as well as workshops and courses on validation therapy.

<http://www.vfvalidation.org>

## Sensory Stimulation

### Articles

Cruz, J. Making sense in dementia: a multisensory and motor-based group activity program. American Journal of Alzheimer's Disease and Other Dementias. Mar 2013; vol. 28(2), pp. 137-146.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/23307794>

Green-Field Library owns.

Lorusso LN; Bosch SJ. Impact of multisensory environments on behavior for people with dementia: a systematic review. Gerontologist. May 8, 2018; vol. 58(3), pp. e168-e179.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28201710>

Green-Field Library owns.

Mileski M; Baar TJ; Brooks M; et al. Sensory and memory stimulation as a means to care for individuals with dementia in long-term care facilities. *Clinical Interventions in Aging*. May 17, 2018; vol. 13; pp. 967-974.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29844663>

Green-Field Library does not own.

Strom, B.S.; Ytrehus, S; Grov E.K. Sensory stimulation for persons with dementia: a review of the literature. *Journal of Clinical Nursing*. Jul 2016; vol. 25(13/14), pp. 1805-1834

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27030571>

Green-Field Library does not own.

## Book

Larsen, B. *Movement with meaning: a multisensory program for individuals with early stage Alzheimer's disease*.

Baltimore, MD: Health Professions Press, 2006.

Green-Field Library Call No.: WM 450 L37 2006

## Web Sites

*How to make a sensory room for people living with dementia: a guide*

Anke Jakob and Lesley Collier

University of Southampton

<http://eprints.kingston.ac.uk/30132/1/Jakob-A-29602.pdf>

## Vendors

These companies have activity therapy products available for purchase.

*Ageless Design - Alzheimer's Store*

<http://alzstore.com>

This web site was developed for those who care for people with Alzheimer's disease with products of all kinds including safety and activity.

*Bi-Folkal Productions, Inc.*

<http://www.bifolkal.org>

This company provides program ideas and resources for those planning reminiscence programs with older adults.

*eNasco Activity Therapy Products*

<http://www.enasco.com>

Nasco has several catalogs for activity products in various settings including schools, recreational and health care. Link to Senior Activities.

*Flaghouse Special Populations*

<http://www.flaghouse.com>

This catalog company carries a Special Populations catalog which features therapy and educational options for individuals with developmental and physical disabilities.

*Innovative Caregiving Resources*

<http://www.videorespite.com>

This company produces a series of videos referred to as Video Respite that incorporate music and images specifically for people with dementia.

*S&S World Wide Games*

<http://www.ssw.com>

Arts and crafts company has an extensive catalog online. There are downloadable activity guides geared to various age groups. They also carry a line of activity products called Primelife for seniors.

*Therapeutic Recreation*

<http://www.recreationtherapy.com/rt.htm>

The Therapeutic Recreation Directory contains resources for recreation therapists, therapeutic recreation specialists, creative arts therapists, activity therapists, activity directors and other disciplines. The TR Store provides information on a variety of products that can be purchased on Amazon.com.

## **Activities**

A selected list of references compiled by

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