Broadcast Linear TV Specifications:			
Commercial Spot Specs:			
Length: :30 or :6			
Aspect Ratio 16x9			
Frame Size** 3840 x 2160			
Codec** ProRes 422 HQ			
Frame Rate 23.976fps (assuming this is native)			
File Format*** .MOV			
Audio: Linear PCM 16-bit 48khz			
**Frame Size: 1280x720 or 1920x1080 Acceptable When Native			
Audio - split into:			
SFX, Music, Voice over, NAT on separate channels			