



NATIONAL
VETERANS

SUMMER
SPORTS
CLINIC

Safety Playbook

2023 NATIONAL VETERANS SUMMER SPORTS CLINIC

San Diego, CA

June 4-9, 2023

The following information applies to ALL participants in attendance at the 2023 NVSSC in San Diego, CA. For the 2023 NVSSC, a *participant* is defined as a registered Veteran, caregiver, VA staff, non-VA staff, registered volunteer, sponsor, or other stakeholder.

In 2023 the NVSSC is not able to support attendance for under the age of 16 and family members or friends who are not providing hands-on caregiving. Thank you for understanding.

FACE MASKS REQUIRED INDOORS

A well-fitting NVSSC approved face mask must be worn over the nose and mouth while indoors for the duration of the event. You will be provided an appropriate mask if your mask does not meet the standard of the NVSSC medical team.

If participants cannot wear a face mask for any reason, they will not be able to participate in the in-person event, and at home opportunities will be offered.

The only exception to wearing a mask indoors will be while actively participating in designated sports.

PRE-TRAVEL COVID-19 TESTING

All participants **MUST** take a COVID-19 test within 24 hours prior to their arrival date at the 2023 NVSSC. Both home tests (antigen tests) and PCR tests are acceptable forms of testing.

Self-confirming you test negative for COVID-19 confirms you are safe to travel. **DO NOT** travel to the 2023 NVSSC if you test positive for COVID-19.

DAILY COVID-19 TESTING IN SAN DIEGO

All participants must complete a COVID-19 test at registration and daily throughout the event.

Testing will be conducted at the Wyndham San Diego Bayside Hotel in designated spaces. Participants will be assigned to a designated time slot each day to receive their test.

What if I test negative for COVID-19?

Participants with a negative test result at daily testing will continue participating in NVSSC activities.

What if I test positive for COVID-19?

All participants with a positive test result will be directed to an area they can isolate to reduce the potential for spread to other participants.

The NVSSC COVID Response Team (CRT) will provide support and consultation for all participants for the duration of isolation.

ISOLATION

Any participant that tests positive will be immediately required to enter an isolation period, based on current VA and/or CDC guidelines, at the host hotel. Since a participant during an isolation period cannot leave their room, meals will be provided for the duration. Participants will be responsible for making the necessary changes for their transportation back home and any incidental costs associated.

SAFETY SUMMARY

Please do your part to keep yourself and others safe. Your actions protect others, and their actions protect you.

Preparing for travel to San Diego, CA

Beginning 10 days before your NVSSC arrival date:

1. Stay healthy.
2. Practice physical distancing.
3. Avoid anyone who is ill or exhibits signs of illness.
4. Test negative for COVID-19 within 24 hours of your arrival day at the NVSSC.
5. If you have symptoms, are waiting for results of test, or test positive for COVID-19, please **DO NOT TRAVEL**.
6. If you are sick or not feeling well, please **DO NOT TRAVEL**.
7. Wear a mask during travel and have a safe trip!

While in San Diego, CA

1. Wear a face mask indoors at all times.
2. Avoid crowds and maintain physical distancing when possible.
3. Head nods, waves, and hellos are preferred greetings over hugging or handshakes.
4. Comply with all safety expectations listed in this Safety Playbook.
5. Give yourself extra time so you don't need to rush or crowd elevators.
6. Wash your hands with soap and water or use hand sanitizer frequently.

Returning Home

1. Wear a mask during travel.
2. Follow your local guidelines for COVID-19.
3. If you test positive for COVID-19 within 5 days of returning home, notify NVSSC staff immediately.

For questions about this playbook, please contact the NVSSC staff at summersportsclinic@va.gov