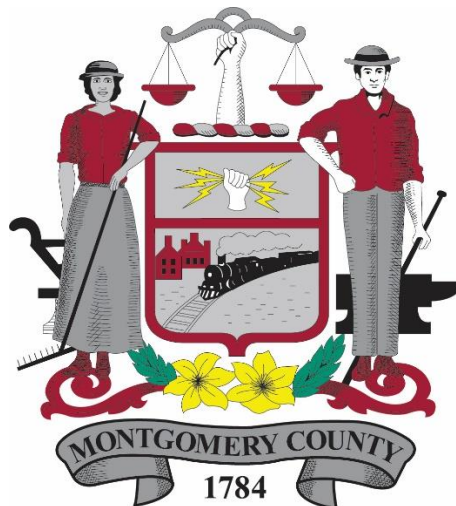


County of Montgomery



Proclamation

ACTIVE PEOPLE, HEALTHY NATIONSM 2022

WHEREAS,

Montgomery County recognizes the importance of providing access to safe and convenient places to be physically active for people regardless of age, race, income, socioeconomic status, disability status, and geographic location; and

WHEREAS,

Physically active people generally live longer and are at less risk for serious health problems like heart disease, type 2 diabetes, obesity, and some cancers; and for people with chronic diseases, physical activity can help manage these conditions and complications; and

WHEREAS,

Building active and walkable communities can help increase levels of retail economic activity and employment, increase property values, support neighborhood revitalization, and reduce healthcare costs; and

WHEREAS,

Individual effort alone is insufficient to improve opportunities for people to be physically active and significant policy, systems, and environmental changes are needed to support and protect individual efforts to make healthier choices; and

WHEREAS,

It is important to ensure that long-time residents have the opportunity to benefit from increased community investment and that community improvement projects do not result in community displacement; and

WHEREAS,

Montgomery County commits to supporting Active People, Healthy Nation strategies by helping people stay in their community; and continuing to implement activity friendly routes to everyday destinations making it safe and easy to walk, bicycle, or wheelchair roll for people of all ages and abilities by improving the design of paths to connecting routes such as sidewalks, trails, bicycle lanes, and public transit; and

NOW, THEREFORE,

We hereby recognize

ACTIVE PEOPLE, HEALTH NATIONSM 2022

And call upon our community to create and take part in programs and events that support this initiative.

A blue ink signature of Valerie A. Arkoosh.

Valerie A. Arkoosh, MD, MPH, Chair

A blue ink signature of Kenneth E. Lawrence Jr.

Kenneth E. Lawrence Jr., Vice Chair

County Commissioners