## Proclamation

WHEREAS, Lenexa is committed to supporting a thriving vibrant, and healthier community for residents of all ages and abilities; and

WHEREAS, approximately 20% of children and 40% of adults in the U.S. have obesity, and 50% of adults live with a chronic disease; and

WHEREAS, physically active people generally live longer and are at less risk for serious health problems, and for people with chronic diseases, physical activity can help manage these conditions and complications; and

WHEREAS, physical activity can benefit the workforce because active people tend to take fewer sick days; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) is leading Active People. Healthy Nation, a national initiative to help 27 million Americans become more physically active by 2027; and

WHEREAS, building active and walkable communities can help increase levels of retail economic activity and employment, increase property values, support neighborhood revitalization, and reduce health care costs.

NOW, THEREFORE, I, Michael A. Boehm, Mayor of Lenexa, do hereby proclaim support of the

## **ACTIVE PEOPLE - HEALTHY NATION**

strategies and recognize that physical activity is one of the best things adults, children, and families can do to improve their health.

IN WITNESS WHEREOF, I have hereunto set my hand this 4th day of October, 2022.



Michael A Boehm Mayor of Lenexa, Kansas