

PROCLAMATION

TO ALL WHOM THESE PRESENTS MAY COME, GREETINGS:

WHEREAS, the Centers for Disease Control and Prevention is leading the Active People, Healthy Nation Initiative, which aims to help 27 million Americans become more physically active by 2027. To support this work, communities are encouraged to provide avenues that increase physical activity; and

WHEREAS, physically active people generally live longer and are at less risk for serious health problems like heart disease, type 2 diabetes, obesity, and many cancers. For people with chronic disease, physical activity can help manage their condition and reduce complications; and

WHEREAS, the City of Indianapolis echoes the importance of providing access to safe and convenient places for all to be physically active and works to expand and improve projects such as the Monon Trail and Indianapolis Cultural Trail. These trails collectively span over 28 miles and include many of the 50 Pacers Bikeshare locations around the city, providing easy access for residents to get active by walking, running, or biking across the city; and

WHEREAS, the City of Indianapolis joins with the American Heart Association in recognizing the importance of providing access to safe and convenient places to be physically active for people regardless of age, race, income, socio-economic status, disability status, and geographic location and commends the work done to promote an active lifestyle;

NOW, THEREFORE, I, JOSEPH H. HOGSETT, MAYOR OF THE CITY OF INDIANAPOLIS, DO HEREBY PROCLAIM THE 6^{TH} DAY OF APRIL 2022 AS:

ACTIVE PEOPLE HEALTHY NATION DAY

in the City of Indianapolis, and I ask all citizens to join me in this observation.

IN TESTIMONY WHEREOF, I HAVE HEREUNTO SET MY HAND AND CAUSED TO BE AFFIXED THE SEAL OF THE CITY OF INDIANAPOLIS ON THIS 6TH DAY OF APRIL IN THE YEAR TWO THOUSAND TWENTY-TWO.

JOSEPH H. HOGSETT

MAYOR

CITY OF INDIANAPOLIS