Office of the Mayor Town of Gilbert

Proclamation

## **ACTIVE PEOPLE, HEALTHY NATION MONTH**

WHEREAS, Gilbert, Arizona is a committed to supporting a thriving, vibrant, and healthier community for residents of all ages and abilities; and

WHEREAS, obesity is emerging as the largest health risk in Americans young and old; and

WHEREAS, physical activity is vital for healthy aging and the reduction of chronic diseases; and

WHEREAS, Gilbert, Arizona supports the achievable, measurable, and sustainable efforts to increase physical activity across the community found in the "Active People, Healthy Nation" healthy campaign partnership between the American Public Health Association, the CDC and American Heart Association; and

**WHEREAS**, every Active People, Healthy Nation strategy is designed to support the goal of equitable and inclusive access to opportunities for physical activity; and

**NOW THEREFORE, I,** Brigette Peterson, Mayor of the Town of Gilbert, do hereby proclaim June 2022, as:

## **ACTIVE PEOPLE, HEALTHY NATION MONTH**

in Gilbert, Arizona and encourage residents of all ages and abilities to make physically active choices for the betterment if themselves and their community.



In witness thereof, I hereby set my hand and affix the Official Seal of the Office of the Mayor, Town of Gilbert, Arizona, this 28<sup>th</sup> day of June, 2022.

Brigette Peterson, Mayor