

Office of the Mayor
Village of Glendale Heights, Illinois
PROCLAMATION

"MOVE WITH THE MAYOR – RECOGNIZING THE CENTERS FOR DISEASE CONTROL AND PREVENTION'S ACTIVE PEOPLE, HEALTHY NATION"

WHEREAS, the Village Board of the Village of Glendale Heights supports policies, practices, and programs that promote the health and wellness of its constituents and its local businesses; and

WHEREAS, local government can play a critical role in encouraging individual health and wellness, including access to information regarding health and wellness, access to opportunities for exercise and recreation, and access to nutritious food; and

WHEREAS, Active People, Healthy Nation is a national initiative led by the Centers for Disease Control and Prevention ("CDC") with a goal of helping 27 million Americans become more physically active by 2027; and

WHEREAS, Active People, Healthy Nation suggests 7 evidence-based strategies to increase physical activity, including: (1) activity-friendly routes to everyday destinations, (2) access to places for physical activity, (3) school and youth programs; (4) community-wide campaigns, (5) social supports, (6) individual supports, and (7) prompts to encourage physical activity; and

WHEREAS, Active People, Healthy Nation provides a comprehensive approach to improving physical activity by promoting strategies that work at local, tribal, state, and national level in partnership with other federal agencies and national organizations; and

WHEREAS, Active People, Healthy Nation promotes the planning and building of active and walkable communities; and

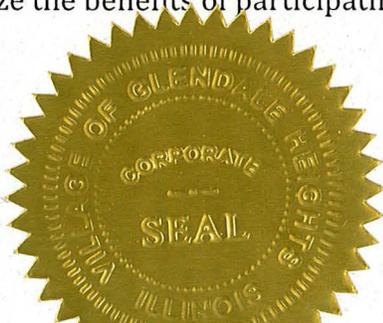
WHEREAS, active and walkable communities increase levels of retail economic activity, support neighborhood revitalization, reduce health care costs, and improve safety for motorists, cyclists, and pedestrians; and

WHEREAS, Active People, Healthy Nation programming allows individuals regardless of age, race, education, socioeconomic status, disability status, sexual orientation, or geographic location to have an opportunity to be physically active; and

WHEREAS, the Village of Glendale Heights desires to join, participate in, and be a champion of Active People, Healthy Nation.

NOW, THEREFORE, BE IT RESOLVED THAT I, Linda Jackson, President of the Village of Glendale Heights, do hereby proclaim the Village of Glendale Heights shall join, participate in, and be a champion of Active People Healthy Nation.

BE IT FURTHER RESOLVED that the Village of Glendale Heights shall take any reasonable further steps as necessary to maximize the benefits of participating in Active People, Healthy Nation.



In witness whereof have hereunto set my hand and caused the seal of the Village to be affixed.

Mayor Linda Jackson

Date September 24th, 2010