

# Inspirational Scriptures and Quotes



**In March 2020, Chaplain Juliana Lesher, the National Director of VA Chaplain Service, began sending a daily inspirational email to VACO Employees who requested to receive the email. This is a collection of the scriptures and quotes shared in those inspirational emails.**

**Scriptures** (Listed chronologically according to books of Bible.)

“She gave this name to the Lord who spoke to her: “You are the God who sees me,” for she said, “I have now seen the One who sees me.” -- Genesis 16:13

“I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.” – Genesis 28:15

“The Lord will fight for you; you need only to be still.” – Exodus 14:14

“Who is like unto thee, O Lord, among the gods? Who is like thee, glorious in holiness, fearful in praises, doing wonders?” – Exodus 15:11

“Worship the Lord your God, and his blessing will be on your food and water. I will take away sickness from among you.” – Exodus 23:25

“The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you; and give you peace.” – Numbers 6:24-26

“Do not be afraid of them; the Lord your God himself will fight for you.” – Deuteronomy 3:22

“The Lord our God is near us whenever we pray to him.” – Deuteronomy 4:7

“And you shall remember the Lord your God, for it is He who gives you power... that He may establish His covenant which He swore to your fathers, as it is this day.” – Deuteronomy 8:18

“Give generously, and do so without a grudging heart.” – Deuteronomy 15:10

“Be strong and courageous. Do not be afraid or terrified, for the Lord your God goes with you; he will never leave you nor forsake you.” – Deuteronomy 31:6

“The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.” – Deuteronomy 31:8

“In a desert land he found him, in a barren and howling waste. He shielded him and cared for him; he guarded him as the apple of his eye, like an eagle that stirs up its nest and hovers over its young, that spreads its wings to catch them and carries them aloft.” – Deuteronomy 32:10-11

“Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you.” – Joshua 1:9

“Choose for yourselves this day whom you will serve. As for me and my household, we will serve the Lord.” – Joshua 24:15

“Only fear the Lord and serve him faithfully with all your heart. For consider what great things he has done for you.” – I Samuel 12:24

“Does the Lord delight in burnt offerings and sacrifices as much as in obeying the Lord? To obey is better than sacrifice.” – I Samuel 15:22

“The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart.” – I Samuel 16:7

“David built an altar to the Lord there and sacrificed burnt offerings and fellowship offerings. Then the Lord answered his prayer on behalf of the land, and the plague on Israel was stopped.” – II Samuel 24:25

“Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel and spread out his hands toward heaven, and said, ‘O Lord, God of Israel, there is no God like you, in heaven above or on earth beneath, keeping covenant and showing steadfast love to your servants who walk before you with all their heart.’” – 1 Kings 8:22-23

“Look to the Lord and his strength; seek his face always.” – I Chronicles 16:11

“Give thanks to the Lord, for he is good; his love endures forever.” – I Chronicles 16:34

“Be strong and courageous, and do the work. Do not be afraid or discouraged, for the Lord God, my God, is with you. He will not fail you or forsake you.” – I Chronicles 28:20

“Hear the supplications of your servant and of your people...when they pray toward this place. Hear from heaven, your dwelling place; and when you hear, forgive.” – II Chronicles 6:21

“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” – II Chronicles 7:14

“Now my eyes will be open and my ears attentive to the prayers offered in this place.” – II Chronicles 7:15

“But as for you, be strong and do not give up, for your work will be rewarded.” – II Chronicles 15:7

“With praise and thanksgiving they sang to the Lord: ‘He is good; his love endures forever.’ And all the people gave a great shout of praise to the Lord because the foundation of the house of the Lord was laid.” – Ezra 3:11

“Lord, the God of heaven, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments.” – Nehemiah 1:5

“Let Your ear be attentive and Your eyes open to hear the prayer Your servant is praying before You day and night.” – Nehemiah 1:6

“Do not grieve, for the joy of the Lord is your strength.” – Nehemiah 8:10

“God does wonders that cannot be understood; he does so many miracles they cannot be counted.”  
– Job 5:9

“I have not departed from the command of God’s lips; I have treasured the words of His mouth more than my necessary food.” – Job 23:12

“I know that you can do all things; no purpose of yours can be thwarted.” – Job 42:2

“I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety.” – Psalms 4:8

“I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.” – Psalm 16:8

“Therefore, my heart is glad, and my whole being rejoices; my flesh also dwells secure.” – Psalms 16:9

“The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.” – Psalm 18:2

“The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple. The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes.” – Psalms 19:7-8

“The Lord is my light and my salvation – whom shall I fear? The Lord is the stronghold of my life – of whom shall I be afraid?” – Psalms 27:1

“For in the time of trouble He shall hide me in His pavilion; In the secret place of His tabernacle He shall hide me; He shall set me high upon a rock.” – Psalms 27:5

“Yet I am confident I will see the Lord’s goodness while I am here in the land of the living.” – Psalms 27:13

“Wait for the Lord; be strong and take heart and wait for the Lord.” – Psalm 27:14

“The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.” – Psalms 28:7

“Be strong and take heart, all you who hope in the Lord.” – Psalm 31:24

“The work of righteousness will be peace, and the effect of righteousness, quietness and assurance forever.” – Psalms 32:17

“Blessed is the nation whose God is the Lord, the people he chose for his inheritance.” – Psalm 33:12

“May your unfailing love be with us, Lord, even as we put our hope in you.” – Psalm 33:22

“Taste and see that the Lord is good; blessed is the one who takes refuge in him.” – Psalms 34:8

“Take delight in the Lord, and He will give you the desires of your heart.” – Psalms 37:4

“Refrain from anger and turn from wrath; do not fret – it leads only to evil.” – Psalms 37:8

“Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.” – Psalm 42:11

“Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. – Psalm 42:5

“God is our refuge and strength, an ever-present help in trouble.” – Psalm 46:1

“The Lord Almighty is with us.” – Psalm 46:11

“Create in me a pure heart, O God, and renew a steadfast spirit within me.” – Psalm 51:10

“Cast your cares on the Lord, and he will sustain you; he will never let the righteous be shaken.” – Psalms 55:22

“When I am afraid, I put my trust in you. In God, whose word I praise – in God I trust and am not afraid.” – Psalm 56:3-4

“I cry out to God Most High, to God who fulfills His purpose for me.” – Psalm 57:2

“Will you not revive us again, that your people may rejoice in you? Show us your unfailing love, Lord, and grant us your salvation.” – Psalm 85:6-7

“For a thousand years in Your sight are like a day that has just gone by, or like a watch in the night.” – Psalms 90:4

“I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.” – Psalm 91:2

“He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.” – Psalm 91:4

“When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.” – Psalm 91:15

“When doubts filled my mind, your comfort gave me renewed hope and cheer.” – Psalms 94:19

“Sing to the Lord a new song; sing to the Lord, all the earth. Sing to the Lord, praise his name; proclaim his salvation day after day. – Psalm 96:1-2

“Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.” – Psalms 100:4

“Praise the Lord, my soul; all my inmost being, praise his holy name. Praise the Lord, my soul, and forget not all his benefits.” – Psalm 103:1-2

“As a father has compassion on his children, so the Lord has compassion on those who fear him.” – Psalm 103:13

“Praise the Lord! Happy are those who fear the Lord. They are not afraid of evil tidings; their hearts are firm, secure in the Lord. Their hearts are steady, they will not be afraid.” – Psalms 112:1, 7-8

“What shall I return to the Lord for all His goodness to me?” – Psalm 116:12

“When hard pressed, I cried to the Lord; he brought me into a spacious place.” – Psalms 118:5

“The Lord is with me; I will not be afraid. What can man do to me?” – Psalms 118:6

“The sum of Your word is truth, And every one of Your righteous ordinances is everlasting.” – Psalms 119:160

“May your unfailing love be my comfort, according to your promise to your servant.” – Psalms 119:76

“Your word is a lamp for my feet, a light on my path.” – Psalm 119:105

“You are my refuge and my shield; I have put my hope in your word.” – Psalm 119:114

“I lift up my eyes to the mountains - where does my help come from? My help comes from the Lord, the Maker of heaven and earth.” – Psalm 121:1-2

“The Lord will watch over your coming and going both now and forevermore.” – Psalm 121:8

“I wait for the Lord, my whole being waits, and in his word I put my hope.” – Psalm 130:5

“Behold, how good and pleasant it is when God’s people live together in unity.” – Psalm 133:1

“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” – Psalm 139:23-24

“I remember the days of long ago. I meditate on all Your works and consider what Your hands have done.” – Psalm 143:5

“Great is the Lord and most worthy of praise; his greatness no one can fathom.” – Psalm 145:3

“The Lord is gracious and compassionate, slow to anger and rich in love. The Lord is good to all; he has compassion on all he has made.” – Psalm 145:8-9

“The Lord is trustworthy in all he promises, and faithful in all he does.” – Psalm 145:13b

“You open your hand and satisfy the desires of every living thing.” – Psalm 145:16

“The Lord is close to all who call on him, yes, to all who call on him in truth.” – Psalm 145:18

“God heals the brokenhearted, and binds up their wounds.” – Psalm 147:3

“The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction.” – Proverbs 1:7

“Discretion will protect you, and understanding will guard you.” – Proverbs 2:11

“Let love and faithfulness never leave you; write them on the tablet of your heart.” – Proverbs 3:3

“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.” – Proverbs 3:5-6

“Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh, and strength to your bones. – Proverbs 3:7-8

“Have no fear of sudden disaster... for the Lord will be at your side.” – Proverbs 3:25-26

“Pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one’s whole body.” – Proverbs 4:20-22

“Give careful thought to the paths for your feet and be steadfast in all your ways. Do not turn to the right or the left; keep your foot from evil.” – Proverbs 4:26-27

“For those who find me find life, and receive favor from the Lord.” – Proverbs 8:35

“Worry weighs a person down; an encouraging word cheers a person up.” – Proverbs 12:25

“Commit to the Lord all that you do, and your plans will be fulfilled.” – Proverbs 16:3

“The wise in heart are called discerning, and gracious words promote instruction.” – Proverbs 16:21

“Gracious words are like a honeycomb, sweetness to the soul and health to the body.” – Proverbs 16:24

“A friend loves at all times, and a brother is born for a time of adversity.” – Proverbs 17:17

“A cheerful heart is good medicine, but a crushed spirit dries up the bones.” – Proverbs 17:22

“One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother.” – Proverbs 18:24

“Many are the plans in a man’s heart, but it is the Lord’s purpose that prevails.” – Proverbs: 19:21

“The purposes of a person’s heart are deep waters, but one who has insight draws them out.” – Proverbs 20:5

“A good name is more desirable than great riches; to be esteemed is better than silver or gold.” – Proverbs 22:1

“Apply your heart to instruction and your ear to words of knowledge.” – Proverbs 23:12

“My child, listen and be wise: Keep your heart on the right course.” – Proverbs 23:19

“Where there is no understanding of the Word of the Lord, the people do whatever they want to, but happy is he who keeps the law.” – Proverbs 29:18

“Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and His understanding no one can fathom.” – Proverbs 40:28

“He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.” – Ecclesiastes 3:11

“Two are better than one. If either of them falls down, one can help the other up.” – Ecclesiastes 4:9-10

“Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.” – Ecclesiastes 4:12

“To enjoy your work and to accept your lot in life – that is indeed a gift from God.” – Ecclesiastes 5:20

“Whatever your hand finds to do, do it with all your might.” – Ecclesiastes 9:10

“Now all has been heard; here is the conclusion of the matter: Fear God and keep his commandments, for this is the duty of all mankind.” – Ecclesiastes 12:13

“See! The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come.” – Song of Solomon 2:11-12a

“Be careful, keep calm and don’t be afraid. Do not lose heart.” – Isaiah 7:4



“Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation.” – Isaiah 12:2

“You will keep in perfect peace those whose minds are steadfast, because they trust in you.” – Isaiah 26:3

“Lord, be gracious to us; we long for you. Be our strength every morning, our salvation in time of distress.” – Isaiah 33:2

“The Lord will save me, and we will sing with stringed instruments all the days of our lives in the temple of the Lord.” – Isaiah 38:20

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” – Isaiah 40:31

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” – Isaiah 41:10

“For I, the Lord your God, hold your right hand; it is I who say to you, ‘Fear not, I am the One who helps you.’” Isaiah 41:13

“I will turn the darkness into light before them and make the rough places smooth. These are the things I will do; I will not forsake them.” – Isaiah 42:16

“Do not fear, for I have redeemed you; I have summoned you by name; you are mine.” – Isaiah 43:1

“When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you.” – Isaiah 43:2

“Behold, I am doing a new thing! Now it springs forth; do you not perceive and know it and will you not give heed to it? I will even make a way in the wilderness and rivers in the desert.” – Isaiah 43:19

“I have put My words in your mouth and have covered you with the shadow of My hand, to establish the heavens, to found the earth, and to say to Zion, ‘You are My people.’” – Isaiah 51:16.

“How delightful on the mountains are the feet of one who brings good news, who announces peace and brings good news of happiness, who announces salvation, and says to Zion, ‘Your God reigns!’” – Isaiah 52:7

“Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed,” says the Lord, who has compassion on you.” – Isaiah 54:10

“As the rain and the snow come down from heaven, and do not return to it without watering the earth, and making it bud and flourish, so that it yields seed for the sower and bread for the eater, So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.” – Isaiah 55:10-11

“I have seen their ways, but I will heal them; I will guide them and restore comfort to Israel’s mourners, creating praise on their lips. Peace, peace, to those far and near,’ says the Lord. ‘And I will heal them.” – Isaiah 57:18-19

“As a mother comforts her child, so will I comfort you.” – Isaiah 66:13

“Blessed is the one who trusts in the Lord, whose confidence is in Him.” – Jeremiah 17:7

“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” – Jeremiah 29:11

“Then you will call on me and come and pray to me, and I will listen to you.” – Jeremiah 29:12

“You will seek me and find me when you seek me with all your heart.” – Jeremiah 29:13

“But I will restore you to health and heal your wounds,’ declares the Lord.” – Jeremiah 30:17

“I will turn their mourning into gladness; I will give them comfort and joy instead of sorrow.” – Jeremiah 31:13

“Ah, Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.” – Jeremiah 32:17

“I am the Lord, the God of all mankind. Is anything too hard for me?” – Jeremiah 32:27

“They will be my people, and I will be their God. I will give them singleness of heart and action, so that they will always fear me and that all will then go well for them and for their children after them.” – Jeremiah 32:38-39

“I will make an everlasting covenant with them: I will never stop doing good to them, and I will inspire them to fear me, so that they will never turn away from me.” – Jeremiah 32:40

“I will rejoice in doing them good, and will assuredly plant them in this land with all my heart and soul.” – Jeremiah 32:41

“I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.” – Jeremiah 33:6

“Give thanks to the Lord Almighty, for the Lord is good; his love endures forever.” – Jeremiah 33:11

“Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.” – Lamentations 3:22-23

“I say to myself, ‘The Lord is my portion; therefore I will wait for him. The Lord is good to those whose hope is in him, to the one who seeks him.’” – Lamentations 3:24-25

“I will seek what was lost and bring back what was driven away, bind up the broken and strengthen what was sick.” – Ezekiel 34:16

“I'm going to make them and everything that surrounds my hill a blessing. I'll send down the rain! At the appropriate time there will be a rainstorm of blessing!” – Ezekiel 34:26

“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.” – Ezekiel 36:26

“Thus says the Lord God to these bones: Behold, I will cause breath to enter you, and you shall live. I will lay sinews upon you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live, and you shall know I am the Lord.” – Ezekiel 37:5-6

“Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because your city and your people bear your Name.” – Daniel 9:19

“Do not be afraid. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard.” – Daniel 10:12

“Those who are wise will shine like the brightness of the heavens, and those who lead many to righteousness, like the stars for ever and ever.” – Daniel 12:3

“I will return her vineyards to her and transform the Valley of Trouble into a gateway of hope.” – Hosea 2:15

“And I will betroth you to me forever. I will betroth you to me in righteousness and in justice, in steadfast love and in mercy.” – Hosea 2:19

“For I desire steadfast love and not sacrifice, the knowledge of God rather than burnt offerings.” – Hosea 6:6

“They shall again live beneath my shadow, they shall flourish as a garden; they shall blossom like the vine, their fragrance shall be like the wine of Lebanon.” – Hosea 14:7

“Who is wise? Let them realize these things. Who is discerning? Let them understand. The ways of the Lord are right; the righteous walk in them, but the rebellious stumble in them.” – Hosea 14:9

“‘Even now,’ declares the Lord, ‘return to me with all your heart’.... Return to the Lord your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from

sending calamity. Who knows? He may turn and relent and leave behind a blessing.” – Joel 2:12-14

“And afterward, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions.” – Joel 2:28

“Seek good, not evil, that you may live. Then the Lord God Almighty will be with you, just as you say He is.” – Amos 5:14

“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.” – Micah 6:8

“But as for me, I watch in hope for the Lord, I wait for God my Savior; my God will hear me.” – Micah 7:7

“The Lord is good, a refuge in times of trouble. He cares for those who trust in him.” – Nahum 1:7

“The Lord God is my strength, and He has made my feet like hinds’ feet, and makes me walk on high places.” – Habakkuk 3:19

“The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.” – Zephaniah 3:17

“This is the promise I made to you... My Spirit remains among you; do not be afraid.” – Haggai 2:5

“They will call him Immanuel, which means God with us.” – Matthew 1:23

“Blessed are those who mourn, for they will be comforted.” – Matthew 5:4

“Blessed are the peacemakers, for they will be called children of God.” – Matthew 5:9

“Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.” – Matthew 5:16

“Your kingdom come, your will be done, on earth as it is heaven.” – Matthew 6:10

“Seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” – Matthew 6:33-34

“Come to me, all you who are weary and burdened, and I will give you rest.” – Matthew 11:28

“With God all things are possible.” – Matthew 19:26

“Love your neighbor as you love yourself.” – Matthew 22:39

“Everything is possible for one who believes.” – Mark 9:23

“All things are possible with God.” – Mark 10:27

“For no word from God will ever fail.” – Luke 1:37

“Blessed is she who has believed that the Lord would fulfill his promises to her!” Luke 1:45

“For the Mighty One has done great things for me – holy is His name.” – Luke 1:49

“Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.” – Luke 6:38

“Do not be afraid, little flock, for your Father has been pleased to give you the kingdom.” – Luke 12:32

“Whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” – John 4:14

“I have come that they may have life, and have it to the full.” – John 10:10b

“I am the good shepherd; I know my sheep and my sheep know me.” – John 10:14

“Do not let your hearts be troubled. You believe in God; believe also in me.” – John 14:1

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” – John 14:27

“Greater love has no one than this: to lay down one's life for one's friends.” – John 15:13

“Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.” – Romans 5:3-5

“But if we hope for what we do not yet have, we wait for it patiently.” – Romans 8:25

“What, then, shall we say in response to these things? If God is for us, who can be against us?” – Romans 8:31

“In all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God.” – Romans 8:37-39

“May God, who gives this patience and encouragement, help you live in complete harmony with each other.” – Romans 15:5

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” – Romans 15:13

“What no eye has seen, what no ear has heard, and what no human mind has conceived – the things God has prepared for those who love him.” – I Corinthians 2:9

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.” – I Corinthians 13:4-7

“And now these three remain: faith, hope and love. But the greatest of these is love.” – I Corinthians 13:13

“Therefore, my beloved brothers and sisters, be steadfast, immovable, always abounding in the work of the Lord.” – 1 Corinthians 15:58

“We fix our eyes not on what is seen, but on what is unseen.” – II Corinthians 4:18

“Thanks be to God for his indescribable gift!” – II Corinthians 9:15

“Carry each other’s burdens.” – Galatians 6:2

“Let us not become weary in doing good, for at the proper time we will reap at harvest if we do not give up.” – Galatians 6:9

“Therefore, as we have opportunity, let us do good to all people.” – Galatians 6:10

“Your roots will grow down into God’s love and keep you strong. And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep his love is.” – Ephesians 3:17-18

“Then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind.” – Philippians 2:2

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all.” – Philippians 4:4-5

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds.” – Philippians 4:6-7

“Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things. And the God of peace will be with you.” – Philippians 4:8-9

“Being strengthened with all power according to his glorious might so that you may have great endurance and patience.” – Colossians 1:11

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” – Colossians 3:12

“Whatever you do, work at it with all your heart, as working for the Lord.” – Colossians 3:23

“Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.” – Colossians 4:6

“Devote yourselves to prayer, being watchful, and thankful.” – Colossians 4:2

“Therefore encourage one another and build each other up, just as in fact you are doing.” – 1 Thessalonians 5:11

“Give thanks in all circumstances; for this is God’s will for you.” – I Thessalonians 5:18

“Brothers and sisters, never tire of doing what is good.” – II Thessalonians 3:13

“Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.” – II Thessalonians 3:16

“Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses.” – 1 Timothy 6:12

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” – II Timothy 1:7

“But the Lord stood at my side and gave me strength.” – II Timothy 4:17

“But encourage one another daily, as long as it is called ‘Today,’ so that none of you may be hardened by sin’s deceitfulness.” – Hebrews 3:13

“Let us hold unswervingly to the hope we profess, for he who promised is faithful.” – Hebrews 10:23

“Now faith is confidence in what we hope for and assurance about what we do not see.” – Hebrews 11:1

“By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going.” – Hebrews 11:8

“So we say with confidence, ‘The Lord is my helper; I will not be afraid.’” – Hebrews 13:6

“Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.” – James 1:12

“Humble yourselves before the Lord, and he will lift you up.” – James 4:10

“So be truly glad. There is wonderful joy ahead, even though you must endure many trials for a little while. These trials will show that your faith is genuine.” – I Peter 1:6-7

“But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.” – I Peter 2:9

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.” – I Peter 4:10

“Cast all your anxiety on God because God cares for you.” – I Peter 5:7

“The world and its desires pass away, but whoever does the will of God lives forever.” – I John 2:17

“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” – 1 John 3:1a

“Dear children, let us not love with words or speech but with actions and in truth.” – I John 3:18

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.” – I John 4:7-8

“And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them.” – I John 4:16

“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.” – I John 4:18

“We love because he first loved us. Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen. And he has given us this command: Anyone who loves God must also love their brother and sister.” – I John 4:19-21

“May God give you more and more mercy, peace, and love.” – Jude 1:2

“You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they were created and have their being.” – Revelation 4:11



“He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.” – Revelation 21:4

**Quotes** (Listed alphabetically by last name of author.)

“The deeds of today are the seeds we sow for tomorrow's harvest.” – Lailah Akita

“He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly.” – James Allen

“Let gratitude be the pillow upon which you kneel to say your nightly prayer. And let faith be the bridge you build to overcome evil and welcome good.” – Maya Angelou

“It is during our darkest moments that we must focus to see the light.” – Aristotle

“Dignity does not consist in possessing honors, but in deserving them.” – Aristotle

“Lord, grant us in all our duties your help, in all our perplexities your guidance, in all our dangers your protection, and in all our sorrows your peace.” – Augustine of Hippo

“It is a sad fate for a man to die too well known to everybody else, and still unknown to himself.” – Francis Bacon

“Those who say it can't be done are usually interrupted by others doing it.” – James Baldwin

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. – Melody Beattie

“Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely.” – Roy T. Bennett

“Be an encourager: when you encourage others, you boost their self-esteem, enhance their confidence, make them work harder, lift their spirits, and make them successful in their endeavors. Encouragement goes straight to the heart and is always available. Be an encourager. Always.” – Roy T. Bennett

“Believe in your heart that you're meant to live a life full of passion, purpose, and miracles.” – Roy T. Bennett

“Learn to light a candle in the darkest moments of someone's life. Be the light that helps others see; it is what gives life its deepest significance.” – Roy T. Bennett

“The strongest people find the courage and caring to help others, even if they are going through their own storm.” – Roy T. Bennett

“The Top 15 Things Money Can’t Buy: Time. Happiness. Inner Peace. Integrity. Love. Character. Manners. Health. Respect. Morals. Trust. Patience. Class. Common sense. Dignity.” – Roy T. Bennett

“Faith is the first factor in a life devoted to service. Without faith, nothing is possible. With it, nothing is impossible.” – Mary Bethune

“Don’t be afraid to stand for what you believe in, even if that means standing alone. – Andy Biersack

“They say a person needs just three things to be truly happy in this world: someone to love, something to do, and something to hope for.” – Tom Bodett

“When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, I used everything you gave me.” – Erma Bombeck

“Courage isn't having the strength to go on - it is going on when you don't have strength.” – Napoleon Bonaparte

“The greatness of a person’s power is in the measure of one’s surrender to God.” – William Booth

“Good character is more to be praised than outstanding talent. Most talents are to some extent a gift. Good character, by contrast, is not given to us. We have to build it piece by piece by thought, choice, courage, and determination.” – H. Jackson Brown

“The best preparation for tomorrow is doing your best today.” – H. Jackson Brown

“Twenty years from now you will be more disappointed by the things that you didn’t do than by the ones you did do.” – H. Jackson Brown

“Accept responsibility for your life. Know that it is you who will get you where you want to go, no one else.” – Les Brown

“The secret of joy in work is contained in one word – excellence. To know how to do something well is to enjoy it.” – Pearl Buck

“You don’t just luck into things as much as you’d like to think you do. You build them step by step, whether it’s friendships or opportunities.” – Barbara Bush

“Sometimes being a friend means mastering the art of timing. There is a time for silence. A time to let go and allow people to hurl themselves into their own destiny. And a time to prepare to pick up the pieces when it's all over.” – Octavia Butler

“Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.” – Herman Cain

“Don’t worry about failures, worry about the chances you miss when you don’t even try.” – Jack Canfield

“God delights to meet the faith of one who looks up to Him and says, ‘Lord, You know that I cannot do this – but I believe that You can!’” – Amy Carmichael

“So wait before the Lord. Wait in the stillness. And in that stillness, assurance will come to you. You will know that you are heard; you will know that your Lord ponders the voice of your humble desires; you will hear quiet words spoken to you yourself, perhaps to your grateful surprise and refreshment.” – Amy Carmichael

“It’s no use going back to yesterday, because I was a different person then.” – Lewis Carroll

“As we obey the leadings of the Spirit of God, we enable God to answer the prayers of other people. It is more and more impossible to me to have programs and plans because God alone has the plan, and our plans are only apt to hinder Him, and make it necessary for Him to break them up. I have the unspeakable knowledge that my life is the answer to prayers, and that God is blessing me and making me a blessing entirely of His sovereign grace... provided I am bold enough to trust His leading and not the dictates of my own wisdom and common sense.” – Oswald Chambers

“Get into the habit of dealing with God about everything. Unless in the first waking moment of the day you learn to fling the door wide back and let God in, you will work on a wrong level all day. Swing the door wide open and pray to God in secret, and every public thing will be stamped with the presence of God.” – Oswald Chambers

“Prayer does not equip us for greater works – prayer is the greater work.” – Oswald Chambers

“The life of faith is not a life of mounting up with wings, but a life of walking and not fainting” – Oswald Chambers

“We shall find peace. We shall hear angels; we shall see the sky sparkling with diamonds.” – Anton Chekhov

“Hope means hoping when things are hopeless, or it is no virtue at all. As long as matters are really hopeful, hope is mere flattery or platitude. It is only when everything is hopeless that hope begins to be a strength.” – G.K. Chesterton

“An effort made for the happiness of others lifts us above ourselves.” – Lydia Child

“Courage is rightly esteemed the first of human qualities, because it is the quality which guarantees all others.” – Winston Churchill

“Success is not final, failure is not fatal: it is the courage to continue that counts.” – Winston Churchill

“The pessimist sees difficulty in every opportunity; the optimist sees opportunity in every difficulty.” – Winston Churchill

“Gratitude is not only the greatest of virtues, but the parent of all others.” – Marcus Cicero

“It’s the possibility of having a dream come true that makes life interesting.” – Paul Coelho

“There are moments when troubles enter our lives and we can do nothing to avoid them. But they are there for a reason. Only when we have overcome them will we understand why they were there.” – Paul Coelho

“I don’t run away from a challenge because I am afraid. Instead, I run towards it because the only way to escape fear is to trample it beneath your foot.” – Natalie Comaneci

“Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas. If we think on these things there will be born in us a Savior and over us all will shine a star - sending its gleam of hope to the world.” – President Calvin Coolidge

“Little progress can be made by merely attempting to repress what is evil. Our great hope lies in developing what is good.” – President Calvin Coolidge

“We identify the flag with almost everything we hold dear on earth - peace, security, liberty, our family, our friends, our home. But when we look at our flag and behold it emblazoned with all our rights we must remember that it is equally a symbol of our duties. Every glory that we associate with it is the result of duty done.” – President Calvin Coolidge

“I am not a product of my circumstances. I am a product of my decisions.” – Stephen Covey

“Once we believe in ourselves, we can risk curiosity, wonder, spontaneous delight, or any experience that reveals the human spirit.” – E. E. Cummings

“All gave some; some gave all; some stood through for the red, white and blue; and some had to fall. And if you ever think of me, think of all your liberties and recall; some gave all.” – Billy Ray Cyrus

“You never lose by loving. You always lose by holding back.” – Barbara De Angelis

“Find the passion. It takes great passion and great energy to do anything creative. I would go so far as to say you can’t do things without that passion.” – Agnes de Mille

“The flower that blooms in adversity is the rarest and most beautiful of all.” – Walt Disney

“Courage, my friends; tis not too late to build a better world.” – Tommy Douglas

“Peace can become a lens through which you see the world. Be it. Live it. Radiate it out. Peace is an inside job.” – Wayne Dyer

“Courage is the price that life exacts for granting peace, the soul that knows it not, knows no release from little things.” – Amelia Earhart

“I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.” – Albert Einstein

“Only a life lived in the service to others is worth living.” – Albert Einstein

“It is never too late to be what you might have been.” – George Eliot

“It is always possible to be thankful for what is given rather than to complain about what is not given. One or the other becomes a habit of life.” – Elizabeth Elliot

“It takes a deep commitment to change and an even deeper commitment to grow.” – Ralph Ellison

“The only person you are destined to become is the person you decide to be.” – Ralph Emerson

“The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.” – Ralph Waldo Emerson

“Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things you only hoped for.” – Epicurus

“You cannot swim for new horizons until you have courage to lose sight of the shore.” – William Faulkner

“If there were no night, we would not appreciate the day, nor could we see the stars and the vastness of the heavens. We must partake of the bitter with the sweet. There is a divine purpose in the adversities we encounter every day. They prepare, they purge, they purify, and thus they bless.” – James E. Faust

“Obstacles are those frightful things you see when you take your eyes off your goal.” – Henry Ford

“The whole secret of a successful life is to find out what is one’s destiny to do, and then to do it.” – Henry Ford

“How wonderful it is that nobody needs to wait a single moment before starting to improve the world.” – Anne Frank

“I don't think of all the misery, but of the beauty that still remains.” – Anne Frank

“No one has ever become poor by giving.” – Anne Frank

“The best remedy for those who are afraid, lonely or unhappy is to go outside, somewhere where they can be quite alone with the heavens, nature and God. Because only then does one feel that all is as it should be and that God wishes to see people happy, amidst the simple beauty of nature.” – Anne Frank

“The Light of God surrounds me. The Love of God enfolds me. The Power of God protects me. The Presence of God watches over me. The Mind of God guides me. The Life of God flows through me. The Laws of God direct me. The Power of God abides within me. The Joy of God uplifts me. The Strength of God renews me. The Beauty of God inspires me. Wherever I am, God is!” – James Freeman

“The things that matter the most in this world, they can never be held in our hand.” – Gloria Gaither

“There may be no trumpet sound or loud applause when we make a right decision, just a calm sense of resolution and peace.” – Gloria Gaither

“Be the change that you wish to see in the world.” – Mahatma Gandhi

“Strength does not come from winning. Your struggles develop your strengths. When you go through hardships and decide not to surrender, that is strength.” – Mahatma Gandhi

“A mother’s love is the fuel that enables a normal human being to do the impossible.” – Marion C. Garretty

“Our lives are spent sailing in the mist, hoping for a burst of sunlight that can make sense of who we are.” – David Gemmell

“The attacks of September 11<sup>th</sup> were intended to break our spirit. Instead we have emerged stronger and more unified. We feel renewed devotion to the principles of political, economic, and religious freedom, the rule of law, and respect for human life. We are more determined than ever to live our lives in freedom.” – Rudolph Giuliani

“Correction does much, but encouragement does more.” – Johann Wolfgang von Goethe

“From a motivation perspective, helping others enriches the meaning and purpose of our own lives, showing us that our contributions matter and energizing us to work harder, longer, and smarter.” – Adam Grant

“If you don’t imagine, nothing ever happens at all.” – John Green

“Fear is not my portion; limitation is not my portion. For that reason I will dream massive dreams, and I will continue to dream until the end of my road.” – Euginia Herlihy

“Our goal should be to live in radical amazement, to get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal, everything is incredible, never treat life casually. To be spiritual is to be “amazed.” – Abraham Joshua Heschel

“Nevertheless, I sought counsel from my leaders and obeyed, even when I knew their advice would make my life more complicated. I decided it was not for me to question and that if some advice caused temporary pain for me, it must be something I should experience.” – Gordon Hinckley

“A ship in port is safe, but that is not what ships are for. Sail out to sea and do new things.” – Grace Hopper

“My joy is the golden sunset giving thanks for another day. Gratitude itself is a source of joy.” – Jonathan Lockwood Huie

“There's only one effectively redemptive sacrifice, the sacrifice of self-will to make room for the knowledge of God.” – Aldous Huxley

“There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are the messengers of overwhelming grief, of deep contrition, and of unspeakable love.” – Washington Irving

“Always stay connected to people and seek out things that bring you joy. Dream with abandon. Pray confidently.” – Barbara Johnson

“I don't have to figure out why or how or when. God has a plan, and I'm committed to it. That commitment frees me from having to worry about the details.” – Barbara Johnson

“We can never untangle all the woes in other people's lives. But we can bring a cup of cool water to a thirsty soul, or a scoop of laughter to a lonely heart.” – Barbara Johnson

“Your capacity to say ‘No’ determines your capacity to say ‘Yes’ to greater things.” – E. Stanley Jones

“Prayer is the deliberate and persevering action of the soul. It is true and enduring, and full of grace. Prayer fastens the soul to God and makes it one with God's will.” – Julian of Norwich

“If there is a chance in a million that you can do something, anything, to keep what you want from ending, do it. Pry the door open or, if need be, wedge your foot in that door and keep it open.” – Pauline Kael

“The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy.” – Kalu Ndukwe Kalu

“Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present.” – Bill Keane

“Alone we can do so little; together we can do so much.” – Helen Keller

“Life is either a great adventure or nothing.” – Helen Keller

“I long to accomplish great and noble tasks, but it is my chief duty to accomplish humble tasks as though they were great and noble. The world is moved along, not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest worker.” – Helen Keller

“The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.” – Helen Keller

“The Bible gives me a deep comforting sense that things seen are temporal, and things unseen are eternal.” – Helen Keller

“When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.” – Helen Keller

“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.” – President John F. Kennedy

“My fellow Americans, ask not what your country can do for you, ask what you can do for your country.” – President John F. Kennedy

“With God, there’s always an appointed time for things, and when you put Him first, trust in His timing, and keep the faith, miracles happen!” – Germany Kent

“Be a bush if you can't be a tree. If you can't be a highway, just be a trail. If you can't be a sun, be a star. For it isn't by size that you win or fail. Be the best of whatever you are.” – Martin Luther King Jr.

“Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.” – Martin Luther King Jr.

“Faith is taking the first step, even when you don't see the whole staircase.” – Martin Luther King Jr.

“Our lives begin to end the day we become silent about things that matter.” – Martin Luther King, Jr.

“The time is always right to do what is right.” – Martin Luther King Jr.

“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.” – Martin Luther King, Jr.

“Use me, God. Show me how to take who I am, who I want to be, and what I can do, and use it for a purpose greater than myself.” – Martin Luther King Jr.

“The very least you can do in your life is figure out what you hope for. And the most you can do is live inside that hope. Not admire it from a distance but live right in it, under its roof.” – Barbara Kingsolver



“The truest friend is the person who can be happy for you when something good comes your way that may never happen to him or her; whether marriage, financial success, talented children, or any other blessing.” – Harold Kushner

“If the world seems cold to you, kindle fires to warm it.” – Lucy Larcom

“Remember even though the outside world might be raining, if you keep on smiling the sun will soon show its face and smile back at you.” – Anna Lee

“Home is living in the center of God’s will.” – Juliana Leshner

“To love at all is to be vulnerable.” – C.S. Lewis

“Each day you are leading by example. Whether you realize it or not or whether it’s positive or negative, you are influencing those around you.” – Rob Liano

“At what point then is the approach of danger to be expected? I answer, if it ever reaches us, it must spring up amongst us. It cannot come from abroad. If destruction be our lot, we must ourselves be its author and finisher.” – President Abraham Lincoln

“I have been driven many times to my knees by the overwhelming conviction that I had absolutely no other place to go.” – President Abraham Lincoln

“Most folks are about as happy as they make their minds up to be.” – President Abraham Lincoln

“We have been preserved, these many years, in peace and prosperity. We have grown in numbers, wealth and power, as no other nation has ever grown. But we have forgotten God. We have forgotten the gracious hand which preserved us in peace, and multiplied and enriched and strengthened us; and we have vainly imagined, in the deceitfulness of our hearts, that all these blessings were produced by some superior wisdom and virtue of our own. Intoxicated with unbroken success, we have become too self-sufficient to feel the necessity of redeeming and preserving grace, too proud to pray to the God that made us!” – President Abraham Lincoln

“Build for your team a feeling of oneness, of dependence on one another, and of strength to be derived by unity.” – Vince Lombardi

“The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.” – Vince Lombardi

“Each morning sees some task begun, each evening sees it close. Something attempted, something done, has earned a night's repose.” – Henry Wadsworth Longfellow

“We’ll get through this. It won’t be painless. It won’t be quick. But God will use this mess for good. We won’t be foolish or naïve, but nor will we despair. With God’s help, we know, we will get through this.” – Max Lucado

“Good character is more to be praised than outstanding talent. Most talents are to some extent a gift. Good character, by contrast, is not given to us. We have to build it piece by piece by thought, choice, courage, and determination.” – John Luther

“Sometimes, it falls upon a generation to be great. You can be that great generation. Let your greatness blossom.” – Nelson Mandela

“What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.” – Nelson Mandela

“God’s way of dealing with us is to throw us into situations over our depth, then supply us with the necessary ability to swim.” – Catherine Marshall

“May we think of freedom not as the right to do as we please, but as the opportunity to do what is right.” – Peter Marshall

“What good is a dream that doesn’t test the mettle of the dreamer? What good is a path that doesn’t carry us to the edge of our capacity and then beyond that place? A true calling involves a great exposure before it can become a genuine refuge.” – Michael Meade

“Those who don't know how to weep with their whole heart, don't know how to laugh either.” – Golda Meir

“We cannot stand through the storms of life based on someone else’s faith. We must be fully assured in our own hearts and minds” – Joyce Meyer

“Every problem has two handles. You can grab it by the handle of fear or by the handle of hope.” – Margaret Mitchell

“Isn’t it nice to think that tomorrow is a new day with no mistakes in it yet?” – L.M. Montgomery

“The beginning of anxiety is the end of faith, and the beginning of true faith is the end of anxiety.” – George Muller

“The only way to learn strong faith is to endure great trials.” – George Muller

“A friend is someone who can brighten your day with a simple smile, when others try to do it with a thousand words.” – Beth Nimmo

“All you need is the plan, the road map, and the courage to press on to your destination.” – Earl Nightingale

“If I could give you information of my life it would be to show how a woman of very ordinary ability has been led by God in strange and unaccustomed paths to do in His service what He has done in her. And if I could tell you all, you would see how God has done all, and I nothing. I have worked hard, very hard, that is all; and I have never refused God anything.” – Florence Nightingale

“Don’t let one cloud obliterate the whole sky.” – Anaïs Nin

“Life is not about pursuing Power, Position, or Prestige. It is about willfully humbling yourself to serve others to the Glory of the Triune God.” – Noah of Livonia

“In order to be of service to others, we have to die to them; that is, we have to give up measuring our meaning and value with the yardstick of others... thus we become free to be compassionate.”  
– Henri Nouwen

“The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing... not healing, not curing... that is a friend who cares.” – Henri Nouwen

“The most authentic thing about us is our capacity to create, to overcome, to endure, to transform, to love, and to be greater than our suffering.” – Ben Okri

“Until you are convinced that prayer is the best use of your time, you will not find time for prayer.”  
– Hilary Ottensmeyer

“Tomorrow is the first blank page of a 365-page book. Write a good one.” – Brad Paisley

“Truly it is an evil to be full of faults. But it is a still greater evil to be full of them, and to be unwilling to recognize them.” – Pascal

“The truth is that our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy or unfulfilled. For it is only in such moments, propelled by our discomfort that we are likely to step out of our ruts and start searching for different ways or truer answers.” – M. Scott Peck

“It's a privilege to serve in Washington, D.C., but I never lose sight of what the Lord has called me to do in my life. And that is to be, first a husband, and then a father, and succeed there from His perspective, and He'll take care of everything else.” – Vice President Mike Pence

“I shall pass through this world but once. Any good, therefore that I can do, or any kindness that I can show to any human being, let me do it now. Let me not deter or neglect, for I shall not pass this way again.” – William Penn

“Action is the foundational key to all success.” – Pablo Picasso

“Every heart sings a song, incomplete, until another heart whispers back.” – Plato

“Never lose hope, there are always possibilities if you just look for them.” – Catherine Pulsifer

“Individuals can change things. If everyone will just do their little part, then we can make a tremendous difference in the lives of other people.” – Sarah Purcell

“Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.” – Mary Anne Radmacher

“Live with intention. Walk to the edge. Listen hard. Practice wellness. Laugh. Choose with no regret. Appreciate your friends. Continue to learn. Do what you love.” – Mary Anne Radmacher

“At some time, often when we least expect it, we all have to face overwhelming challenges. When the unthinkable happens, the lighthouse is hope. Once we find it, we must cling to it with absolute determination. When we have hope, we discover powers within ourselves we may have never known - the power to make sacrifices, to endure, to heal, and to love. Once we choose hope, everything is possible.” – Christopher Reeve

“Carry your candle, run to the darkness. Seek out the hopeless, confused and torn. Hold out your candle for all to see it. Take your candle, and go light your world.” – Chris Rice

“Some days He will do far more abundantly than all I can ask or imagine. And other days, He will sustain me in the storm.” – Vaneetha Rendall Risner

“Life is not a spectator sport. If you're going to spend your whole life in the grandstand just watching what goes on, in my opinion you're wasting your life.” – Jackie Robinson

“Serenity is not freedom from the storm, but peace amid the storm.” – Adrian Rogers

“Every day we live is a priceless gift of God, loaded with possibilities to learn something new, to gain fresh insights.” – Dale Evans Rogers

“If you could only sense how important you are to the lives of those you meet; there is something of yourself that you leave at every meeting with another person.” – Fred Rogers

“Some days, doing the ‘best we can’ may still fall short of what we would like to be able to do, but life isn't perfect - on any front - and doing what we can with what we have is the most we should expect of ourselves or anyone else.” – Fred Rogers

“Do the things that interest you and do them with all your heart. Don't be concerned about whether people are watching you or criticizing you.” – Eleanor Roosevelt

“Life must be lived and curiosity kept alive. One must never, for whatever reason, turn his back on life.” – Eleanor Roosevelt

“You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the things which you think you cannot do.” - Eleanor Roosevelt

“Do what you can, where you are, with what you have.” – President Theodore Roosevelt

“Nothing in the world is worth having or worth doing unless it means effort, pain, difficulty. I have never in my life envied a human being who led an easy life. I have envied a great many people who led difficult lives and led them well.” – President Theodore Roosevelt

“Every human life is worth the same, and worth saving.” – J.K. Rowling

“When the sun is shining, I can do anything; no mountain is too high, no trouble too difficult to overcome.” – Wilma Rudolph

“Everything that is made beautiful and fair and lovely is made for the eye of one who sees.” – Rumi

“Tough times never last. Tough people do.” – Robert Schuller

“I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who will have sought and found how to serve.” – Albert Schweitzer

“Nothing is more honorable than a grateful heart.” – Seneca

“A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still, gently allows you to grow.” – William Shakespeare

“Your anchor belongs to you. It comes from within. It comes out of your daily experiences of life. You learn and grow wise with the experiences of life. No matter what's happening in the outside world, you know what you are supposed to do at that moment when you follow your anchor.” – Roshan Sharma

“Life isn't about finding yourself. Life is about creating yourself.” – George Bernard Shaw

“People become attached to their burdens more than the burdens are attached to them.” – George Bernard Shaw

“Only you can take inner freedom away from yourself or give it to yourself. Nobody else can.” – Michael Singer

“Life is so unpredictable! None of us knows what our next moment may bring which is why flexibility is an essential life skill. Our work is not about you and me, but it is about helping those who answered the call to serve our great nation. It is no accident that we are here because helping is a Divine call.” – Byron Singleton

“This means that we must remember our mission is not about ‘me.’ Our mission is to serve, bless, and heal others.” – Byron Singleton

To be a child of God means to walk at the hand of God, to do God's will, to put all worries and all hopes in God's hand.” – Edith Stein

“When you get into a tight place and everything goes against you, till it seems as though you could not hang on a minute longer, never give up then. For that is just the place and time that the tide will turn.” – Harriet Beecher Stowe

“The remarkable thing is, we have a choice everyday regarding the attitude we will embrace for that day.” – Charles R. Swindoll

“One day at a time – this is enough. Do not look back and grieve over the past, for it is gone; And do not be troubled about the future, for it has not yet come. Live in the present, and make it so beautiful that it will be worth remembering.” – Ida Scott Taylor

“If God sends us on stony paths, He provides strong shoes.” – Corrie ten Boom

“Never be afraid to trust an unknown future to an all-knowing God.” – Corrie ten Boom

“The safest place is in the center of God’s will.” – Corrie ten Boom

“There is no pit so deep that God is not deeper still.” – Corrie ten Boom

“I can do things you cannot, you can do things I cannot; together we can do great things.” – Mother Teresa

“We can do no great things, only small things with great love.” – Mother Teresa

“We ourselves may feel that what we are doing is just a drop in the ocean. But if that drop was not in the ocean, I think the ocean would be less because of that missing drop.” – Mother Teresa

“The highest perfection consists not in great rapture, nor in visions, nor in the spirit of prophecy, but in the bringing of our wills so closely into conformity to the will of God that as soon as we realize He wills anything, we will it ourselves with all our might and take the bitter with the sweet.” – Teresa of Avila

“Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction.” – Margaret Thatcher

“Challenge your limit, never miss an opportunity.” – Alston Theodorus

“Encouragement is being a good listener, being positive, letting others know you accept them for who they are. It is offering hope, caring about the feelings of another, understanding.” – Gigi Tchividjian

“The bravest are surely those who have the clearest vision of what is before them, glory and danger alike, and yet notwithstanding, go out to meet it.” – Thucydides

“The world is indeed full of peril, and in it there are many dark places; but still there is much that is fair, and though in all lands love is now mingled with grief, it grows perhaps the greater.”  
– J.R.R. Tolkien

“There is good in this world, and it’s worth fighting for.” – J.R.R. Tolkien

“Everything is safe which we commit to God, and nothing is really safe which is not so committed.” – A. W. Tozer

“God never hurries. There are no deadlines against which he must work. Only to know this is to quiet our spirits and relax our nerves.” – A.W. Tozer

“Let everyone abide in the calling wherein he is called and his work will be as sacred as the work of ministry. It is not what a person does that determines whether his work is sacred or secular, it is why he does it. The motive is everything.” – A. W. Tozer

“Self is the opaque veil that hides the face of God from us. It can be removed only in spiritual experience, never by mere instruction.” – A. W. Tozer

“The believer is overwhelmed suddenly by a powerful feeling that only God matters. He finds himself free from slavery to other’s opinions. He learns to love above all else the assurance that he is well pleasing to the Father in heaven.” – A. W. Tozer

“The reason why many are still troubled, still seeking, still making little forward progress is because they haven't yet come to the end of themselves. We're still trying to give orders, and interfering with God's work within us.” – A.W. Tozer

“We must simplify our approach to God. We must strip down to essentials. We must put away all effort to impress, and come away with the guileless candor of childhood.” – A. W. Tozer

“Every great dream begins with a dreamer.” – Harriet Tubman

“Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.” – Desmond Tutu

“God's dream is that you and I and all of us will realize that we are family, that we are made for togetherness, for goodness, and for compassion.” – Desmond Tutu

“Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.” – Lao Tzu

“As we lose ourselves in the service of others, we discover our own lives and our own happiness.”  
– Dieter F. Uchtdorf

“Every time you say yes to something, you say no to something else. Are you saying ‘yes’ to what is most important? – Unknown

“Gratitude is a constant attitude of thankfulness and appreciation for life as it unfolds. Living in the moment, we are open to the abundance around us and within us. We express appreciation freely. We contemplate the richness of our life. In life’s trials, we seek to understand, to accept, to learn. Gratitude is a continual celebration of life.” – Unknown

“Just know, when you truly want success, you’ll never give up on it. No matter how bad the situation may get.” – Unknown

“Life is not about searching for things that could be found. It’s about letting the unexpected happen, and finding things for which you never searched.” – Unknown

“In the quilt of life, friends are the stitches that hold it together.” – Unknown

“Life is made up of special moments which make it worth living. There are many cherished moments that are missed due to stress and fast pace of daily living. We must slow down and remember how precious it is to be alive and to love.” – Unknown

“Memories are always invisible to eyes but can be felt with heart.” – Michelle Ustaszkeski

“Happiness cannot be traveled to, owned, earned, or worn. It is the spiritual experience of living every minute with love, grace, and gratitude.” – Denis Waitley

“The results you achieve will be in direct proportion to the effort you apply.” – Denis Waitley

“Thank you is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding.” – Alice Walker

“Humility is not thinking less of yourself; it is thinking of yourself less.” – Rick Warren

“Few things can help an individual more than to place responsibility on him, and to let him know that you trust him.” – Booker T. Washington

“We should not look back unless it is to derive useful lessons from past errors, and for the purpose of profiting by dearly bought experience.” – George Washington

“I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.” – Martha Washington

“When you are in doubt, be still, and wait. When doubt no longer exists for you, then go forward with courage. So long as mists envelop you, be still, be still until the sunlight pours through and dispels the mists... as it surely will. Then act with courage.” – White Eagle

“I am not afraid of tomorrow, for I have seen yesterday, and I love today!” – William Allen White

“Keep your face always toward the sunshine – and shadows will fall behind you.” – Walt Whitman



“We can always choose to perceive things differently. You can focus on what’s wrong in your life, or you can focus on what’s right.” – Marianne Williamson

“It is the simple things of life that make living worthwhile, the sweet fundamental things such as love and duty, work and rest, and living close to nature.” – Laura Ingalls Wilder

“Adversity is the state in which we most easily becomes acquainted with ourselves.” – John Wooden

“Be more concerned with your character than with your reputation, because your character is what you really are.” – John Wooden

“Grace means there is nothing we can do to make God love us more. And grace means there is nothing we can do to make God love us less. Grace means that God already loves us as much as an infinite God can possibly love.” – Philip Yancey

“F-E-A-R has two meanings: ‘Forget Everything And Run’ or ‘Face Everything And Rise.’ The choice is yours.” – Zig Ziglar