



# GFAFB COMMUNITY RESOURCES GUIDE



|   | ADAPT | AF EAP | Chapel* | CYP | CPO | DDRP | EO | EFMP | FAP** | HP  | IG | Legal | MH | MFLC | M&FRC | MLS | SAPR** |
|---|-------|--------|---------|-----|-----|------|----|------|-------|-----|----|-------|----|------|-------|-----|--------|
| Alcohol/Drugs   | ●     | ●      | ●●      |     |     | ●●   |    |      |       |     |    |       | ●  | ●●   |       | ●●  |        |
| Anxiety/Depression/Stress   |       | ●      | ●●      |     |     |      |    |      |       |     |    |       | ●  | ●●   |       | ●●  |        |
| Child & Youth   |       | ●      | ●●      | ●●● |     |      |    |      | ●●    |     |    |       |    | ●●   | ●●●   | ●●  |        |
| Family Violence (i.e. domestic abuse, sexual assault between intimate partners) |       | ●      | ●●      |     |     |      |    |      | ●●    |     |    |       |    | ●●   |       | ●●  |        |
| Finances  |       | ●      | ●●      |     |     |      |    |      |       |     |    |       |    | ●●   | ●●●   | ●●  |        |
| Grief/Loss/Sadness  |       | ●      | ●●      |     |     |      |    |      |       |     |    |       | ●  | ●●   |       | ●●  |        |
| Homicidal or Suicidal Thoughts  |       | ●      | ●●      |     |     |      |    |      |       |     |    |       | ●  | ●●   |       | ●●  |        |
| Hostile Work Environment  |       |        | ●●      |     | ●   |      | ●● |      |       |     | ●● |       |    |      |       |     |        |
| Interpersonal Conflicts/Relationship Issues                                     |       | ●      | ●●      |     |     |      |    |      | ●●    |     |    |       | ●  | ●●   |       | ●●  |        |
| Legal (i.e., wills, power of attorney)  |       | ●      |         |     |     |      |    |      |       |     |    | ●●    |    |      |       | ●●  |        |
| New Parent Assistance   |       | ●      | ●●      | ●●● |     |      |    |      | ●●    |     |    |       |    | ●●   |       | ●●  |        |
| Nutrition/Fitness/Tobacco   |       | ●      |         |     |     |      |    |      |       | ●●● |    |       |    |      |       | ●●  |        |
| PCS/Separation  |       |        | ●●      |     | ●   |      |    | ●●   |       |     |    |       |    | ●●   | ●●●   | ●●  |        |
| Sexual Assault  |       | ●      | ●●      |     |     |      |    |      |       |     |    |       |    | ●●   |       | ●●  | ●●●    |
| Sexual Harassment   |       | ●      | ●●      |     |     |      | ●● |      |       |     |    |       |    | ●●   |       | ●●  | ●●●    |
| Sleep   |       | ●      |         |     |     |      |    |      |       | ●●● |    |       | ●  | ●●   |       | ●●  |        |
| Special Needs/EFMP  |       | ●      |         |     | ●   |      |    | ●●   |       |     |    |       |    |      | ●●    | ●●  |        |
| Spiritual Needs   |       | ●      | ●●      |     |     |      |    |      |       |     |    |       |    |      |       | ●●  |        |
| Workplace Discrimination  |       |        | ●●      |     | ●   |      | ●● |      |       |     | ●● |       |    |      |       |     |        |
| Workplace Stress  |       | ●      | ●●      |     |     |      |    |      |       |     |    |       | ●  | ●●   |       | ●●  |        |

\* 100% Confidential

\*\* Able to maintain restricted report option if consulted first

Confidentiality varies across all other resources based upon reporting concern

● Active Duty ● Family Members ● Civilians

**#YouMatter**      **#NoWrongDoor**      **#GriffinStrong**



## **Chapel | 701-747-5673**

After hours: 701-747-6711;  
request on-duty chaplain

100% Confidential Counseling • Religious Education • Pastoral Care • Fellowship • Spiritual Readiness Wellness Check • Religious Accommodations

## **Child & Youth Programs (CYP)**

School Liaison: 701-747-5033  
School Age Care: 701-747-3150  
Child Development Center: 701-747-3042  
Liberty Square Teen Center: 701-747-3428  
Community Child Care Coordinator: 701-747-5033

## **Equal Opportunity (EO) 701-747-3200**

Complaints Processing • Unlawful Discrimination • Sexual Harassment • Harassment • Climate Surveys

## **EFMP - Family Support 701-747-4484**

Services for families with special needs  
• Identification/Enrollment • Assignments • Resources • Events • Needs Assessments

## **Family Advocacy Program (FAP) 701-747-6806**

Services for AD and family members • Couples Counseling • Parenting Classes • Relationship Programs • New Parent Support Program

## **Health Promotion (HP) 701-747-5918**

Healthy Lifestyles • Nutrition • Fitness • Sleep Hygiene • Tobacco Cessation

## **Inspector General (IG) 701-747-4444**

Services available for AD and Civilian personnel • Complaints • Fraud, Waste and Abuse

## **Legal Assistance 701-747-3606**

Services available for AD, Family members and Retirees • Wills/Power of Attorney • Divorce/Custody Concerns • Landlord/Tenant Issues

## **Military & Family Readiness Center (M&FRC) 701-747-3241**

Family Readiness • Transition • Personal Finance • Family Member Employment • Relocation • Air Force Aid Society

## **MFLC 701-405-5894**

Services for AD and family members • Daily Stressors • Relationship Issues • Communication • Grief & Loss • Anxiety • Family Challenges

## **Mental Health (MH) & ADAPT 701-747-4460**

Services for AD • Mental Health Issues • Drug & Alcohol • Prevention • Treatment

## **SAPR | 701-747-7272 24 hour response**

Sexual Assault Response • Confidential Victim Advocacy • Sexual Harassment • Awareness • Prevention • Education

## **AF Employee Assistance Program (AF EAP) 866-580-9078**

## **Civilian Personnel Office (CPO) 701-747-5036**

## **Drug Demand Reduction & Prevention (DDRP) 701-747-5522**

## **Military 1 Source (M1S) 800-342-9647**



**National Crisis Lifeline available 24/7 by calling/texting 988  
DoD Safe Helpline: 877-995-5247**

