Associate of Science in Public Health

The Associate of Science in Public Health degree offers introductory courses in sociology, psychology, health, and wellness while looking at the American healthcare system. This online associate degree offers a focus on interpersonal communication, leadership, and motivation, skills often required for entry-level careers in community healthcare or occupational health and safety settings.

The university also offers a bachelor's in public health that can either be a logical next step after earning the associate or may be considered instead of the associate. We recommend you speak with an admission representative to discuss the appropriate starting level to meet your educational goals.

Degree Program Objectives

In addition to the institutional and degree level learning objectives, graduates of this program are expected to achieve these learning outcomes:

- Explain how and why they are a part of a global community and how the health of one nation or community affects the planet as a whole.
- Explain why the profession of public health is dynamic, political, and controversial. To face health issues, a professional must define the public as diverse with many views, beliefs, values and concerns.
- Possess the training and competence in the use of technologies to deliver health care services to their communities.
- Choose and use the appropriate policies, educational programs, and incentives to develop and maintain individual and community lifestyles that promote optimal health.
- Develop a continuum of supportive public health services appropriate for their community.
- Resolve conflicts over public health and health care issues.
- Ensure that the findings of current public health research are communicated to their communities in an appropriate manner.
- Assure communities of the right to receive sufficient information from suppliers of health care technologies, health care providers, and relevant governmental agencies.
- Explain and assist in the development of a safe community environment.
- Maintain involvement with their communities to assure appropriate education regarding public health matters.
- Maintain the utmost ethical standards in their personal and professional conduct.

Degree at a Glance

Code	Title	Semester Hours
General Education Requirements		30
Major Required		22
Elective Requirements		8
Total Semester Hours		60

Degree Program Requirements

General Education Requirements (30 semester hours)

Code	Title	Semester Hours
Arts and Humanities (6 semester hours) [1]		
PHIL200	Introduction to Ethics	3
Select 1 course from the following:		3
ARAB100	Arabic I	
ARAB101	Arabic II	
ARTH200	Art Appreciation	
ARTH240	Survey of Photography	
ARTH241	Film and Literature	
DSIN141	Image Enhancement using Adobe Photoshop	
FREN100	French I	
FREN101	French II	
GERM100	German I	
GERM101	German II	
JAPN100	Introduction to Japanese	
LITR215	Literature of American Encounters, Revolution, and Rebellion	
LITR218	From Abolition to #MeToo: Literature of the American Civil Rights Movement	
LITR222	Pivotal Figures in Early British Literature	
LITR225	British Literature from Wordsworth through the Wasteland	
LITR231	Leadership in World Literature: Antiquity to the Early Modern Period	
LITR233	Literature of the Newly Globalized World: The Individual's Struggle to Adapt	
MUSI200	Music Appreciation	
MUSI212	Jazz and Rock	
MUSI250	World Music and Cultures	
PHIL101	Introduction to Philosophy	
PHIL110	Critical Thinking	

PHIL202	Philosophy of Science
PORT100	Introduction to Brazilian Portuguese
RELS101	Introduction to the Study of Religion
RELS201	Introduction to World Religions
RUSS100	Russian I
SPAN100	Spanish I
SPAN101	Spanish II
STEM270	Thinking and Acting Ethically

Civics, Political and Social Sciences (6 semester hours) [1]

	Select 2 courses from the following:	6
ANTH100	Introduction to Anthropology	
ANTH202	Introduction to Cultural Anthropology	
CHFD220	Human Sexuality	
COMM211	Social Media and Society	
COMM240	Intercultural Communication	
ECON101	Microeconomics	
ECON102	Macroeconomics	
EDUC200	Humane Education: A Global Interdisciplinary Perspective	
GEOG101	Introduction to Geography	
HOSP110	Practical Food Safety and Awareness	
IRLS210	International Relations I	
LITR212	Forgotten America--Under Represented Cultures in American Literature	
LITR235	Four Points of the Compass: Culture and Society Around the World	
POLS101	Introduction to Political Science	
POLS210	American Government I	
PSYC101	Introduction to Psychology	
RELS250	Death and Dying	
RELS260	Race & Religion	
RELS270	Hope and Resilience	
SOCI111	Introduction to Sociology	
SOCI212	Social Problems	
SOCI220	American Popular Culture	
STEM280	Exploring Society and Cultures via Science Fiction	

Communication: Writing, Oral, and Multimedia (9 semester hours)

COMM120	Information and Digital Literacy	3
COMM285	Interpersonal Communications	3
ENGL110	Making Writing Relevant	3

History (3 semester hours)

	Select 1 course from the following:	3
HIST101	American History to 1877	
HIST102	American History since 1877	
HIST111	World Civilization before 1650	
HIST112	World Civilization since 1650	
HIST121	Western Civilization before The Thirty Years War	
HIST122	Western Civilization since The Thirty Years War	
HIST221	African-American History before 1877	
HIST222	African-American History since 1877	
HIST223	History of the American Indian	
HIST270	History of Science	
STEM185	The History and Context of STEM	

Mathematics and Applied Reasoning (3 semester hours)

	Select 1 course from the following:	3
ACCT105	Accounting for Non Accounting Majors	
ENTD200	Fundamentals of Programming	
MATH110	College Algebra	
MATH111	College Trigonometry	
MATH112	Pre-Calculus	
MATH120	Introduction to Statistics	
MATH125	Math for Liberal Arts Majors	
MATH225	Calculus	

Natural Sciences (3 semester hours)

BIOL180	Introduction to Biology	3
Total Semester Hours		30

[1] All literature courses require successful completion of ENGL101 - Proficiency in Writing or ENGL110 - Making Writing Relevant.

Major Required (22 semester hours)

Code	Title	Semester Hours
PBHE111	Introduction to Health Care Administration	3
PBHE112	Health Services Organization	3
PBHE209	Wellness: Health Promotion and Disease Prevention	3
SCIN131	Introduction to Chemistry with Lab	4
PBHE211	Public Health in America	3
PBHE215	Healthcare: Moral Issues	3
SPHE295	Foundations of Nutrition	3
Total Semester Hours		22

Elective Requirements (8 semester hours)

Code	Title	Semester Hours
Select any courses comprised of lower (100-200) level courses not already taken to fulfill the requirements listed above. Additional general education courses may be taken to fulfill elective requirements.		8
Total Semester Hours		8