

Table A-7. Time spent in primary activities¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2005-09

Own household children under 18

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	9.01	8.62	9.10	8.45	9.39	8.76	.39	.65	.64
Sleeping	8.20	8.04	8.34	7.91	8.77	8.15	.17	.43	.61
Household activities	2.00	1.35	2.62	1.21	3.58	1.06	.65	1.41	2.52
Housework87	.27	1.13	.23	1.67	.20	.59	.90	1.47
Food preparation and cleanup78	.35	1.01	.29	1.42	.27	.43	.72	1.15
Lawn and garden care08	.23	.12	.24	.13	.20	-.14	-.12	-.07
Purchasing goods and services58	.37	.70	.33	.75	.37	.21	.36	.37
Grocery shopping13	.06	.17	.06	.20	.08	.07	.11	.12
Consumer goods purchases, except grocery shopping35	.24	.41	.22	.44	.24	.11	.19	.20
Caring for and helping household members	1.26	.86	1.94	.94	2.62	.85	.40	1.00	1.77
Caring for and helping household children	1.24	.83	1.92	.93	2.60	.82	.41	.99	1.78
Physical care54	.28	.78	.34	1.06	.26	.26	.44	.81
Education-related activities10	.08	.17	.05	.24	.05	.03	.11	.19
Reading to/with children05	.02	.08	.03	.09	.03	.02	.05	.06
Playing/doing hobbies with children20	.24	.38	.29	.60	.33	-.03	.08	.27
Working and work-related activities ³	5.20	5.99	2.78	6.10	.07	6.25	-.79	-3.33	-6.18
Working ³	5.18	5.95	2.74	6.06	.01	6.20	-.77	-3.32	-6.19
Leisure and sports	2.93	3.73	3.43	3.68	4.14	3.61	-.81	-.25	.53
Socializing and communicating61	.54	.78	.60	.90	.63	.07	.18	.27
Watching television	1.52	2.16	1.67	1.93	2.21	1.99	-.65	-.26	.22
Participating in sports, exercise, and recreation17	.33	.23	.33	.23	.28	-.15	-.09	-.05
Travel	1.36	1.42	1.37	1.50	1.18	1.42	-.06	-.13	-.24
Travel related to caring for and helping household children23	.15	.28	.13	.31	.07	.08	.16	.24
Other activities, not elsewhere classified	1.67	1.66	2.07	1.79	2.28	1.68	.01	.28	.60

See footnotes at end of table.

Table A-7. Time spent in primary activities¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2005-09—Continued

Own household children, youngest under 6

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	9.04	8.67	9.08	8.34	9.46	8.77	.37	.74	.68
Sleeping	8.29	8.12	8.37	7.84	8.89	8.19	.18	.53	.71
Household activities	1.85	1.23	2.38	1.10	3.32	1.07	.62	1.28	2.26
Housework78	.29	1.03	.26	1.55	.20	.49	.77	1.35
Food preparation and cleanup78	.36	.99	.30	1.37	.27	.43	.70	1.10
Lawn and garden care07	.17	.09	.19	.12	.19	-.10	-.11	-.07
Purchasing goods and services58	.39	.69	.33	.71	.40	.19	.36	.31
Grocery shopping14	.07	.15	.07	.17	.09	.07	.08	.08
Consumer goods purchases, except grocery shopping34	.25	.41	.21	.45	.25	.09	.20	.19
Caring for and helping household members	2.01	1.37	2.86	1.47	3.26	1.10	.64	1.39	2.16
Caring for and helping household children	2.00	1.35	2.84	1.45	3.25	1.08	.65	1.39	2.17
Physical care	1.03	.55	1.37	.62	1.50	.37	.48	.75	1.13
Education-related activities08	.06	.09	.04	.17	.03	.02	.05	.13
Reading to/with children09	.04	.13	.06	.12	.04	.05	.07	.08
Playing/doing hobbies with children43	.46	.77	.51	.90	.49	-.03	.26	.41
Working and work-related activities ³	4.99	5.85	2.56	6.13	.05	6.13	-.86	-3.58	-6.08
Working ³	4.97	5.80	2.52	6.07	.01	6.10	-.83	-3.55	-6.08
Leisure and sports	2.62	3.57	3.18	3.46	3.95	3.50	-.95	-.27	.45
Socializing and communicating61	.56	.80	.66	.92	.68	.04	.14	.24
Watching television	1.36	2.04	1.50	1.81	2.13	1.91	-.68	-.31	.22
Participating in sports, exercise, and recreation16	.31	.22	.29	.22	.24	-.15	-.07	-.03
Travel	1.36	1.33	1.26	1.42	1.09	1.38	.03	-.16	-.28
Travel related to caring for and helping household children29	.17	.25	.13	.28	.07	.12	.13	.21
Other activities, not elsewhere classified	1.55	1.58	1.99	1.75	2.16	1.65	-.03	.24	.51

See footnotes at end of table.

Table A-7. Time spent in primary activities ¹ by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2005-09—Continued

Own household children 6-17, none younger

Activity	Average hours per day						Differences in married mothers' and fathers' time use on an average day (hours) ²		
	Both spouses work full time		Mother employed part time and father employed full time		Mother not employed and father employed full time		Both spouses work full time	Mother employed part time and father employed full time	Mother not employed and father employed full time
	Mothers	Fathers	Mothers	Fathers	Mothers	Fathers			
Total, all activities	24.00	24.00	24.00	24.00	24.00	24.00	0.00	0.00	0.00
Personal care activities	8.99	8.59	9.10	8.54	9.29	8.73	.40	.57	.56
Sleeping	8.14	7.98	8.32	7.97	8.56	8.10	.16	.35	.46
Household activities	2.11	1.44	2.81	1.29	3.99	1.06	.67	1.52	2.93
Housework92	.26	1.20	.20	1.86	.20	.67	1.00	1.66
Food preparation and cleanup78	.34	1.03	.29	1.50	.26	.44	.74	1.24
Lawn and garden care10	.27	.15	.28	.16	.23	-.17	-.13	-.07
Purchasing goods and services58	.35	.71	.33	.81	.33	.23	.37	.47
Grocery shopping13	.06	.18	.05	.25	.06	.07	.13	.19
Consumer goods purchases, except grocery shopping36	.23	.41	.23	.43	.23	.13	.18	.20
Caring for and helping household members73	.49	1.20	.51	1.59	.47	.24	.69	1.12
Caring for and helping household children71	.47	1.17	.49	1.56	.43	.25	.68	1.13
Physical care20	.09	.30	.11	.36	.09	.10	.20	.28
Education-related activities12	.09	.23	.06	.37	.07	.03	.17	.30
Reading to/with children02	.01	.04	.01	.04	.01	.01	.03	.03
Playing/doing hobbies with children04	.08	.06	.12	.11	.09	-.04	-.06	.02
Working and work-related activities ³	5.34	6.08	2.95	6.08	.10	6.43	-.74	-3.13	-6.32
Working ³	5.32	6.05	2.91	6.05	.02	6.36	-.73	-3.14	-6.34
Leisure and sports	3.14	3.84	3.63	3.86	4.44	3.78	-.71	-.24	.66
Socializing and communicating60	.52	.76	.55	.87	.55	.08	.21	.32
Watching television	1.62	2.25	1.81	2.04	2.33	2.11	-.63	-.23	.23
Participating in sports, exercise, and recreation18	.34	.24	.35	.25	.33	-.16	-.11	-.08
Travel	1.36	1.49	1.46	1.56	1.31	1.48	-.13	-.11	-.17
Travel related to caring for and helping household children20	.14	.31	.13	.36	.07	.05	.18	.29
Other activities, not elsewhere classified	1.75	1.72	2.14	1.82	2.47	1.73	.03	.32	.74

¹ A primary activity refers to an individual's main activity. Other activities done simultaneously are not included.

² In each employment category, differences are calculated by subtracting fathers' average hours from mothers' average hours.

³ Estimates include a small amount of work time done by persons who do not meet the ATUS definition of employed.

NOTE: Data refer to persons 15 years and over. For technical information about the American Time Use Survey, see the ATUS User's Guide: www.bls.gov/tus/atususersguide.pdf.

Source: American Time Use Survey, Bureau of Labor Statistics