

Sexuality and Intimacy in Dementia

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

On this resource list:

- **Alzheimer's Association Publications**
- **Articles, Journal**
- **Books and Book Chapters**
- **Videos**
- **Web Resources**

Alzheimer's Association Publications

Changes in your relationship [web page]

Available online:

<https://www.alz.org/help-support/i-have-alz/know-what-to-expect/changes-in-relationships>

Changes in sexuality and intimacy [topic sheet]

Available online:

http://www.alz.org/national/documents/topicsheet_sexuality.pdf

Articles, Journal

Cipriani, G.; Ulivi, M.; Danti, S.; et al. Sexual disinhibition and dementia. *Psychogeriatrics: the Official Journal of the Japanese Psychogeriatric Society*. Mar 2016; vol. 16(2), pp. 145-153.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26215977>
Green-Field Library does not own.

De Giorgi, R.; Series, H. Treatment of inappropriate sexual behavior in dementia. *Current Treatment Options in Neurology*. Sept 2016; vol. 18(9), p. 41.
Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4980403/>
Green-Field Library does not own.

Garrett, D. Experiences of sexual intimacy among older people. *British Journal of Nursing*. Jun-Jul 2015; vol. 24(12), p. 639.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26110856>
Green-Field Library does not own.

Hillman, J. Sexual consent capacity: ethical issues and challenges in long-term care. *Clinical Gerontologist*. Jan-Feb 2017; vol. 40(1), pp. 43-50.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28452627>
Green-Field Library owns.

Holdsworth, K.; McCabe, M. The impact of dementia on relationships, intimacy, and sexuality in later life couples: an integrative qualitative analysis of existing literature. *Clinical Gerontologist*. Jan-Feb 2018; vol. 41(1), pp. 3-19.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/29161218>
Green-Field Library owns.

Nordvig, A.; Goldberg, D.; Huey, E.; et al. The cognitive aspects of sexual intimacy in dementia patients: a neurophysiological review. *Neurocase*. Feb-Apr 2019; vol. 25(1-2), pp. 66-74.
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30990123>
Green-Field Library does not own.

Roelofs, TS; Luijkx, KG; Embregts, PJ. Intimacy and sexuality of nursing home residents with dementia: a systematic review. *International Psychogeriatrics*. Mar 2015; vol. 27(3), pp. 367-384.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/25381794>

Green-Field Library owns.

Rosen, T.; Lachs, MS; Pillemer K. Sexual aggression between residents in nursing homes: literature synthesis of an underrecognized problem. *Journal of the American Geriatrics Society*. Oct 2010; vol. 58(10), pp. 1970-1979.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3625650>

Green-Field Library owns.

Thom, R.; Grudzinskas, A.; Saleh, F. Sexual behavior among persons with cognitive impairments. *Current Psychiatry Reports*. May 2017; vol. 19(5), p. 25.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28417268>

Green-Field Library does not own.

Torrisi, M.; Cacciola, A.; Marra, A.; et al. Inappropriate behaviors and hypersexuality in individuals with dementia: an overview of a neglected issue. *Geriatrics & Gerontology International*. Jun 2017; vol. 17(6), pp. 865-874.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27489168>

Green-Field Library does not own.

Walmsley, B.; McCormack, L. Shame, hope, intimacy and growth: dementia distress and growth in families from the perspective of senior aged care professionals. *Dementia (London)*. Feb 27 2015;

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/25725002>

Green-Field Library owns.

Wiskerke, E.; Manthorpe, J. Intimacy between care home residents with dementia: findings from a review of the literature. *Dementia (London)*. Jan 2019; vol. 18(1), pp. 94-107.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27412879>

Green-Field Library owns.

Books and Book Chapters

Hellen, C. Expressions of intimacy: giving and receiving affection. IN: *Alzheimer's disease: activity-focused care*. 2nd edition.

Boston, MD: Butterworth-Heinemann, 1998.

Green-Field Library Call No.: WM 450 H477a 1992

Spenser, B.; White, L. *Physical intimacy*. IN: *Coping with behavior change in dementia: a family caregiver's guide*.

Ann Arbor, MI: Whisppub LLC, 2015

Green-Field Library Call No.: WM 220 S745 2015

Steinke, EE. Issues regarding sexuality. IN: *Evidence-based geriatric nursing protocols for best practice*. 5th edition.

New York, NY: Springer Publishing, 2016

Green-Field Library Call No.: WY 152 E93 2016

Wornell, D. *Sexuality and dementia: compassionate and practical strategies for dealing with unexpected or inappropriate behaviors*.

New York, NY: Demos Health Publishing, 2014

Green-Field Library Call No.: WM 220 W919 2014

Videos

A thousand tomorrows: intimacy, sexuality and Alzheimer's.

Chicago, IL: Terra Nova Films, 1994.

1 DVD (31 min.) + study guide.

Green-Field Library Call No.: WM 220 DVD no.40 1995

Freedom of sexual expression: dementia and resident rights in long-term care facilities.

Riverdale, N.Y.; Chicago, IL: Hebrew Home for the Aged at Riverdale;

Terra Nova Films distributor, 2002.

1 videocassette (17 min.) + study guide. Also available from Terra Nova Films in Spanish.

Green-Field Library Call No.: WY 152 DVD no.88 2002

More than a thousand tomorrows.

Chicago, IL: Terra Nova Films, 2004.

1 DVD (22 min.)

Green-Field Library Call No.: WM 220.75 DVD no.105 2003

Physical intimacy.

Baltimore, MD: Medschool Maryland Productions, 2008

1 DVD (18 min.)

Green-Field Library Call No.: WY 152 DVD no.215 2008

Preventing and responding to sexual harassment in long term care.

Eldercare Communications, 2013

1 DVD (26 min.)

Green-Field Library Call No.: on order

Sexuality in long term care series. Sexuality in long term care: resident to resident

1 DVD (20 min.)

Baltimore, MD; Medschool Maryland Productions, 2008

Green-Field Library Call No.: WY 152 DVD no.214 2008

Sexuality in long term care series. Sexual advances toward staff

1 DVD (20 min.)

Baltimore, MD; Medschool Maryland Productions, 2008

Green-Field Library Call No.: WY 152 DVD no.216 2008

Web Resources

Changes in intimacy and sexuality in Alzheimer's disease

Bethesda, MD: National Institute on Aging

<https://www.nia.nih.gov/health/changes-intimacy-and-sexuality-alzheimers-disease>

Do Alzheimer's patients have the right to say yes to sex? We honor what remains in a person, not what's gone.

Aaron Ben-Zeev; Psychology Today, 2015

<https://www.psychologytoday.com/us/blog/in-the-name-love/201504/do-alzheimers-patients-have-the-right-say-yes-sex>

Intimacy and sexuality practice guidelines.

Brockville, ON: Lanark, Leeds and, 2013

http://brainxchange.ca/Public/Files/Sexuality/Intimacy-SexualityLTCResourceTool_LLGDraft22.aspx

Intimacy, marriage and Alzheimer's.

San Francisco, CA: Eldercare Online.

<http://www.ec-online.net/Knowledge/articles/intimacy.html>

The last taboo: a guide to dementia, sexuality, intimacy and sexual behavior in care homes

London, UK: International Longevity Centre

http://www.ilcuk.org.uk/index.php/publications/publication_details/the_last_taboo_a_guide_to_dementia_sexuality_intimacy_and_sexual_behaviour

Sex and dementia

London, UK: Alzheimer's Society

http://www.alzheimers.org.uk/site/scripts/documents_info.php?documentID=129

Sexual behavior and Alzheimer's disease.

New York, NY: WebMD

Intimacy and dementia: is there a time to stop having sex?

Kennard, C.

<http://www.healthcentral.com/alzheimers/c/57548/24937/time-stop-sex>

Sexuality and dementia.

San Francisco, CA: Family Caregiver Alliance

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=677

Sexuality and Intimacy in Dementia

A selected list of references compiled by

Alzheimer's Association Green-Field Library and Resource Center
Alzheimer's Association National Office
Chicago, IL

Revised 2019