

## Nutrition and Alzheimer's Disease

This list is a reviewed collection of items prepared by the Alzheimer's Association Green-Field Library staff. Contact your local chapter or local library for availability of the items.

### On this resource list:

Alzheimer's Association Publications

General

Caregiving Direct Care

Caregiving Professional

- Artificial Nutrition – Hydration – Tube Feeding
- Meal Strategies
- Nutrition Concerns
- Training

Prevention

### Alzheimer's Association Publications

*Alzheimer's Association dementia care practice recommendations*

Meeks S; Fazio S; Kallmyer B; Maslow K; Zimmerman S.

Chicago IL: Alzheimer's Association National Headquarters 2018.

<https://www.alz.org/media/Documents/alzheimers-dementia-care-practice-recommendations.pdf>

*Alzheimer's Association dementia care practice recommendations for assisted living residences and nursing homes phases 1 and 2.*

Chicago IL: Alzheimer's Association National Headquarters 2006.

Geared toward staff working in assisted living facilities and nursing homes these practice recommendations cover fundamentals of dementia care and six priority care practices including food and fluid consumption.

[http://www.alz.org/national/documents/brochure\\_DCPRphases1n2.pdf](http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf)

*Eating.*

Chicago IL: Alzheimer's Association 2005. (Topic Sheet)

[http://www.alz.org/national/documents/topicsheet\\_eating.pdf](http://www.alz.org/national/documents/topicsheet_eating.pdf)

*Food and Eating*

Chicago IL: Alzheimer's Association

<https://www.alz.org/care/alzheimers-food-eating.asp>

## **General**

Chen X; Maguire B; Brodaty H; et al. Dietary patterns and cognitive health in older adults: a systematic review *Journal of Alzheimer's Disease*. 2019; vol. 67(2), pp. 583-619.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30689586>

Green-Field Library owns.

Dorner B. Position of the American Dietetic Association: Individualized Nutrition Approaches for Older Adults in Health Care Communities. *Journal of Academy of Nutrition and Dietetics*. Oct 2010; vol. 110(10), pp. 1549-1553.

Full-text: [https://jandonline.org/article/S0002-8223\(10\)01356-8/fulltext](https://jandonline.org/article/S0002-8223(10)01356-8/fulltext)

Green-Field Library does not own.

Giulietti A; Vignini A; Nanetti L; et al. Alzheimer's disease risk and progression: the role of nutritional supplements and their effect on drug therapy outcome.

*Current Neuropharmacology*. 2016; vol. 14(2), pp. 177-190.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/26415975>

Green-Field Library does not own.

Gustafson DR; Clare Morris M; Scarmeas N et al. New perspectives on Alzheimer's disease and nutrition. *Journal of Alzheimer's Disease*. 2015; vol. 46(4), pp. 1111-1127.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26402637>

Power R; Prado-Cabrero A; Mulcahy R et al. The role of nutrition for the aging population: implications for cognition and Alzheimer's disease.

*Annual Review of Food Science and Technology*. Mar 2019; vol. 25(10), pp. 619-639.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/30908950>

Green-Field Library does not own.

## Web resource

### *Nutrition*

Pinterest board with resources on nutrition: guidelines, recipes, and tools for persons living with dementia, Easy registration for Pinterest is required.

Chicago, IL: Alzheimer's Association Green-Field Library

<https://www.pinterest.com/AlzVL/nutrition>

## Caregiving, Direct Care

### Articles Journal

Hua-Chen H. Features of problematic eating behaviors among community-dwelling older adults with dementia: family caregivers' experience. *Geriatric Nursing*. Sep-Oct 2013; vol. 34(5), pp. 361-365.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/23849671>

Green-Field Library owns.

Huffman GB. Food consumption in nursing home residents. *American Family Physician*. Jan 1 2000; vol. 61(1), p. 221.

Nursing assistants can have positive impact on amount of food intake in residents with dementia.

Full-text: <http://www.aafp.org/afp/2000/0101/p221.html>

Green-Field Library does not own.

Johansson L; Björklund A; Sidenvall B. et al. Staff views on how to improve mealtimes for elderly people with dementia living at home. *Dementia*. Oct 2017; vol. 16(7), pp. 835-852.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26631823>

Green-Field Library owns.

Keller H; Edward H; Cook C. Mealtime experiences of families with dementia. *American Journal of Alzheimer's Disease and Other Dementias*. Dec-Jan 2007; vol. 21(6), pp. 431-438.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/17267376>

Green-Field Library owns.

Mole L; Kent B; Abbott R; et al. The nutritional care of people living with dementia at home: a scoping review. *Health and Social Care in the Community*. Jul 2018 vol. 26(4):e485-e496.

Full text: <https://onlinelibrary.wiley.com/doi/full/10.1111/hsc.12540>

Green-Field Library does not own.

Robertson RG. Geriatric failure to thrive. *American Family Physician*. Jul 15 2004; vol. 70(2), pp. 343-350.

Full-text: <http://www.aafp.org/afp/20040715/343.html>

Green-Field Library does not own.

## Book and Book Chapter

Berg G. *The importance of food and mealtime in dementia care: the table is set.*

London UK: Jessica Kingsley Publishers 2006.

Green-Field Library does not own.

Martin L. *Practical nutrition and hydration for dementia friendly mealtimes.*

London UK: Jessica Kingsley Publishers 2017.

Green-Field Library does not own.

Weihofen DL; Robbine J; Sullivan PA. *Easy-to-swallow easy-to-chew cookbook: over 150 tasty and nutritious recipes for people who have difficulty swallowing.*

Indianapolis IN: Wiley Publishing Inc. 2002.

Green-Field Library Call No.: QU 145 E13 2002

Weiss E. *Managing nutrition in dementia care: a supportive approach for caregivers.*

Depew NY: Alzheimer's Association Western New York Chapter 2001.

Green-Field Library Call No.: WT 115 W429 2001

## Web Resources

*Description of the DASH eating plan*

National Heart Lung and Blood Institute

<https://medlineplus.gov/dasheatingplan.html>

*Eating well for people with dementia*

Northern Health and Social Care Trust: Antrim County Antrim Northern Ireland

[http://www.northerntrust.hscni.net/pdf/Eating\\_well\\_with\\_dementia\\_leaflet.pdf](http://www.northerntrust.hscni.net/pdf/Eating_well_with_dementia_leaflet.pdf)

*Eating well: supporting older people with dementia: practical guide.*

Hellen Crawley and Erica Hocking; The Caroline Walker Trust.

<https://www.cwt.org.uk/wp-content/uploads/2014/07/EW-Old-Dementia-Practical-Resource.pdf>

*Mealtime.*

Alzheimer's Society of Canada CA.

<http://www.alzheimer.ca/en/Living-with-dementia/Day-to-day-living/Meal-time>

## Caregiving Professional

### Artificial Nutrition – Hydration - Tube Feeding

#### Articles Journal

Arinzon Z; Peisakh A; Berner YN. Evaluation of the benefits of enteral nutrition in long-term care elderly patients. *Journal of the American Medical Directors Association*. Nov 2008; vol. 9(9), pp. 657-662.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/18992698>

Green-Field Library owns.

Candy B; Sampson EL; Jones L. Enteral tube feeding in older people with advanced dementia: Finds from a Cochrane systematic review. *International Journal of Palliative Nursing*. Aug 2009; vol. 15(8), pp. 396-404.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19773704>

Green-Field Library does not own.

Flaschner E. American Geriatrics Society position statement on feeding tubes in advanced dementia. *Journal of the American Geriatrics Society*. Jul 2015; vol. 63 (7), pp. 1490-1491.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/26189864>

Green-Field Library owns.

Gillick MR; Volandes AE. Standard of caring: why do we still use feeding tubes in patients with advanced dementia? *Journal of the American Medical Directors Association*. Jun 2008 vol. 9(5), pp. 364-367.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/18519120>

Green-Field Library owns.

Li I. Feeding tubes in persons with severe dementia. *American Family Physician*. Apr 15 2002; vol. 65(8), pp. 1605-1610.

Full-text: <http://www.aafp.org/afp/20020415/1605.html>

Green-Field Library does now own.

Mitchell S.; Mor V; Gozalo PL; et al. Tube feeding in US nursing home residents with advanced dementia 2000-2014. *JAMA: Journal of the American Medical Association*. Aug 16 2016; vol. 316(7), pp.769-770.

Full-text: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4991625>

Green-Field Library owns.

Morrison JM; Wu Sarah; Keller HH. Beyond tube-feeding: relationship-centered comfort care for individuals with eating challenges in dementia. *Journal of the American Geriatrics Society*. Jan 2019; vol. 67(1), pp. 185-186.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/30303243>

Green-Field Library owns.

Palecek EJ; Mitchell SL. Comfort feeding only: a proposal to bring clarity to decision-making regarding difficulty with eating for persons with advanced dementia. *Journal of the American Geriatrics Society*. Mar 2010; vol. 58(3), pp. 580-584.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2872797>

Green-Field Library owns.

Ribeiro Salomon AL; Carvalho Garbi Novaes MR. Outcomes of enteral nutrition for patients with advanced dementia - a systematic review. *Journal of Nutrition Health & Aging*. Feb 2015; vol. 9(2), pp. 169-177.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25651442>

Green-Field Library owns.

Schwartz DB. Enteral nutrition and dementia integrating ethics. *Nutrition in Clinical Practice: Official Publication of the American Society for Parenteral and Enteral Nutrition*. Jun 2018; vol. 33(3), pp. 377-387.

Full-text: <https://onlinelibrary.wiley.com/doi/full/10.1002/ncp.10085>

Green-Field Library does not own.

Stavroulakis T; McDermott CJ. Enteral feeding in neurological disorders. *Practical Neurology*. Oct 2016; vol.16(5), pp. 352-361.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/27152026>

Green-Field Library does not own.

## Meal Strategies

### Articles Journal

Batchelor-Murphy MK.; McConnell ES.; Amella EJ. Experimental comparison of efficacy for three handfeeding techniques in dementia. *Journal of the American Geriatrics Society*. Apr 2017 Vol. 65(4), pp 89-94.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28165618>

Green-Field Library owns.

Chaudhury H. The role of physical environment in supporting person-centered dining in long-term care: a review of the literature. *American Journal of Alzheimer's Disease and Other Dementias*. Aug 2013; vol. 28(5), pp. 491-500.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/23687182>

Green-Field Library owns.

Hung L. Exploring personhood in dining experiences of residents with dementia in long-term care facilities. *Journal of Aging Studies*. Jan 2011; vol. 25(1), pp. 1-12.

Abstract: <http://www.sciencedirect.com/science/article/pii/S0890406510000708>

Green-Field Library does not own.

Keller HH. Improving food intake in persons living with dementia. *Annals of the New York Academy of Sciences*. Mar 2016; vol. 1367(1), pp. 3-11.  
Full-text: <https://nyaspubs.onlinelibrary.wiley.com/doi/epdf/10.1111/nyas.12997>  
Green-Field Library does not own.

Leah V. Supporting people with dementia to eat. *Nursing Older People*. Jul 2016; vol. 28(6), pp. 33-39.  
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/27353791>  
Green-Field Library does not own.

Muñoz Fernández SS; Ivanauskas T; Lima Ribeiro SM. Nutritional strategies in the management of Alzheimer disease: systematic review with network meta-analysis. *Journal of the American Medical Directors Association*. Oct 1 2017; vol. 18(10), p. 897.  
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28807434>  
Green-Field Library owns.

Painter V; Le Couteur DG; Waite LM. Texture-modified food and fluids in dementia and residential aged care facilities. *Clinical Intervention in Aging*. Aug 2 2017; vol. 12, pp. 1193-1203.  
Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28814845>  
Green-Field Library does not own.

Palmer JL; Metheny NA. Preventing aspiration in older adults with dysphagia: aspiration can lead to aspiration pneumonia a serious health problem for older adults. *Try This: Best Practices in Nursing Care to Older Adults*. 2012; vol. 1(20).  
Full-text: [http://consultgerirn.org/uploads/File/trythis/try\\_this\\_20.pdf](http://consultgerirn.org/uploads/File/trythis/try_this_20.pdf)  
Green-Field Library does not own.

Pouyet V; Giboreau A; Benattar L; et al. Attractiveness and consumption of finger foods in elderly Alzheimer's disease patients. *Science Direct*. June 2014; vol. 34, pp. 62-69.  
Abstract: <http://www.sciencedirect.com/science/article/pii/S0950329313002450>  
Green-Field Library does not own.

Thomas DW; Smith M. The effect of music on caloric consumption among nursing home residents with dementia of the Alzheimer's type. *Activities Adaptation & Aging*. Jan-Mar 2009; vol. 33(1), pp. 1-16.  
Abstract: <http://www.tandfonline.com/doi/pdf/10.1080/01924780902718566>  
Green-Field Library owns.

Wong F; Keller HH.; Schindel M.; et al. A recipe for mealtime resilience for families living with dementia. *Scandinavian Journal of Caring Sciences*. Sep 2015 Vol. 29(3), pp. 486-494.  
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25250901>  
Green-Field Library does not own.



## Videos

*Injury prevention / preventing choking and aspiration.*

Chicago IL: Terra Nova Films Inc. 2001.

1 videocassette (13 min.)

Factors that put a person with dementia at risk prevention and practical tools for preventing choking and aspiration are covered in this video.

Green-Field Library Call No.: WA 250 DVD no.122 2001

*Preventing foodborne illness.*

Chicago IL: Terra Nova Films Inc. 2001.

1 videocassette (10 min.)

This video covers the health risks in food preparations for older people and offers techniques to avoid food poisoning.

Green-Field Library Call No.: WA 250 DVD no.134 2001

*Preventing malnutrition.*

Chicago IL: Terra Nova Films Inc. 2001.

1 videocassette (11 min.)

The risk factors symptoms of malnutrition and techniques for improving appetite and eating are covered in this video.

Green-Field Library Call No.: WA 250 DVD no.125 2001

*Unopened milk carton: eating with assistance.*

Baltimore MD: Video Press 1996.

1 videocassette (20 min.)

Demonstrates the ways in which nursing assistants and other caregivers can assist the elderly in feeding themselves.

Green-Field Library Call No.: WY 152 DVD no.81 1996

## Book Chapters

Amella EJ; Aselage MB. Mealtime difficulties. IN: Boltz M. *Evidence-based geriatric nursing protocols for best practices.*

New York NY: Springer Publishing 4<sup>th</sup> ed. 2012 pp. 453-468.

Green-Field Library Call No.: WY 152 E93 2012

Batchelor-Murphy M; Crowgey S. Mealtime difficulties in dementia IN: Boltz M. *Evidence-based geriatric nursing protocols for best practices.*

New York NY: Springer Publishing 5<sup>th</sup> ed. 2016 pp. 417-429.

Green-Field Library Call No.: WY 152 E93 2016

Mentes JC. Managing oral hydration. IN: *Evidence-based geriatric nursing protocols for best practices.*

New York NY: Springer Publishing 4<sup>th</sup> ed. 2012 pp. 419-438.

Green-Field Library Call No.: WY 152 E93 2012



Mentes JC. Nutrition. IN: *Evidence-based geriatric nursing protocols for best practices*.

New York NY: Springer Publishing 4<sup>th</sup> ed. 2012 pp. 439-452.

Green-Field Library Call No.: WY 152 E93 2012

O'Connor LJ. Oral health care. IN: *Evidence-based geriatric nursing protocols for best practices*.

New York NY: Springer Publishing 4<sup>th</sup> ed. 2012 pp. 409-418

Green-Field Library Call No.: WY 152 E93 2012

## Web Resource

*Alzheimer's disease: nutrition*

New York NY: WebMD.

<http://www.webmd.com/alzheimers/guide/alzheimers-nutrition>

*Dining with dysphagia: a cookbook.*

New York NY: NYU/Steinhardt 2017.

Green-Field Call No.: QU 145 D585 2017

<https://speech.steinhardt.nyu.edu/dysphagia-cookbook>

*Eating: caring for someone with dementia, #12*

NSW, AU: Dementia Australia, 2016

Practical strategies for people caring for someone with dementia who is having problems eating.

[https://www.dementia.org.au/files/helpsheets/Helpsheet-CaringForSomeone12-Eating\\_english.pdf](https://www.dementia.org.au/files/helpsheets/Helpsheet-CaringForSomeone12-Eating_english.pdf)

*Eating well for people with dementia*

Social Care Institute for Excellence: London UK

<http://www.scie.org.uk/publications/dementia/living-with-dementia/eating-well/files/the-eating-environment.pdf>

*Supporting a person with dementia who lives at home to eat well*

London UK: Social Institute for Excellence

<https://www.scie.org.uk/dementia/living-with-dementia/eating-well/eating-well-at-home.asp>

## Nutrition Concerns

Burgh G; Bales CW. Nutritional supplements for older adults: review and recommendations—part II. *Journal of Nutrition for the Elderly*. Jan-Mar 2010; vol. 29(1), pp. 42-71.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20391042>

Green-Field Library does not own.

Dye L; Boyle NB; Champ C. The relationship between obesity and cognitive health and decline. *Proceedings of the Nutrition Society*. Nov 2017; vol. 76(4), pp. 443-454.

Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/28889822>

Green-Field Library does own.

Hanson L. Improving decision-making for feeding options in advanced dementia: a randomized controlled trial. *Journal of the American Geriatrics Society*. Nov 2011; vol. 59(11), pp. 2009-2016.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3227016>

Green-Field Library does not own.

Hanson L. Oral feeding options for people with dementia: a systematic review. *Journal of the American Geriatrics Society*. Mar 2011; vol. 59(3), pp. 463-472.

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3164780>

Green-Field Library owns.

Litchford MD. Common denominators of declining nutritional status. Greensboro NC: CASE Software 2013.

Purchase here:

<http://www.casesoftware.com/productcart/pc/viewPrd.asp?idproduct=5>

Green-Field Library does not own.

Menezes Fernandez SS; Ivanauskas T; Lima Ribeiro SM. Nutritional strategies in the management of Alzheimer's disease: systematic review with network meta-analysis. *Journal of the American Medical Directors Association*. Oct 1 2017; vol. 18(10), pp. 897e13 – 897e30.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/28807434>

Green-Field Library owns.

Muurinen S; Savikko N; Soini H; Nutrition and psychological well-being among long-term care residents with dementia. *Journal of Nutrition Health & Aging*. Feb 2015; vol. 19(2), pp. 178-182.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/25651443>

Green-Field Library owns.

Sanders C; Behrens S; Schwartz S; et al. Nutritional status is associated with faster cognitive decline and worse functional impairment in progression of dementia: the Cache County Dementia Progression Study. *Journal of Alzheimer's Disease*. Feb 2016 vol. 52(1), pp. 33-42.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/26967207>

Green-Field Library owns.

Tamura BK.; Bell CL.; Masaki KH. Factors associated with weight loss low BMI and Malnutrition among nursing home patients: a systematic review of the literature. *Journal of the American Medical Directors Association*. Sep 2013; vol. 14(9), pp. 649-655.

Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/23639716>

Green-Field Library owns.

Teno J. Does feeding tube insertion and its timing improve survival? *Journal of the American Geriatrics Society*. Oct 2012; vol. 60(10), pp. 1918-1921.  
Full-text: <http://www.ncbi.nlm.nih.gov/pubmed/23002947>  
Green-Field Library owns.

## Training

### Articles Journal

Amella EJ; Lawrence JF. Try this. Eating and feeding issues in older adults with dementia: part I: assessment. *Annals of Long Term Care*. Mar 2008; vol. 16(3), pp. 15-16.  
Full-text: [http://consultgerirn.org/uploads/File/trythis/try\\_this\\_d11\\_1.pdf](http://consultgerirn.org/uploads/File/trythis/try_this_d11_1.pdf)  
Green-Field Library does not own.

Amella EJ; Lawrence JF. Try this. Eating and feeding issues in older adults with dementia: part II: interventions. *Annals of Long Term Care*. Apr 2008; vol. 16(4), pp. 21-22.  
Abstract: [http://consultgerirn.org/uploads/File/trythis/try\\_this\\_d11\\_2.pdf](http://consultgerirn.org/uploads/File/trythis/try_this_d11_2.pdf)  
Green-Field Library does not own.

Batchelor-Murphy M. Feasibility of a web-based dementia feeding skills training program for nursing home staff. *Geriatric Nursing*. May-Jun 2015; vol. 36(3), pp. 212-218.  
Full-text: <https://www.ncbi.nlm.nih.gov/pubmed/25769703>  
Green-Field Library owns.

Hanson LC; ErsekM; Lin FC. Outcomes of feeding in advanced dementia in a nursing home populations. *Journal of the American Geriatrics Society*. Oct 2013 vol. 61(10), pp. 1692-1697.  
Abstract: <https://www.ncbi.nlm.nih.gov/pubmed/24083403>  
Green-Field Library owns.

Louise J. Evaluation of innovative nutrition education and training for care staff supporting people living with dementia. *Alzheimer's & Dementia*. July 2017; vol. 13(7), P828.  
Full-text: [https://www.alzheimersanddementia.com/article/S1552-5260\(17\)31380-8/abstract](https://www.alzheimersanddementia.com/article/S1552-5260(17)31380-8/abstract)  
Green-Field Library owns.

Marks E. The effect of caregiver feeding education on dementia patient weight [dissertation] Doctor of Nursing Practice June 15 2018  
[https://www.doctorsofnursingpractice.org/wp-content/uploads/project\\_form/complete\\_210618051338.pdf](https://www.doctorsofnursingpractice.org/wp-content/uploads/project_form/complete_210618051338.pdf)

Murphy JL; Holmes J; Brooks C. Nutrition and dementia care: developing an evidence-based model for nutritional care in nursing homes. *BMC Geriatrics*. Feb 14 2017; vol. 17(55), pp. 1-14.

Full-text: <https://doi.org/10.1186/s12877-017-0443-2>

Green-Field Library does not own.

Valentini L; Schindler K; Schlafler R; et al. The first nutritionDay in nursing homes: participation may improve malnutrition awareness. *Clinical Nutrition*. Apr 2009; vol. 28(2), pp. 109-116.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19264381>

Green-Field Library owns.

## Books and Book Chapter

*Assisting with nutrition and hydration in long-term care.*

Albuquerque NM: Hartman Publishing 2004.

Green-Field Library Call No.: WB 400 A848 2004

*Evaluation of the management of patients with feeding and swallowing problems in Veterans Health Administration facilities.*

Washington DC: VA Office of Inspector General Department of Veterans Affairs 2006.

Full-text: <http://www.va.gov/oig/54/reports/VAOIG-03-00494-110.pdf>

Green-Field Library Call No.: WI 250 E92 2006

Walker B.L; Cole CL. *Assisted dining: the role and skills of feeding assistants.*

Washington DC: American Health Care Association 2003.

Green-Field Library Call No.: WB 400 W177 2003

## Videos & Kit

*Aged care: nutrition in an aged-care environment.*

Syracuse NY: Program Development Associates 2007.

1 DVD (29 min.)

(800) 543-3119

Provides staff with diet information and strategies for getting older people to eat properly. Discusses basic and specific nutritional needs portion sizes appropriate meal frequency avoiding pre-packaged and convenience foods as much as possible malnutrition-linked ailments seen in elders and more.

Green-Field Library does not own.

*Bon Appetit: how to create meaningful mealtimes in long-term care.*

Chicago IL: Terra Nova Films Inc. 2001.

2 videocassettes (40 min.)

The focus of this training program is on resident autonomy with an emphasis on identifying the needs of persons with dementia.

Green-Field Library Call No.: WY 152 DVD no.179 2002

*Dining with friends: an innovative approach to dining for people with dementia.*

Baltimore MD: Health Professions Press 2010.

(888) 337-8808

1 DVD & accompanying material (20 min.)

Provides learning examples for improving the dining experience of frail elders in healthcare facilities.

Green-Field Library Call No.: WY 160 DVD no. 158 2010

*Eating and Feeding Issues*

Chicago IL Terra Nova Films 2009

Older adults with dementia often have an added risk of poor nutrition and hydration.

Includes suggestions on when and how often to do an assessment to ensure accuracy as well as insights on how an older adult's ability to eat is affected

Green-Field Library Call No.: WY 251 DVD no.89 2009

*May I help you? Skills you'll need as a feeding assistant.*

Seattle WA: Caresource Healthcare Communications 2004.

1 videocassette (52 min.)

Program covers getting started proper feeding techniques problem behavior and emergencies. Companion resource to ACHA's book: Assisted Dining: The Role and Skills of Feeding Assistants.

Green-Field Library Call No.: WT 27.1 DVD no.242 2004

## Web Resources

*Care staff perspective on use of texture modified food in care home residents with dysphagia and dementia.*

Holteng LBA; Tølbøl Frøiland C; Corbett A; et al.

<http://apm.amegroups.com/article/viewFile/15565/15608>

*Comprehensive multidisciplinary assessment of the demented nursing home resident with weight loss.*

University of Alabama; AlzBrain.org.

<http://www.alzbrain.org/pdf>

*Dementia and nutrition in the home.*

Discussion Paper #14 November 2015

New South Wales: AU

[https://www.dementia.org.au/files/NSW/documents/Discussion\\_Paper-Dementia\\_and\\_Nutrition\\_in\\_the\\_Home.pdf](https://www.dementia.org.au/files/NSW/documents/Discussion_Paper-Dementia_and_Nutrition_in_the_Home.pdf)

*Difficulty swallowing (dysphagia)*

eMedicine.com.

eMedicine.com provides a comprehensive article for healthcare professionals on the anatomy of normal and abnormal swallowing diagnosis treatment and strategies for compensation.

[https://www.emedicinehealth.com/dysphagia\\_swallowing\\_problems/article\\_em.htm](https://www.emedicinehealth.com/dysphagia_swallowing_problems/article_em.htm)

*Eating difficulties and dementia.*

Alzheimer's Disease and Related Disorders Association of NSW Inc.

This Web site provides a chart of more than 30 eating problems in the middle and late stages of dementia and their solutions.

<http://www.mydr.com.au/default.asp?article=3179>

*Eating and drinking well for dementia: a guide for care staff.*

Aging and Dementia Research Center

Dorset UK: Bournemouth University

<https://research.bournemouth.ac.uk/project/understanding-nutrition-and-dementia>

*Eating and drinking well: supporting people with dementia [workbook].*

Aging and Dementia Research Center

Dorset UK: Bournemouth University

<https://research.bournemouth.ac.uk/project/understanding-nutrition-and-dementia>

*Nutrition – Best care for older people everywhere the toolkit: minimizing functional decline for older people in hospital.*

Victorian Government Health Information: Victoria Australia

<http://www.health.vic.gov.au/older/toolkit/06Nutrition/index.htm>

*Nutrition and dementia*

London UK: Alzheimer's Disease International

The report shows the importance of each of everyday nutrition and care of people with dementia. In addition it identifies how to start building methods and guidelines that will complement clinical treatment of the diseases.

<https://www.alz.co.uk/sites/default/files/pdfs/nutrition-and-dementia.pdf>

*Skill builder: eating and nutrition.*

Eldercare On-line's Alzheimer and Dementia Care Channel.

An in-depth article on the causes of eating problems and techniques for preparing meals and feeding someone who is bed-bound.

<http://www.ec-online.net/Knowledge/SB/SBeatnutr.html>

*Why nutrition is important for people with dementia*

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## Nutrition and Alzheimer's Disease

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