

# Gestational Diabetes and Preeclampsia

## Gestational diabetes

- Affects up to 9% of U.S. births
- Hormones made by placenta block insulin in mother's blood
- Most births healthy, but can boost risk of complications for mother and baby



## Preeclampsia

- Top cause of maternal mortality and medically induced preterm births
- Marked by protein in urine and increased blood pressure
- Can damage mother's organs and the placenta

