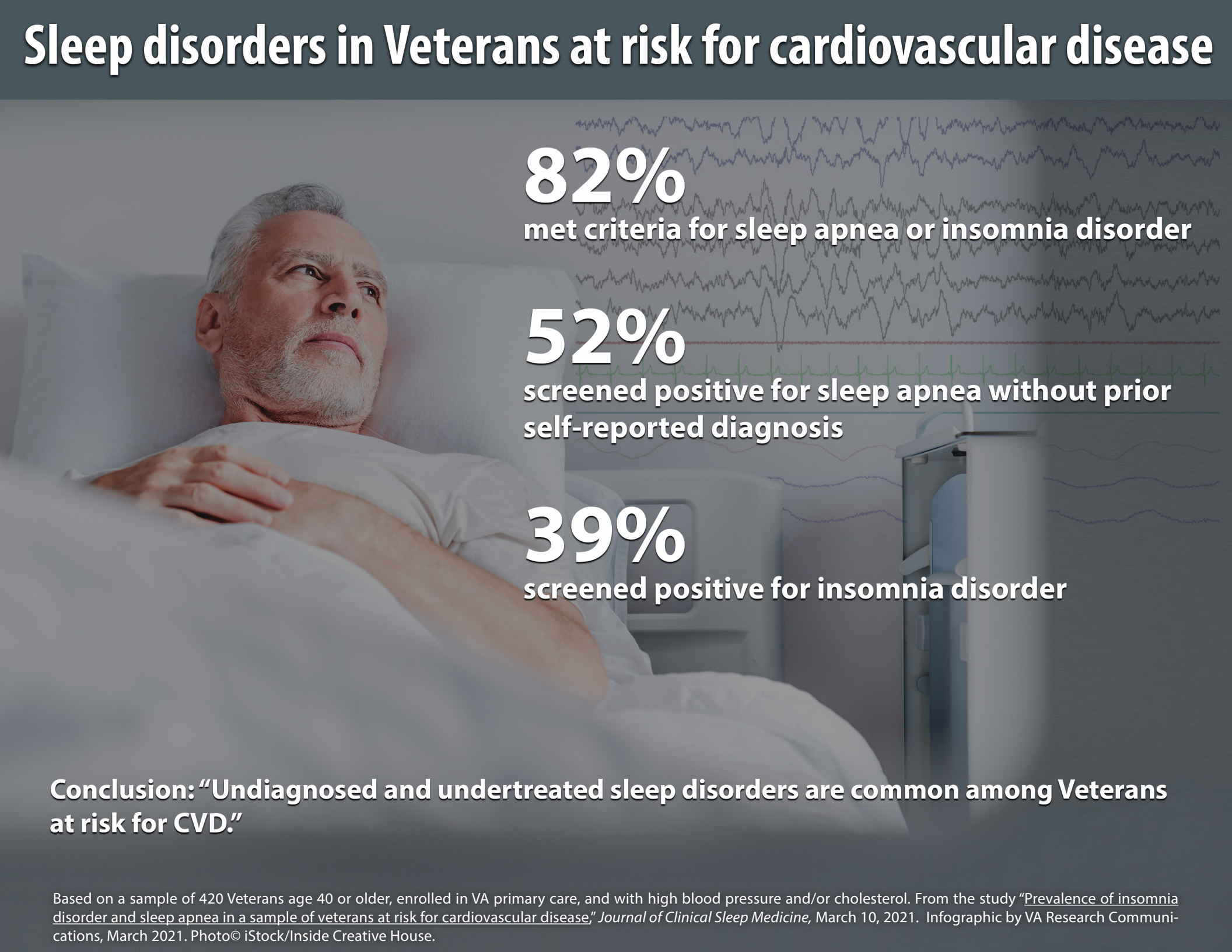


Sleep disorders in Veterans at risk for cardiovascular disease

A photograph of an elderly man with grey hair and a beard, lying in a hospital bed. He is looking upwards and to the right. The image is overlaid with a semi-transparent dark grey box containing text and a white ECG line graphic. The ECG line is positioned behind the text, with a red horizontal line segment underlining the 52% statistic.

82%
met criteria for sleep apnea or insomnia disorder

52%
screened positive for sleep apnea without prior self-reported diagnosis

39%
screened positive for insomnia disorder

Conclusion: "Undiagnosed and undertreated sleep disorders are common among Veterans at risk for CVD."