



# MILLION VETERAN PROGRAM



## Leave a legacy for future generations

Help contribute to better health and better care by joining one of the world's largest research programs on genes and health.



### What's new?

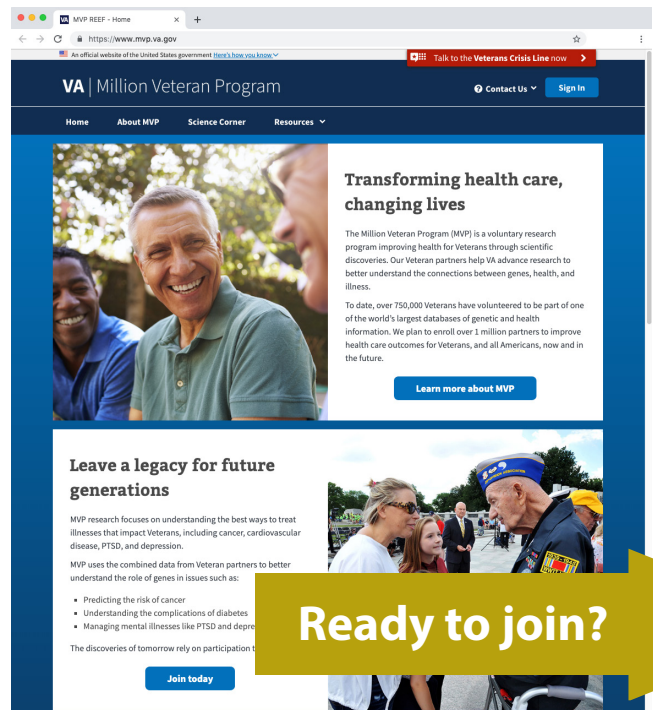
Veterans can now join the groundbreaking Million Veteran Program (MVP) online.

MVP is a voluntary research program partnering with Veterans to help researchers understand how genes affect health and illness.

With over 840,000 Veteran partners, MVP is one of the largest and most diverse research programs of its kind in the world. With the launch of MVP Online, it has never been easier for Veterans to join.

### Why visit MVP Online?

- Complete activities online
- Join at your convenience
- See what's new in MVP with the MVP Insider newsletter
- Learn about the science behind MVP that's transforming health for Veterans
- Hear directly from Veterans why they decided to join MVP



### MVP's impact

MVP is improving health for Veterans through scientific discoveries. Veteran partners help VA advance research to better understand the connections between genes, health, and illness. Whether you've already joined MVP, are considering joining, or would just like to know more, visit our Science Corner for research updates and scientific discoveries thanks to MVP.

MVP uses data from Veteran partners to better understand issues such as:

- Predicting the risk of cancer
- The complications of diabetes
- Managing mental illnesses like PTSD and depression
- Cardiovascular disease

Need help or information? Call the MVP Info Center toll-free at 866-441-6075 (Monday – Friday; 8:00 a.m. – 6:00 p.m. ET) or email us at [askmvp@va.gov](mailto:askmvp@va.gov).



# Joining MVP is easy



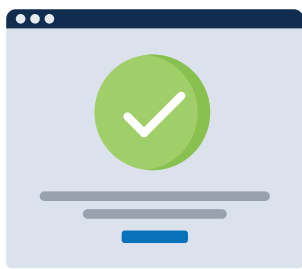
## VA makes it easy for Veterans to join MVP

To join online, Veterans are asked to:



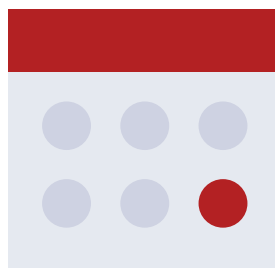
### SIGN IN

using the same credentials as other VA partners (such as My HealthVet or eBenefits).



### COMPLETE

the consent process and allow access to health records.



### SCHEDULE

an MVP visit to provide a blood sample.



### FILL OUT

surveys about health and lifestyle.

Veterans who prefer to join in-person can schedule an MVP visit online or call the MVP Info Center toll-free at 866-441-6075 (Monday – Friday; 8:00 a.m. – 6:00 p.m. ET).

## Already an MVP partner?

Go to [mvp.va.gov](http://mvp.va.gov) and sign in using your existing VA login credentials from one of our secure VA Sign-In Partners such as My HealthVet, DS Logon, or ID.me. Once signed in, you can access your MVP dashboard to view your activity status and read important MVP stories, including news articles and program updates.

## Need VA login credentials?

Access VA provides a single, secure login option for many VA websites and online applications, keeping your information safe and reducing the need for multiple different accounts. Create a new account with one of VA's approved Sign-In Partners at [access.va.gov](http://access.va.gov).