



MEET YOUR LIT

The Department of the Air Force's LGBTQ+ Initiatives Team



TSgt Sabrina Bruce

TSgt Sabrina Bruce (she/her) is the Noncommissioned Officer in Charge of Client Systems at Royal Air Force Croughton. She originally hails from Spartanburg, South Carolina, and enlisted in the Air Force before transferring to the Space Force.

What's the importance of your work on the LIT?

I want every Airman and Guardian to be able to lead as their authentic selves. Up until I joined the Air Force, I had never met another transgender person. Before I transitioned, I was deployed to Africa and didn't think I could make it one more day. After my transition, I had a colleague in Korea approach me with suicidal ideations. We went to mental health together, where we sat and talked for three hours while he waited to see a provider. Today, he's thriving. Being authentic enabled that in some small part.

"Once I accepted who I was, my whole life became easier. I've become a better person in general. I let myself be me. I didn't have to spend extra effort hiding who I am."

-TSgt Sabrina Bruce

What advice would you pass on?

Be honest with everyone about everything. There is power in accepting yourself and being yourself. Life is full of transitions: getting married, becoming a parent, coming out. We should recognize those vulnerable and stressful times across people's lives and give them a generous measure of compassion and grace.



U.S. Air Force Staff Sgt. Jonathan Bender, 422nd Communications Squadron satellite systems logistics NCO, leads a group tour of the satellite antenna radome during the RAF Croughton Civic Open Day at RAF Croughton, England, Jan. 14, 2019. The 422nd Air Base Group opened its doors to nearly 50 local civic leaders to enrich relationships with members of the local community and discuss the mission and plans for RAF Croughton and other bases in the 501st Combat Support Wing. (U.S. Air Force photo by Airman 1st Class Jennifer Zima)