


Factors linked to greater odds of statin side effects

In a study of the records of **1.2 million VA patients** with atherosclerosis (narrowed arteries) taking **statin drugs** to control cholesterol, the demographic and clinical factors below were associated with **greater odds** of **adverse side effects**. The percentages show the amount of increased risk. About **1 in 7 Veterans** in the group had experienced at least one adverse side effect.

 Hypertension ↑ **37%**

 Ischemic heart disease ↑ **45%**

 Female ↑ **40%**

 White race ↑ **43%**