

Pandemic's mental health impact on Veterans

In a recent survey
1 of 7 Veterans
experienced increased distress



Study conclusion: "Although most U.S. Veterans showed resilience to mental health problems nearly one year into the pandemic, the prevalence of [anxiety] increased, particularly among middle-aged veterans, and 1 of 7 Veterans experienced increased distress."

From a survey of more than 3,000 Veterans, reported in "[Mental Health Impact of the COVID-19 Pandemic in U.S. Military Veterans: A Population-Based, Prospective Cohort Study](#)," *Psychological Medicine*, June 14, 2021. Infographic by VA Research Communications, July 2021. Photo© iStock/siixth; AlexLMX.