

Loneliness among older Veterans



57%

Percentage of Veterans who said they feel lonely **sometimes** or **often**

12X

Increased risk of **current suicidal thinking** associated with feeling lonely **often**

3X

Increased risk of **current suicidal thinking** associated with feeling lonely **sometimes**

Based on survey responses from a nationally representative sample of more than 4,000 Veterans, average age 62, between November 2019 and March 2020.

From "[Behavioral Epidemic of Loneliness in Older U.S. Military Veterans: Results From the 2019-2020 National Health and Resilience in Veterans Study](#)," American J. of Geriatric Psychiatry, online July 24, 2021. Infographic by VA Research Communications, August 2021. Photo© iStock/Urbazon.