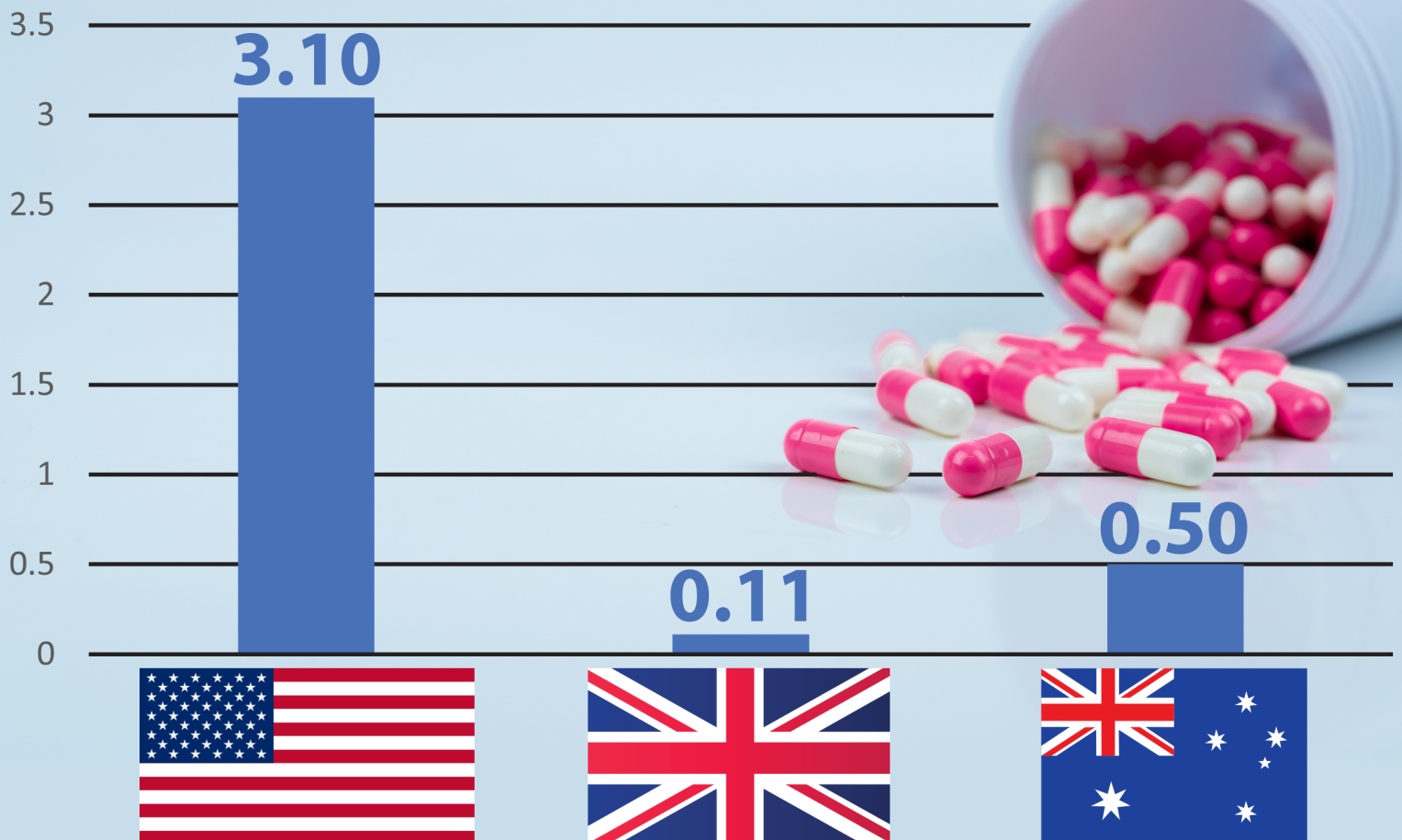


Benzo prescribing by dentists: U.S., England, Australia comparison

Benzodiazepines, known as “benzos,” are sedatives that often contribute to substance use disorder and drug abuse. A study by VA researchers and international colleagues found that U.S. dental prescribing rates were **28 times more** than those of English dentists and **6 times more** than those of Australian dentists in 2018. The team recommends more study into the appropriate use of the drugs to boost patient safety.

prescriptions/1,000 population



From [“Comparison of Dental Benzodiazepine Prescriptions From the U.S., England, and Australia From 2013 to 2018,” American Journal of Preventive Medicine](#), March 25, 2021. Infographic by VA Research Communications, May 2021. Photo© iStock/Fahroni.