

Military sexual trauma and maternal depression



A VA study of nearly **700 female Veterans** found that those had experienced MST had **higher rates of depression** during or after **pregnancy**, and that depression among new moms was associated with **poorer bonding** between mother and child.

From "[The impact of military sexual trauma on parent-infant bonding in a sample of perinatal women veterans](#)," *Depression and Anxiety*, online Oct. 11, 2021.

Infographic by VA Research Communications, December 2021.

Photo for illustrative purposes only. © iStock/ Getty Images Plus/ globalmoments.