## **Cholesterol medication in older patients**

Compared with those not on the medication, patients taking statins had:

**25%** lower risk of death from any cause

**20%** lower risk of heart-related death

Previous guidelines recommended halting statin therapy at age 75. This study of more than 300,000 Veterans age 75 and older suggests age is not a reason to discontinue statins.



From "Association of statin use with all-cause and cardiovascular mortality in US Veterans 75 years and older", JAMA. 2020; Infographic by VA Research Communications, September 2020. Photo © iStock/peakSTOCK.