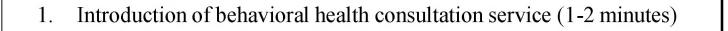
## Phases of a 30-Minute Appointment



- 2. Identifying/Clarifying consultation problem (10-60 seconds)
- 3. Conducting functional analysis of the problem (12-15 minutes)
- 4. Summarizing your understanding of the problem (1-2 minutes)
- 5. Listing out possible change plan options (selling it) (1-2 minutes) <u>Advise</u> <u>Agree</u>
- 6. Starting a behavioral change plan (5-10 minutes)

Arrange

Assist

Assess

