

### Behavioral Health Consultant Introductory Script

This is for you to keep (hand them the trifold pamphlet) and it explains who I am and what I do in the clinic. Before we start, I'd like to describe to you the information that's in the pamphlet.

I'm one of the behavioral health consultants for the clinic and I'm a (psychologist, social worker, psychiatric nurse practitioner)

I work with the primary care providers in situations where good health care involves paying attention to physical health, habits, behaviors, emotional health and how those things interact with each other.

Anytime (insert name of the referring provider) wants he/she can call me in as a consultant to help the two of you better manage the difficulties you're currently having.

To help the two of you do this, I'm going to spend about 25-minutes with you in a consultation appointment.

I want to get a good idea of what's working well, what's not working so well... take the information you give me and together, we'll come-up with a plan to help you best manage your current problems or concerns.

As we go through the appointment today, I'll be writing a note that will go into your electronic medical record and I'll be giving (Dr., PA., or Nurse Practitioner) \_\_\_\_\_some feedback on whatever plan we come up with.

Do you have any questions about who I am or my role in the clinic?

If yes, spend time needed to make sure patient understands the purposes of this service.

If no, say: (Medical provider's name) is concerned about (referral reason). Is that what you see as the main problem or is it something different?