



Menu: Contributor Day




Thursday 20 June 2019

Salad and Sandwich Buffet




Lamb's lettuce

with black lentils, buckwheat, feta cheese and orange segments    





Melon gazpacho

cantaloupe, watermelon, galia melon, cucumber, celery, red pepper, mint, basil and balsamic grape seed oil   

Bulgur mint salad

with pomegranate seeds, chili, fresh parsley, red pepper, cucumber and spring leeks   

Salad bar of leafy greens - dressed salads

with a selection of toppings and dressings and bread, rolls and butter    

Wraps

Chicken, curry cabbage salad and sprout mix   

or

Avocado, feta cheese, tomato and walnuts    

Whole grain sandwich

with cottage cheese, asparagus and rocket/arugula   

Bagel

with lemon cream cheese, salmon and wild herbs    

Rustic dark bread rolls

with butter and chives    

