



Safety Practices Once Tractor Trailer Drivers Arrive at a Destination

Safety is just as important once a truck reaches a destination as when it is on the open road. Companies should communicate operating procedures to keep workers safe, whether at the warehouse, dock, or construction site. Drivers should know about hazards that can result in serious or fatal injuries.

IMPORTANT SAFETY STEPS WHEN:

1 Parking

- Park on level ground and close to the receiving door or site
- Set and test brakes
- Place wheel chocks between the tandem wheels of the trailer
- **Do not** attempt to stop a rolling vehicle

2 Backing Up

- Get Out And Look (GOAL)
- Use flashers, horn, and backup alarms
- Check both mirrors
- Roll down windows to hear
- Know the vehicle's blind spots
- Use a spotter
- Back up slowly
- Stand clear when opening doors for unloading

3 Coupling and Uncoupling

- Only trained workers should perform this procedure
- Ensure stable footing when releasing the fifth wheel or adjusting tandems
- Wear bright visible clothing
- Set parking brakes and perform tug test
- Keep clear of tires and frames
- Check for vehicular traffic near you

For more information, call 800-321-6742 (OSHA) or visit www.osha.gov/SLTC/trucking_industry.