

EFMB Test Score Sheet WARRIOR SKILLS — PROTECT YOURSELF FROM CBRN INJURY/CONTAMINATION WITH JOINT SERVICE LIGHTWEIGHT INTEGRATED SUIT TECHNOLOGY (JSLIST) CHEMICAL PROTECTIVE ENSEMBLE (For use of this form, see AMEDDC&S HRCOE Pam 350-10, the proponent is ATMC-OPE)		
CANDIDATE'S RANK AND NAME	CANDIDATE #	
TASK: PROTECT YOURSELF FROM CBRN INJURY/CONTAMINATION WITH JOINT SERVICE LIGHTWEIGHT INTEGRATED SUIT TECHNOLOGY (JSLIST) CHEMICAL PROTECTIVE ENSEMBLE.		
CONDITIONS: You have all equipment to assume MOPP 4 and a Reactive Skin Decontaminating Lotion (RSDL) packet.		
STANDARDS: Achieve mission-oriented protection posture (MOPP) 2. Once in MOPP 2, you will suspect a chemical/biological threat and assume MOPP 3, decontaminate your skin, and then assume MOPP 4 within 11 minutes by performing all steps in sequence.		
NOTE: THIS TASK HAS BEEN MODIFIED FOR EFMB TESTING PURPOSES ONLY.		
PERFORMANCE STEPS/MEASURES	GO	NO-GO
1. Put on JSLIST gear.		
NOTE: Time begins when candidate begins the performance step/measure listed below.		
a. Don the overgarment trousers.		
(1) Extend toes downward and put one leg into the trousers and pull them up; repeat the procedure for the other leg.		
(2) Close the slide fastener and fasten the two fly opening snaps.		
(3) Pull the suspenders over the shoulders and fasten the snap couplers. Adjust the suspenders to ensure that the trousers fit comfortably up into the inseam.		
NOTE: The trouser length can be adjusted by raising or lowering the suspenders.		
(4) Adjust the waistband hook-and-pile fastener tapes for a snug fit.		
b. Don the overgarment coat.		
(1) Don the coat and close the slide fastener up as far as the chest.		
(2) Secure the front closure flap hook-and-pile fastener tape up as far as the chest.		
(3) Pull the bottom of the coat down over the trousers and grasp the loop on the back of the overgarment coat.		
(a) Pull the loop out and away from the overgarment coat, and bring it forward between the legs.		
(b) Pull on the loop until the bottom of the coat fits snugly over the trousers.		
(4) Place the loop over the webbing strip on the front of the coat and fasten the snap on the webbing strip to keep the loop in place. Adjust the coat retention cord, if necessary. Tie excessive cord in a bow.		
c. Don the overboots.		
(1) Don the overboots over combat boots, adjust/secure the strap-and-buckle fasteners.		
(2) Pull the trouser legs over the multipurpose overboots (MULO) and secure the hook-and-pile fastener tapes on each ankle so that they fit snugly around the boot.		
d. Don the mask assembly and decontaminate your skin. (Evaluated IAW Protect Yourself from Chemical/Biological Contamination Using Your Assigned Protective Mask and Decontaminate Yourself Using Reactive Skin Decontaminating Lotion (RSDL) tasks)		

EFMB Test Score Sheet
WARRIOR SKILLS — PROTECT YOURSELF FROM CHEMICAL/BIOLOGICAL CONTAMINATION USING YOUR ASSIGNED PROTECTIVE MASK

(For use of this form, see AMEDDC&S HRCOE Pam 350-10, the proponent is ATMC-OPE)

CANDIDATE'S RANK AND NAME	CANDIDATE #
TASK: PROTECT YOURSELF FROM CHEMICAL/BIOLOGICAL CONTAMINATION USING YOUR ASSIGNED PROTECTIVE MASK.	
CONDITIONS: You are a member of a platoon within a secure Forward Operating Base (FOB). You are in MOPP level two when you suspect a chemical/biological attack.	
STANDARDS: Don, clear, and seal the mask within nine seconds and perform all remaining tasks to standard, in sequence . Candidate will utilize his/her own functional, properly maintained mask with optional mask hood. Time taken to complete this task will be included in the overall time for the Protect Yourself from CBRN Injury/Contamination with Joint Service Lightweight Integrated Suit Technology (JLIST) Chemical Protective Ensemble task. Evaluator will not read task/conditions/standards for this task.	
NOTE: THIS TASK HAS BEEN MODIFIED FOR EFMB TESTING PURPOSES ONLY.	
PERFORMANCE STEPS/MEASURES	GO
1. Don the mask assembly.	NO-GO
NOTE: Time begins when candidate begins any step/measure listed below.	
a. Stop breathing and close your eyes.	
b. Remove helmet, put helmet between legs above knees or hold rifle between legs and place helmet on the muzzle. If helmet falls continue to mask.	
c. Take off glasses and place in helmet, if applicable	
d. Open the mask carrier with non-firing hand.	
e. Grasp the mask assembly with firing hand and remove it from the carrier.	
f. Place chin in the chin pocket and press the face piece tight against face.	
e. Hold mask assembly tightly against face.	
f. Grasp the harness tab, pull the harness over and down the head as far as possible. Ensure the head harness is centered on the crown of the head and the temple straps are approximately parallel to the ground.	
g. Grasp the loose end of the cheek straps, one at a time, and pull Seal the outlet disk valve by placing one hand over the outlet valve cover assembly.until strap feels tight.	
NOTE: Both straps should be approximately equal length when complete. The temple and forehead straps have already been adjusted during fitting; do not tighten	
2. Clear mask assembly.	
a. Seal the outlet disk valve by placing one hand over the outlet valve cover assembly.	
b. Blow out hard to ensure that any contaminated air is forced out around the edges of the face piece.	
3. Seal mask assembly.	
a. Cover the inlet port of the filter canister (M40- and M45-series) or the inlet port of the armor quick disconnect (M42-series) with the palm of your hand and breathe in. (M50-series) Cover both filter inlet ports with the palms of your hands and breathe in.	
b. Ensure mask assembly collapse against the face.	
c. Resume breathing.	

AMEDDC&S HRCOE PAM 350-10

EFMB Test Score Sheet WARRIOR SKILLS — DECONTAMINATE YOURSELF USING REACTIVE SKIN DECONTAMINATING LOTION (RSDL) (For use of this form, see AMEDDC&S HRCOE Pam 350-10, the proponent is ATMC-OPE)		
CANDIDATE'S RANK AND NAME	CANDIDATE #	
TASK: DECONTAMINATE YOURSELF USING CHEMICAL DECONTAMINATING KITS.		
CONDITIONS: You are a member of a platoon within a secure Forward Operating Base (FOB). You are in MOPP level two when you suspect a chemical/biological attack. <i>Performance measures in italics will be included in execution and evaluation of the Protect Yourself from CBRN Injury/Contamination with JLIST Chemical Protective Ensemble task.</i>		
STANDARDS: Decontaminate all exposed skin in sequence . Task will be executed during the Protect Yourself from CBRN Injury/Contamination with JLIST Chemical Protective Ensemble task. Evaluator will not read task/conditions/standards for this task.		
NOTE: THIS TASK HAS BEEN MODIFIED FOR EFMB TESTING PURPOSES ONLY.		
PERFORMANCE STEPS/MEASURES	GO	NO-GO
1. Decontaminate your skin using RSDL.		
a. Remove one decontaminating packet (or RSDL applicator) from carrying pouch.		
SAFETY: Avoid contact with eyes and wounds. If contact with eyes or wounds occurs, rinse with water as soon as possible.		
b. Tear it open quickly at any notch.		
c. Remove the applicator pad from the packet and save the packet as the remaining lotion can be added to the applicator pad, if required.		
d. Thoroughly scrub the exposed skin of your hand, palm, and fingers with the applicator pad.		
NOTE: The applicator pad can be used from either side and may be gripped in any manner allowing the applicator pad to be applied to the skin.		
e. Switch the applicator pad to the other hand and repeat the procedure.		
f. Stop breathing, close eyes, grasp mask beneath chin and pull mask away from chin enough to allow one hand between the mask and your face. Hold the mask in this position.		
g. Thoroughly scrub the exposed skin of your face with lotion from the applicator pad.		
h. Thoroughly scrub across your forehead.		
i. Beginning at one side, scrub up and down across your cheeks, nose, chin, and closed mouth. Avoid ingesting.		
j. Scrub under the chin from the ear along the jawbone to the other ear to coat your skin with lotion.		
k. Turn your hand over and scrub the inside surfaces of the mask that may touch your skin. Be sure to include the drinking tube.		
NOTE: Do not apply lotion to the lens of the protective mask. The RSDL may cause loss of transparency.		
l. Keep the applicator		
m. Seal your mask immediately, clear it, and check it.		
n. Use the applicator and any remaining lotion in the packet. Without breaking the mask seal, scrub the applicator pad across the forehead, exposed scalp, the skin of the neck, ears, and throat.		
e. <i>Don the hood.</i>		
(1) <i>Adjust the head-harness and check for a good seal (according to the TM).</i>		
(2) <i>Pull the hood over the head and chemical protective mask. Close the slide fastener completely and secure the closure hook-and-pile fastener tape up as far as the top of the slide fastener.</i>		
(3) <i>Place the edge of hood around the edge of mask and secure the hook-and-pile fastener tape.</i>		
(4) <i>Snap the barrel locks together; squeeze both ends of the barrel lock while pulling the draw cord, and simultaneously slide the barrel lock up to the chin.</i>		

(5) Check the hood seal around the mask to ensure that the hood is positioned properly and no skin is exposed (if necessary, tie the excess draw cord in a bow).				
WARNING: THE BARREL LOCK RELEASE BUTTON MUST FACE AWAY FROM THE USER TO AVOID THE BARREL LOCK FROM UNFASTENING AND POSSIBLY EXPOSING THE USER TO CONTAMINATION.				
o. Thoroughly scrub your hands with lotion again as in the steps above.				
2. Met all administrative requirements for this task				
EVALUATOR WRITES: CANDIDATE'S TIME FOR TASK:				
REASON(S) FOR FAILURE	DOES THE CANDIDATE WISH TO REBUT THIS TASK? (CANDIDATE INITIALS APPROPRIATE BOX)	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">YES</td> <td style="width: 50%; text-align: center;">NO</td> </tr> </table>	YES	NO
YES	NO			
LANE OIC/NCOIC INITIALS	EVALUATOR'S SIGNATURE	DATE		

e. Don the hood.		
(1) Adjust the head-harness and check for a good seal (according to the TM).		
(2) Pull the hood over the head and chemical protective mask. Close the slide fastener completely and secure the closure hook-and-pile fastener tape up as far as the top of the slide fastener.		
(3) Place the edge of hood around the edge of mask and secure the hook-and-pile fastener tape.		
(4) Snap the barrel locks together; squeeze both ends of the barrel lock while pulling the draw cord, and simultaneously slide the barrel lock up to the chin.		
(5) Check the hood seal around the mask to ensure that the hood is positioned properly and no skin is exposed (if necessary, tie the excess draw cord in a bow).		
WARNING: THE BARREL LOCK RELEASE BUTTON MUST FACE AWAY FROM THE USER TO AVOID THE BARREL LOCK FROM UNFASTENING AND POSSIBLY EXPOSING THE USER TO CONTAMINATION.		
f. Don the gloves.		
(1) Pull sleeves up the arm.		
(2) Don the gloves (and liners if butyl rubber gloves are used).		
(3) Pull the cuffs over the gloves and secure the hook-and-pile fastener tape snugly on each wrist.		
2. Complete all required performance steps/measures within 11 minutes without becoming a casualty.		
3. Met all administrative requirements for this task		
EVALUATOR WRITES CANDIDATE'S TIME FOR TASK:		
REASON(S) FOR FAILURE	DOES THE CANDIDATE WISH TO REBUT THIS TASK? (CANDIDATE INITIALS APPROPRIATE BOX)	YES NO
LANE OIC/NCOIC INITIALS	EVALUATOR'S SIGNATURE	DATE