



A Resource Guide for Immigrant New Yorkers



All New Yorkers Can Seek Care and Support Without Fear

IMMIGRATION LEGAL HELP



Call ActionNYC at **800-354-0365**, from Monday to Friday, 9AM to 6PM for free, safe immigration legal help. Get help only from a trusted, licensed attorney or an accredited representative.

SUPPORTING IMMIGRANT FAMILIES



Health Care

- Getting vaccinated, care, testing, or treatment for COVID-19 will not affect your immigration status. Find a free testing site near you at nyc.gov/covidtest or call **212-COVID19 (212-268-4319)**.
- Enroll in health insurance plans, including free plans at nyc.gov/getcoverednyc or call **311**. If you do not qualify for health insurance, NYC Care guarantees services at little to no cost. Immigration status does not matter. Call **646-NYC-Care (646-692-2273)** or visit nycare.nyc.
- Feeling stressed or anxious? Talk to an NYC Well counselor for confidential support and to connect to mental health care and substance use resources. Visit nyc.gov/nycwell, call **888-NYC-Well (888-692-9355)**, or text WELL to **65173**.

Education

- All NYC children age 4 are eligible for Pre-K and can attend public school until they turn 21. In some neighborhoods “3-K” may also be available to children age 3. To enroll, visit schools.nyc.gov/enrollment or call **311**.
- Learn English for Free with We Speak NYC. Intermediate English language learners can visit wespeaknyc.cityofnewyork.us to sign up for online conversation classes.

Emergency Food

- There are free vegetarian, halal, and kosher meals available at locations across NYC. Delivery options are available for eligible New Yorkers. Learn more at nyc.gov/getfood or call **311** and say “Get Food.”

KEEPING OUR COMMUNITIES SAFE



Public Safety

- By law, the NYPD cannot ask about the immigration status of crime victims, witnesses, or other people who ask for help. Anyone who has been the victim of a crime or has witnessed a crime should call **911**.

Protections Against Discrimination

- Discrimination, retaliation, and harassment against anyone on the basis of their race, religion, or immigration status is not tolerated in New York City. To report harassment or discrimination, call the NYC Commission on Human Rights at **212-416-0197**.

IDNYC

- IDNYC is a free government issued photo ID card for all NYC residents ages 10 and above and provides access to a wide range of services and discounts. IDNYC applicants’ information is confidential. Immigration status does not matter. Renew online or make an appointment to enroll at nyc.gov/idnyc or call **311**.

Protections Against Domestic Violence

- The City is here to help you if you are experiencing abuse. You can visit nyc.gov/nychope or call NYC’s Domestic Violence Hotline at **800-621-HOPE**.

YOU HAVE RIGHTS

Know Your Rights with ICE (Immigration Enforcement)

- The City does not conduct immigration enforcement. If you are approached by federal immigration enforcement, you have rights. Visit nyc.gov/knowyourrights or call ActionNYC at **800-354-0365** for free and safe immigration legal help.

Tenant Rights

- If you are a residential renter and need help with any issues related to eviction or your landlord, visit nyc.gov/tenantprotection or call **311** and say “tenant helpline” for free legal help. For additional housing support go to nyc.gov/housing.

Workers’ Rights

- You have a right to paid sick leave under New York City law. Immigration status does not matter. Immigrant New Yorkers with work authorization may qualify for unemployment insurance benefits. Visit nyc.gov/workers for resources or call **212-436-0381**.

Ask MOIA Hotline

- If you have questions about immigration or how to access City services, help in your language is available. Call the Mayor’s Office of Immigrant Affairs (MOIA) hotline at **212-788-7654** from Monday to Friday, 9AM to 5PM, or email askmoia@cityhall.nyc.gov.

