

2020 Here to Be Partners:

Africa, Asia, Australia, and Europe

AFRICA

Africa Yoga Project | Nairobi, Kenya

Mission: To educate, empower, elevate and expand employability with youth in Africa using the transformational practice of yoga.

www.africayogaproject.org

ASIA

Climax Improvement Assocation | Hong Kong SAR

Mission: To encourage people to understand and find themselves through sports and climbing.

www.cia.fbm.hk/wordpress/

Mind HK | Hong Kong SAR

Mission: To ensure everyone in Hong Kong living with a mental health problem has the recognition, support and respect they need to make the best recovery possible. www.mind.org.hk.

Mirai no Mori | Tokyo, Japan

Mission: To create life-changing outdoor programs for abused, neglected, and orphaned children in Japan, supporting their growth into happy and successful young adults.

www.mirai-no-mori.jp

MOWES | Taipei, Taiwan

Mission: To empower the community, especially women and LGBTQIA+ through gatherings, workshops, and movement classes in our non-profit community space. We celebrate equality and diversity.

www.mowes.com.tw

Root Impact | Seoul, Korea

Mission: To support people of good-will (employees/ entrepreneurs at non-profits/social ventures) to realize their vision. We provide co-living houses, co- working spaces and learning programs to support them achieve sustainable growth.

www.rootimpact.org/en/intro.php

RUN Hong Kong | Hong Kong SAR

Mission: To rehabilitate vulnerable refugees through sport, education, and beyond.

www.runhk.org

Smile Station | Tokyo, Japan

Mission: To support people who have experienced cancer to live in their own way, and carry out educational activities for society.

www.smile-girls.jp

Teach for Malaysia | Kuala Lumpur, Malaysia

Mission: To ensure that one day, all children in Malaysia will have the opportunity to attain an excellent education. www.teachformalaysia.org

WeMeetup Sports | Seoul, Korea

Mission: To provide enjoyable sports experiences for women to have self-esteem and positive satisfaction with their bodies.

www.wemeetupsports.com

YAMA Foundation | Hong Kong SAR

Mission: To make yoga, arts and meditation accessible to Hong Kong's underserved communities, including those with special needs, chronic illness, disabilities, and people who have vulnerability or disadvantage of any kind.

www.yamahk.org

AUSTRALIA

Collective Being | Melbourne, VIC

Mission: To dismantle the systemic barriers that disrupt many people within our community from accessing resources and services in support of their wellbeing.

www.collectivebeing.org

Fair Game Australia | Perth, WA

Mission: To create an equitable, healthier and sustainable Australia by delivering unique health education and fitness programs and recycled sports equipment to remote and underserviced communities.

www.fairgame.org.au

Ocean Heroes | Cottesloe, WA

Mission: To enhance the lives of those living with autism, through surfing.

www.oceanheroes.com.au

Red Dust Role Models | Hawthorn, VIC

Mission: To inspire change in remote Aboriginal communities through a unique 'community-as-family' model of health and wellbeing programming

www.reddust.org.au

The Run Beyond Project | Rozelle, NSW

Mission: To use running to empower high school students in need, building personal and social capabilities which they can use beyond the context of running.

www.therunbeyondproject.com

The Yoga Foundation | Sydney, NSW

Mission: To bring yoga to our clients who typically have mental or physical challenges, socioeconomic and geographic limitations, in order to improve their quality of life, enable social connection and support good mental health.

www.theyogafoundation.org.au

Yogazeit | Fremantle, WA

Mission: To provide evidence-informed yoga and mindfulness-based classes and training to support the physical and mental Health and Wellbeing of Australia's Young and Young at Heart.

www.yogazeit.com.au

EUROPE

Body & Soul | London, UK

Mission: To transform the life-threatening effects of childhood adversity in people of all ages - we help to liberate thousands of people from the trauma that controls them.

www.bodyandsoulcharity.org

Citizen2be | Berlin, DE

Mission: To use the power of yoga to help traumatized women to better process their trauma.

www.citizen2be.de

Edinburgh Community Yoga | Edinburgh, UK

Mission: To take the therapeutic benefits of yoga to communities in Edinburgh, ensuring access and inclusion, by working across the cultural, economic and health barriers that inhibit people from taking part. www.edinburghcommunityyoga.co.uk

Fierce Calm | Hitchin, UK

Mission: To make yoga accessible to all while supporting the most vulnerable in society and make the healing power of yoga and self-regulation practices accessible to all within a diverse, welcoming environment of safety, inclusivity, dignity and empowerment.

www.fierce-calm.com

Glocal Roots | Zurich, CH

Mission: To develop projects with the aim of increasing and strengthening the resilience and independence of refugees in Europe.

www.glocalroots.ch

Govan Community Project | Glasgow, UK

Mission: To achieve social justice in the Greater Govan area by building a strong community based on equality, mutual respect, support, and integration.

www.govancommunityproject.org.uk

Lumi Foundation | London, UK

Mission: To make yoga accessible to all by taking it to the community.

www.lumifoundation.org.uk

Maggie's Centre | Manchester, UK

Mission: To provide free emotional and practical support to people with cancer and their families and friends.

www.maggies.org

Our Mala | London, UK

Mission: To provide a welcoming space to breathe and heal through yoga for people seeking international protection.

www.ourmala.com

Teen Yoga Foundation | Camerton, UK

Mission: To empower young people through yoga. <u>www.teenyogafoundation.com</u>

YoGlasgow! | Glasgow, UK

Mission: To promote and deliver yoga programs to people who live in areas of Glasgow with little access to yoga and share the benefits that yoga has on physical, mental and social wellbeing.

www.yoglasgow.org.uk