
HSP DAY 2020



LEARNING EXCHANGE 2020

VIRTUAL WORKSHOP

5 – 6 OCTOBER 2020

FOLLOW US ONLINE:
Youtube live streaming

ONLY FOR REGISTRANTS:

- Interpretation in 5 languages
- Collaborative spaces to ask questions, share thoughts and experience
- Access to all event content and videos

[REGISTER HERE](#)

BEFORE:

4th October 2020

Free event



In partnership with



LEARNING EXCHANGE 2020

E-motion, potential of high sensitivity

Hosted by the metropolitan city of Rome Capital, the Learning Exchange 2020 is a unique and timely opportunity for those who are committed to the wellbeing of highly sensitive children and who strive to ensure that education focuses on developing the whole child.

E-MOTION 2020 LEARNING EXCHANGE is a “from the field, for the field” experience co-designed with thought leaders, parents and teachers across Europe to lift up best practices, strategies, and evidence-based practices, tools and programs from around Europe.

As the field’s action-inspiring and partnership-building event, the 2020 E-motion Learning Exchange is for **teachers, parents, educators, school leaders, psychologists, speech and occupational therapists**, and everyone who is committed to improving the way we design, implement, support, and research effective and supportive learning and educational experiences for highly sensitive children, offering:

- **Collaborative and informative spaces** to hear from and **share ideas** with innovative practitioners, researchers, policymakers, and schools.
- Participating in **experiential activities**, engaging in **practical sessions** on mindfulness, mindful movement and somatic education
- Stimulating opportunities to learning **how to apply** gained **skills, methods and activities in practical ways in everyday practice and life.**

Simultaneous interpretation in 5 languages (Italian, English, Polish, Romanian, Spanish) available for registered participants.

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Setting the scene

5th October CET 16:00 – 18:00

Simultaneous interpretation in Italian and English

16:00 – 16:30 Introduction session

Building child-friendly and healthy cities: lesson learnt and current challenges

Virginia Raggi, Mayor Metropolitan City of Rome Capital
Krzysztof Żuk, Mayor of the City of Lublin

16:30 – 18:00 Thematic session

The importance of the environment for the well-being of sensitive children

Simone Di Tullio - Chiara Sallustio, RN ASL RM5
Miriam Sánchez SanSegundo - Maria Rubio Aparicio,
University of Alicante

Mindful movement pause (wear comfortable clothes)

Maria Fabiani, Certified mindfulness trainer

Presentation of the nationwide testing tool for measuring sensitivity for parents and teachers of children aged 3-10 years

Monika Baryła-Matejczuk, University of Economics and Innovation in Lublin

Moderator:

Magda Janiak, University of Economics and Innovation in Lublin

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E-MOTION LEARNING EXCHANGE 2020

6th October

Simultaneous interpretation in Italian, English Polish,
Romanian, Spanish

Session 1. CET 15:00 – 16:30

How parents and teachers can help their sensitive children and students navigate their feelings during school re-openings.

Manuel Fernández Alcántara - Nicolás Ruiz Robledillo,
University of Alicante

Moisés Betancort Montesinos, University of La Laguna

Gabriela Dumitru, ExpertPsy - Association of Psychologist

Marija Vasilevska, JOUDG “Breshia”

Moderator

Rosanna Capone, Head of the Training Unit Metropolitan City of Rome Capital

Session 2. CET 17:00 – 18:30

Highly sensitive child. Model of support in school/preschool environment

Monika Baryła-Matejczuk - Małgorzata Artymiak,
University Economics and Innovation in Lublin

Happy sensitive ME – Mindfulness and mindful movement programme for children, parents and teachers (Wear comfortable clothes to practice)

Maria Fabiani, Certified mindfulness trainer

Moderator

Mario Giuseppe Tallarico, Psychologist Metropolitan City Of Rome Capital
